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Mike Sexton once asked Chip Reese, "The guys you play against are tough. What separates you from them?" Chip replied, "You're right Mike. They are tough. In fact, when they play their 'A' game, I'm really no better than they are. The difference is that they also have a 'C' and 'D' game, whereas I don't. They become weak players when they steam and just about all of them do. My edge is that I don't steam." (Life's a Gamble, D&B 2016). If you've ever wondered if the psychological aspect of poker is important, that should provide the answer. One of the greatest players of all times is attributing his success to the fact that he has better psychological control over his play than his opponents. The good news is that, actually, there is nothing mysterious about Chip's ability. To do the same you simply have to adhere to specific strategies and guidelines. This book will tell you what they are and explain why they work. These strategies, implemented into your everyday routine, will substantially increase your performance and improve your mental state. Peak Poker Performance will show you how to: Create an unbeatable mindset Pursue excellence during downswings Eliminate procrastination Improve your motivation Master your emotions Plus much, much more Dr. Patricia Cardner has worked with hundreds of poker players, at mid-stakes and high-stakes levels, both through private coaching and online training. With the help of Jonathan Little, Patricia moves on from her first book, 'Positive Poker' and uses the very latest research to take you to the next level so you too can achieve better results on the felt and in life.

Gus analyzes the hands that he played during 2007 Aussie Millions poker tournament and reveals his secrets for winning.

Hundreds of poker players have turned to mental game coach Jared Tendler's revolutionary approach to help them play their best, no matter how badly they're running. In this book you'll find simple, step-by-step instructions and proven techniques to permanently fix problems such as tilt, handling variance, emotional control, confidence, fear, and motivation. With the games getting tougher, now is the time to take these problems head on. First Printing. www.jaredtendlerpoker.com. Original.

Six different countries. Twenty eight professional poker players. All of them Real Grinders. If you've ever wanted to know if you have what it takes to be a professional poker player, now is your chance to find out. We've brought together some of the best pro players from around the world to talk about what it's like playing poker for a living; the good parts, the bad parts, the successes, and the challenges. Everything that separates the winners from the losers in a game where fortunes can be won or lost on the turn of a card, and a level head and a quick wit control the table. Professional poker doesn't get more real than this.

Phil Gordon plays poker with the best players in the world. He has won -- and lost -- in tournaments and cash games around the globe, all the while studying the game and learning from every hand dealt. As the resident expert and cohost of Celebrity Poker Showdown, Phil has quickly become one of the most sought-after teachers of No Limit Texas Hold'em. It's a tough game. But anyone can become a winning player with the right amount of courage, patience, aggression, observation, and, perhaps most important, dedication to becoming a better player. After fifteen years of keeping notes on the things he's learned, the greats he's played with, and the celebrities he's taught, Phil Gordon has poured every single thing he knows about No Limit Texas Hold'em into this little green book. Taking a page from Harvey Penick's bestselling book of golf wisdom, Phil plays the role of both teacher and student, offering up insightful tips on how to think about poker and how to develop a singular style of play. Through philosophy, psychology, strategy, math, and the knowledge gleaned from playing poker with everyone from T. J. Cloutier and Phil Ivey to Hank Azaria and Ben Affleck, Phil breaks down the game into enlightening instructional tidbits and illustrative anecdotes that inspire the kind of persistence and motivation necessary to improve your game. A book to rank with Doyle Brunson's Super System and David Sklansky's The Theory of Poker, Phil Gordon's Little Green Book deserves a spot on the shelf of every serious student of the game.

A step-by-step system for mastering trading psychology. Think about your most costly and recurring trading mistakes. Chances are that they're related to common errors, such as chasing price, cutting winners short, forcing mediocre trades, and overtrading. You've likely tried to fix these errors by improving your technical skills, and yet they persist. That's because the real source of these mistakes is not technical—they actually stem from greed, fear, anger, or problems with confidence and discipline. If you are like most traders, you probably overlook or misunderstand mental and emotional obstacles. Or worse, you might think you know how to manage them, but you don't, and end up losing control at the worst possible time. You're leaving too much money on the table, which will either prevent you from being profitable or realizing your potential. While many trading psychology books offer sound advice, they don't show you how to do the necessary work. That's why you haven't solved the problems hurting your performance. With straight talk and practical solutions, Jared Tendler brings a new voice to trading psychology. In The Mental Game of Trading, he busts myths about emotions, greed, and discipline, and shows you how to look past the obvious to identify the real reasons you're struggling. This book is different from anything else on the market. You'll get a step-by-step system for discovering the cause of your problems and eliminating them once and for all. And through real stories of traders from around the world who have successfully used Tendler's system, you'll learn how to tackle your problems, improve your day-to-day performance, and increase your profits. Whether you're an independent or institutional trader, and regardless of whether you trade equities, forex, or cryptocurrencies, you can use this system to improve your decision-making and execution. Finally, you have a way to reach your potential as a trader. Now's the time to make it happen.

