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Younger Skin Starts In the Gut With Dr. Nigma Talib by WellSet - Friday, October 30, 2020 12:00 PM at Los Angeles in . Buy tickets and find information on Universe.

She is an author of a best selling book "reverse the signs of ageing" and "younger skin starts in the gut". Her passion for creating quality and science based supplements and skin care has reached consumers internationally and started in Net a porter being one of the first pioneers to introduce vitamin supplements to the fashion industry.

A woman's complexion is linked with her feelings of self-confidence and it's the "face" she shows to the world. It's no wonder women spend so much money on beauty products and make-up that promise ageless skin. But like the old adage reminds us, beauty is not just skin deep. Women "in the know" understand that ... Read more [The Ageless Beauty Guide: Younger Skin Starts Here](#)

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