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According to traditional Chinese medicine(TCM), cupping is done to dispel stagnation (stagnant blood and lymph), thereby improving qiflow,[33]in order to treat respiratorydiseases such as the common cold, pneumoniaand bronchitis. Cupping also is used on back, neck, shoulder and other musculoskeletalconditions.

### Traditional Chinese Medicine Cupping Therapy

"Acupuncture and cupping, more than half of the ills cured," is a famous Chinese saying, supporting traditional Chinese medicine. Traditional Chinese medicine brings to mind acupuncture and the use of natural herbs as healing remedies. Cupping is a lesser-known treatment that is also part of Oriental medicine, one that can provide an ...

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He has been organizing regular cupping workshops both in the UK and overseas since 1988 and a BBC TV programme where he appeared as an "Expert . To date, he has given over 60 public lectures and a BBC World Service Radio talk on the subject of Traditional Chinese Medicine and Cupping Therapy.

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Cupping is a therapy used in traditional Chinese medicine (TCM) to remove stagnation and stimulate the flow of qi (chi). Qi is the free flow of vital energy circulating through the body and the world around us, if the qi is disrupted or disturbed, it can create stagnation (blockages) or imbalances in the body.

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the Middle East. It involves creating suction on the skin using a glass, ceramic, bamboo, or plastic cup. Negative pressure is created in the cup either by applying a flame to the cup to remove oxygen before placing it

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Modern Cupping Therapy does not teach Traditional Chinese Medicine applications, nor any wet or 'bleeding' cup applications. Our students are from all various fields of bodywork and wellness. Acupuncturists come to these courses and simply love the variations they learn!

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