Excelling at No-Limit Hold'em is a sensation in poker publishing. Renowned poker professional and author Jonathan Little brings together 17 of the greatest no-limit experts in the world to discuss all aspects of the game. These experts include superstars such as Phil Hellmuth, Chris Moneymaker, Mike Sexton and Jared Tendler. In Part 1 strategies are analysed for topics such as understanding the fundamentals, satellite play, lower-buy in events, analysing tells and moving up in stakes Part 2 sees a thorough technical breakdown of the game including sections on range analysis, game theory optimal play, short stack strategies, value betting and final table play. As any serious poker will confirm, the technical side is only half the battle and so Part 3 deals with mental toughness, psychology and understanding tilt. Excelling at No-Limit Hold'em provides all the tools that an aspiring player needs to understand no-limit hold'em. It is a must buy for anyone who is serious about wanting to improve their poker.

Master The Mental Game Of Texas Hold'Em Poker And Learn How To Use Simple And Effective Techniques To Crush Your Opponents In Any Poker Game! If you've always wanted to learn how to master the game of Texas Hold'em poker but don't know how to go about it, then keep reading... Are you sick of not being able to dominate your opponents and control the game? Tired of the ego drop that comes with each crushing loss, knowing that you've been outsmarted... again? Have you tried to get an edge over your opponents using methods and techniques that don't seem to work for you? Do you want to finally say goodbye to long, losing streaks and discover a toolbox of simple, straightforward techniques and strategies that will help you win a lot more poker games? If yes, then keep reading... You see, mastering poker doesn't have to be difficult. And it doesn't have to depend on luck either. In fact, I'll go a step further and say it's easier than you think, but you don't have to believe me. An article in Gaming Law Review has demonstrated why poker is a game of skill and not of luck with similar techniques you're going to find in this guide. What does this mean for you? You can master the ins-and-outs of Texas Hold'em without bleeding yourself dry or feeling as dumb as rocks. Here's a snippet of what you're going to discover in The Poker Mind: The 6 player types and how you can figure out your opponent's playing style to come out on top (page 13) The 1 remarkable tip that could help you X3 your win rate (page 18) How to choose the best playing style that helps you dominate (page 19) Simple techniques so you can master and use poker math like the pros (page 21) Dramatically increase your win rate by learning how to analyze hands

and figure out the right time to call (page 36) The truth about how to accurately read poker tells (page 61) A magic technique that will get your opponents to fold and call when you want them to (page 73) An easy way to figure out when to raise or fold (page 88) ...and much, much more! Imagine how you're going to feel once you're able to walk into any table with the confidence of a pro at a table full of amateurs. Won't that be great? So even if you're the guy who loses his money every time or you've barely played a game of poker in your life and want to hit the ground running, The Poker Mind is a guide that will give you a huge advantage over your opponents. If you have a burning desire to take your poker game to the next level and stack up more cash, then scroll up and click the "add to cart" button now!

BIG DEAL is the mesmerising story of a year spent by bestselling biographer Anthony Holden in the tough world of the professional poker player. He spent days and nights in the poker paradise of Las Vegas, in Malta and Morocco, even shipboard, mingling with the legendary greats, sharpening his game, perfecting his repartee, and learning a great deal about himself in the process. Poker, Holden would insist, is not gambling. Like chess it is a paradigm of life at its most intense, a gladiatorial contest that brings out the best as well as the worst in people. Its heroes, its eccentrics and its comedians stalk the pages of this remarkable book, along with all the hair-raising, nail-biting excitement of the games themselves. A classic of the genre, BIG DEAL is here reissued with a new introduction by the author.

Poker star Dusty Schmidt presents his first book [→] one that stands to shake up poker in the same way Moneyball did for baseball. Schmidt offers an inspiring look at how in just five years, he went from not knowing a thing about poker to netting a seven-figure annual income. Far from a mathematical or technological genius, Schmidt says what guides him through is a fundamental understanding of business. Treat Your Poker Like A Business provides a foundation upon which all poker will be evaluated in the future, and will help an entire generation of poker players evolve their games into empires. A consummate "grinder," Dusty Schmidt has played nearly 7 million hands of online poker over more than 10,000 hours during his five-year career. He's won over \$3 million during that period, and has never experienced a losing month. In 2007, he achieved Poker Stars' SuperNova Elite status in just eight months while playing high-stakes cash games exclusively. Schmidt posted the world's highest win rate in both 5/10 NL and 10/20 NL in both 2007 and 2008. In a four-month period between Nov. 2007 and Feb. 2008, Schmidt won in excess of \$600,000 in high-stakes cash games. He is now a highly respected instructor at Stoxpoker.com, and plays as high as 25/50 NL. As a young man, Schmidt was a top-ranked golfer. He broke two of Tiger Woods' junior records, and was the leading money winner on the Golden States Tour when, at age 23, he suffered a career-ending heart attack. Schmidt returned to golf in 2009, winning medalist honors in qualifying for the Oregon Amateur Championship. Later that year, Schmidt famously represented himself in federal court in his suit against the United States Golf Association, which controversially stripped him of his amateur status, in part due to his poker profession. Schmidt is now a volunteer assistant coach for the University of Oregon's men's golf team, working under his good friend, Head Coach Casey Martin. Schmidt is also a successful entrepreneur. He is part-owner of Stoxpoker.com and Imagine Media, and the creator of 10thGreen.com, the first social network for golfers. His story has been featured in Sports Illustrated, Card Player, Poker News, Golf Magazine, Fairways and Greens, Golf Week, Golf World and the Portland Oregonian, as well as on ESPN, cnn.com, wallstreetjournal.com, forbes.com, fortune.com, espn.com, golfdigest.com and golf.com, among many others. He recently founded the House of Cards Project, a philanthropic effort to provide food and shelter to disadvantaged families. His life story will be told in the book [→] Raise: The Impossibly True Tale of Dusty Schmidt, [→] to be released later in 2010. He lives in Portland, Ore., with his wife, Nicole, and daughter, Lennon.

The fastest growing format in online poker is without doubt Progressive Knockout tournaments. Online poker rooms like them, recreational poker players love them, yet a lot of serious poker players struggle to get to grips with the way the strategy changes compared to regular MTTs. In PKO Poker

Strategy professional poker player Dara O'Kearney has done rigorous study using the latest solver technology to show you the biggest adjustments you need to beat these tournaments. This book fixes your biggest leaks and takes the uncertainty out of PKOs. You will learn: •How to adjust your ranges in a PKO •When to gamble for a big bounty •How to adjust when the payouts and final table are a factor •When you should stick to a more standard strategy •Quick PKO math you can do at the tables Dara O'Kearney is a professional poker player from Ireland, specialising in online tournaments and with a reputation as one of the great teachers of the game. He is the co-author of the best-selling *Poker Satellite Strategy*, the co-host of the award-winning *Chip Race Poker Podcast* and is sponsored by Unibet Poker. "Dara's outlook on PKO tournaments is expectedly methodical. Knowing how wide to chase bounties is one of the most important adjustments and this book will equip you with the knowledge to work it out on the fly." - Adam Owen, professional poker player This book uses the most up-to-date poker ICM solvers, however it has been written in a way to make the poker math you need to do at the tables very simple. Every chapter starts from a poker GTO framework but then explains how you should deviate when the players or table dynamics change. It covers major adjustment in PKO play, including a short hand way to decide on calling ranges, the poker game theory behind why you should never late register, post flop play, poker mindset issues unique to PKOs and much more. It has everything a texas hold'em player needs to crush knockout tournaments.

What does it take to be a great poker player? It's no secret that masters of poker think differently than ordinary people. In this truly groundbreaking book, Haseeb Qureshi, retired world-class high stakes poker pro and instructor, takes you on a journey of rediscovering the game of poker from the inside out. He explores the depths of strategy, psychology, and philosophy within poker, and teaches you his uniquely scientific perspective on approaching the game. Whether you've read all the books and want to take your game to the next level, or whether you're an amateur wanting to learn what it's all about, this game-changing book is a must-read. In the words of WPT World Champion David Williams, "Haseeb has written an amazing and ground-breaking book. There's truly nothing else like it. An absolute requirement for anyone serious about poker."

How a New York Times bestselling author and New Yorker contributor parlayed a strong grasp of the science of human decision-making and a woeful ignorance of cards into a life-changing run as a professional poker player, under the wing of a legend of the game

Chris Moorman is the most successful online poker tournament player in history. * Leads the industry with more than \$11 million in online cashes * Excels on the tournament circuit with over \$4 million in live cashes * Placed in the top three in online tournaments 651 times to date Many strong poker players have written books explaining their thought processes. However, players at the low-to mid-stakes who want to advance to the highest levels find the leap a daunting one. Chris, through years of hard work, has achieved this advance and now wants to help you do the same. Moorman's *Book of Poker* has a unique approach. Chris analyzes 80 tournament hand histories played by co-author Byron Jacobs - a typical mid-stakes player. The adoption of a coaching format allows Chris to explain in clear detail exactly what is needed to progress to the next level of expertise.

From uncertainty and risk to ambiguity, emotion and non-verbal behaviour, life can be like a game of poker. So approach it like one, with every day critical thinking. In *The Truth Detective*, journalist and competitive poker player Alex O'Brien shows how we can survive and make better life decisions using the rules of the game. In a world full of uncertainty and incomplete information, this is a book about getting to the truth. You'll meet a host of experts who break down the science of navigating a time in which fact and fiction are becoming increasingly hard to tell apart. With psychological research and insight from a range of professionals - from FBI agents and behavioural economists to poker aces and bounty hunters - O'Brien assembles strategies we can use to analyse the information that surround us in our day to day. Tackle life like a poker player and let *The Truth Detective* guide your through the jungle of disinformation - and on to success in the game of life.

Il mental game è forse più importante nel poker che in qualsiasi altra tipologia di competizione. Questo gioco infatti è uno dei pochi al mondo in cui puoi giocare in maniera perfetta e continuare a perdere. Centinaia di giocatori di poker si sono convertiti all'approccio rivoluzionario del coach Jared Tendler sul mental game per riuscire a giocare sempre al meglio, senza che la varianza avesse influenza sulle loro prestazioni. In questo libro troverete tecniche semplici, spiegate passo passo e funzionanti per risolvere definitivamente problemi come il tilt, la gestione della varianza, il controllo emotivo, la sicurezza di sé, la paura e la motivazione. Con il livello del gioco che sta diven-

tando sempre più alto, è arrivato il momento di prendere di petto questi problemi. · Scopri il miglior lavoro mai redatto sul tilt. · Leggi le storie di otto dei giocatori che sono riusciti ad effettuare enormi miglioramenti grazie alle tecniche di Jared. · Acquisisci motivazione con i metodi usati dai SuperNova Elite.

The *Poker Mindset* has transformed the games of tens of thousands of poker players becoming one of the most popular poker books of all-time. The success of the book quickly spread around the world and is currently translated in eight different languages. Are you ready to look at poker in a different way and transform your own game? What "secret" separates top poker players from poker wannabes? Is it zen-like mind-reading skills, a computer-like brain or thousands of hours of play? No. It is a series of established approaches and behaviors that enables these experts to bring their "A" game to the table session after session, regardless of short-term results. In this groundbreaking book, Taylor and Hilger lay bare the secrets of the *Poker Mindset* seven core attitudes and concepts that ensure you have the optimal emotional, psychological, and behavioral framework for playing superior poker. The *Poker Mindset* deeply explores vital topics that most poker books only touch upon: - Tilt: What it really is, why and when you are most prone to it, and how you can avoid it. - Bankroll: A complete examination of bankroll management from a technical, but more importantly, from a psychological and emotional viewpoint. - Opponents: How to determine your competitors' mental and emotional processes so that you can dominate, out think and outplay them. - Downswings: Every poker player experiences them, but you will truly understand and be armed against low ebbs when they occur. - Bad Beats: The *Poker Mindset* will enable you to overcome the trauma of bad beats and losing big pots. Poker is a fun game, but it is even more fun when you win. The *Poker Mindset* may be the most valuable poker book you will ever read. Embrace its concepts and you can overcome the unseen obstacles that are limiting your success at the table. When you make the *Poker Mindset* your mindset, you will take control of your game and walk away a winner. The mental game may be more important in poker than in any other form of competition. It's one of the only games in the world where you can play perfectly and lose again and again. Hundreds of poker players have turned to mental game coach Jared Tendler's revolutionary approach to help them play their best, no matter how badly they're running. In this book you'll find simple, step-by-step instructions and proven techniques to permanently fix problems such as tilt, handling variance, emotional control, confidence, fear, and motivation. With the games getting tougher, now is the time to take these problems head on.

Poker is a game of table position, flop texture, players in a hand, personalities, and so much more. This book teaches you how to identify and analyze those variables, become a great strategist, and have confidence in any poker situation. *Decide to Play Great Poker* is written by Annie Duke, the world's most renowned woman poker player, with John Vorhaus, himself a winning poker player and prolific author.

Imagine the edge you would have if you consistently played poker in the zone. You make all the right decisions, know instinctively when to bluff, and are unfazed by a losing hand. You're locked in and feel unbeatable. It's shocking how many poker players stumble into this elusive state of mind. As quickly as that euphoric feeling of invincibility arrives, it's gone. And no matter how hard they try, they can't get back there. Until now. In *The Mental Game of Poker 2*, author and renowned poker mental game coach Jared Tendler breaks down the zone and delivers actionable steps to help players get there consistently. He demystifies the zone, and for the first time, brings logic and order to this previously misunderstood concept. Above all, Tendler's straightforward, client-tested approach will have you playing at higher levels than you ever thought possible. This book provides proven strategies to: *Consistently play in the zone. *Play poker longer and across more online tables. *Improve decision making. *Learn faster. *Eliminate C-game mistakes. *Increase focus and discipline. Poker is constantly evolving and is as cutthroat as ever. Whether you're at the top of the game or just starting out, you should be looking for new and better ways to keep up and outpace your opponents. *The Mental Game of Poker 2* arms you with the tools to thrive in today's increasingly competitive environment. It expands on the psychological strategies and theories from Tendler's groundbreaking book, *The Mental Game of Poker*, which cracked the code on managing tilt and has helped thousands of players eliminate mental leaks from their games. Like the first book, *The Mental Game of Poker 2* is a must have resource for every poker player who is serious about improving their game.

Advanced Limit Hold'em Strategy is a revolutionary book. Top limit hold'em players have techniques that have never been fully explained... until now. Barry Tanenbaum has played winning mid-

dle limit hold'em for over twenty years, and has been a full time professional for six. One of America's top poker coaches, he fully understands these techniques and, in this book, he explains them. Barry breaks advanced techniques into fundamental factors with clear instructions on how you can implement them to make much better decisions. *Advanced Limit Hold'em Strategy* includes: An examination of the techniques used by top players to create confusion and score extra profit. An analysis of 'card-independent' strategies explains how to analyze all of the situational factors before you even consider your cards. A comprehensive coverage of blind play. In complex situations, many authors will simply tell you, it depends. As a professional player and coach, Barry tells you what it depends on, and what to do about it. This is not a book for beginners, but if you already play and want to understand advanced plays that win more money, this book will tell you how.

AT THE TABLE, YOU'RE YOUR OWN WORST ENEMY. --Stu Ungar, the world's greatest poker player Do you play hands you should fold? Do you sometimes go too far with hands, hoping to get lucky while knowing that the pot odds don't justify calling? Ever kept playing even when you knew you were off your game because you were losing and wanted to get even? Have you let anger or destructive urges affect the way you play even though you know better? Don't despair! Now, in *Your Worst Poker Enemy*, psychologist Dr. Alan Schoonmaker shows you how to reap the full benefits of the poker knowledge you already have by helping you to identify and stop psychologically based mistakes. This must-have book also features detailed sections that examine crucial points far beyond the scope of most other poker strategy guides, including: • Using Intuition vs. Logic • Evaluating Yourself and the Opposition • Understanding Unconscious and Emotional Factors • Adjusting to Changes • Handling stress Dr. Schoonmaker will help you to recognize and defeat the often crippling psychological factors that distort your perceptions about yourself, other players, and the game itself and send you on your way to becoming the best poker player you can be! Alan N. Schoonmaker, Ph.D. is the author of the top-selling *The Psychology of Poker* and is a columnist for *Card Player* magazine. He received his Ph.D. in Psychology from UC Berkeley and has conducted research and taught at UCLA, Carnegie-Mellon, and Belgium's Catholic University of Louvain. He lives in Las Vegas.

Make your own luck with proven poker strategies to up your game Looking for ways to consistently improve your poker prowess? The *Poker Mind* is your go-to guide for gaining a deeper understanding of the complex world of poker through mindful insights and simple techniques. Begin your journey toward harnessing your psychological poker powers by developing your fundamentals and thought process. Figure out how to put that process to use, and learn how to build and maintain your confidence. From creating your table image and reading the room to spotting tells in other players, *The Poker Mind* provides real-world situations, exposed secrets, and practical explanations to up your card-playing skills. The *Poker Mind* includes key aspects like: 5 Fundamentals--Discover the basic essentials for developing your poker mind: How Learning Happens, Emotional Development, Examining Your Self-Discipline, Improving Your Decision-Making, and Visualizing Goals. Insightful illustrations--Helpful infographics demonstrate talking points that allow for quicker comprehension of strategies. Poker slang--A beneficial glossary defines card-playing terms like Bad Beat, Auto Muck, Big Blind, and others so you can talk the talk. Gain a deeper understanding of poker with *The Poker Mind*.

Imagine the edge you would have if you could consistently play poker in the zone. In the zone you make all the right decisions, instinctively when to bluff, and are unfazed by a losing hand. You're locked in and feel unbeatable. It's shocking how many poker players stumble into this elusive state of mind. As quickly as that euphoric feeling of invincibility arrives, it's gone. And no matter how hard they try, they can't get back there. Until now. In *The Mental Game of Poker 2*, author and renowned poker mental game coach Jared Tendler breaks down the zone and delivers actionable steps to help players get there consistently. He demystifies the zone, and for the first time, brings logic and order to this previously misunderstood concept. This book provides proven strategies to: • Play poker longer and across more online tables. • Improve decision making. • Learn faster. • Eliminate C-game mistakes. • Increase focus and discipline. *The Mental Game of Poker 2* expands on the psychological strategies and theories from Tendler's groundbreaking book, *The Mental Game of Poker*, which cracked the code on managing tilt and has helped thousands of players eliminate mental leaks from their games. Like the first book, *The Mental Game of Poker 2* is a must have resource for every poker player who is serious about improving.

--- The articles in this book are dedicated to Martin Gardner, the world's greatest expositor and popularizer of mathematics. While our papers are confined to this single subject, Gardner's interests and accomplishments have a wide range of subjects. Hence, we have entitled the book the

Mathematical Gardner, and would like to see other volumes such as the Magical, the Literary, the Philosophical, or the Scientific Gardner accompany it. Of course, our title is also an appropriate pun, for Martin Gardner's relationship to the mathematical community is similar to a gardener's relationship to a beautiful flower garden. The contributors to this volume comprise only a small part of a large body of mathematicians whose work has been nurtured by its exposition in "Mathematical Games"; Martin's column which appears every month in Scientific American. More than just a mathematical journalist, Martin connects his readers by passing along problems and information and stimulating creative activity. Thus, he is a force behind the scenes as well as a public figure. Two people were particularly helpful in putting this book together.

Seven agitated poker players -- each of them reeling in poker pain -- are beamed to the Painless Poker Clinic, where Tommy conducts a two-day seminar on how to play poker, and life, without all the stress and frustration.

Most poker players don't think they need to study ICM until they make a costly mistake at a big final table - don't be one of those players. The Independent Chip Model (ICM) is the most important strategy concept in multi table tournaments, yet very few players understand it, other than knowing they should play tighter on the bubble. Not only does ICM impact the single biggest monetary decisions you make in poker, it also influences everything in a tournament from game selection, staking, when to register, playing the early levels, the bubble, the final table and much more. Endgame Poker Strategy is the first book to take a deep dive into the subject of ICM and how it impacts how you should play in tournaments. This book contains groundbreaking insights that most professional poker players are not aware of, including: • How to adjust your play in the late stages of tournaments • When to ladder and when to play for the win • How to negotiate profitable final table deals • The optimal game selection, rebuy and late registration strategies • How to play short, average and big stacks at the end of tournaments Dara O'Kearney is a professional poker player, sponsored Unibet Pro and co-host of The Chip Race Podcast. He is regarded as one of the best satellite grinders in the world and professional poker players seek out his advice on ICM whenever they prepare for a big final table. He is the co-author of the best selling books Poker Satellite Strategy and PKO Poker Strategy. "In an era of solvers and preflop charts, game states involving ICM pressure remain one of the few unsolved and untapped areas of poker. Endgame Poker Strategy does an excellent job of clearly explaining the most important ICM ideas and effects. Whether you are a beginning player looking to build an understanding of how ICM works, or a more advanced player looking to better internalise ICM concepts, there is something in this book for you." - Daniel Dvoress, high stakes poker player

Why are the best poker players actually the best? Every serious poker player wants to be successful and many of them have the right technical skills. However, the truth is that there are key mental factors that separate the big winners from everyone else. Patricia Cardner is a psychology professor, licensed professional counselor and dedicated poker player. She interviewed a select group of professional poker players who share two key characteristics: ALL of them have been successful over many years and ALL of them have lifetime winnings of more than \$1,000,000. Patricia analyzed the results to determine exactly what psychological skills, techniques, and strategies they use. This book is the result of her studies. Positive Poker outlines the mental skills that you need to develop if you want raise your game. Positive Poker will help you to: Optimize your brain for efficient learning Increase motivation and stay positive Use psychological skills to increase your win rate Increase self-control and reduce tilt Patricia is aided in her investigations by the highly successful poker pro Jonathan Little, author of the critically acclaimed series, Secrets of Professional Tournament Poker.

'No one has taught me more about the complexities and mysteries of human decision-making' Malcolm Gladwell 'Gary Klein is a living example of how useful applied psychology can be when it is done well' Daniel Kahneman Insight is everything. At its most profound, it can change the world. At its simplest, it can solve everyday problems. It can be used to build businesses, solve crimes,

progress science and make many aspects of our lives quicker, easier, bigger or better. Yet remarkably we often unwittingly build barriers to seeing what is in front of us. Both as individuals and organisations we can hold on to flawed beliefs and conform to established processes that can interfere with our perceptions. Having clear insight can transform the way in which we understand things, the decisions we make and the actions we take. In this groundbreaking study, renowned cognitive psychologist Gary Klein uses an eclectic miscellany of real-life stories to bring to life the process of insight. He demonstrates the five key strategies for spotting connections and contractions to ensure you too can see what others don't.

No matter what sport you enjoy or what level you play, you have the potential for a peak performance--and realizing that potential is the goal of everyone who makes athletics part of their lives. And while you can benefit from the advice of tennis and golf pros, marathon runners, and skiing instructors, the edge you seek to maximize your performance isn't in your stroke, your pace, or your posture--it's in your mind. Kenneth Baum describes the program he uses to sharpen and maximize the sports performances of thousands of professional and amateur athletes across the country: * Power Talk * Proper Visualization and Perception Stretchers * Performance Cues * Identifying and Conquering Obstacles * A Commitment to Consistent and Resilient ActionYour mind is your most valuable piece of equipment, your strongest muscle--and your best shot at peak performance for life

Poker demands many skills and strategies. To be successful, you must be able to master all of them and then apply them at the appropriate times. They include proper hand selection, bluffing, semi-bluffing, understanding tells and telegraphs, and reading hands. These skills do not come easily since they require unnatural actions. You cannot win just by "doing what comes naturally," Dr. Schoonmaker is concerned "only with the way that psychological factors affect your own and your opponents' ability to play properly. For example, have you ever wondered why some players seem extremely aggressive while others are passive? Why some are tight and others loose? Furthermore, have you ever wondered why some tactics seem to come naturally to you while others don't? This text will answer many of these questions. It will explain why you and your opponents play the way you do. The author also suggests strategic adjustments that you should make to improve your results against different types of players, and he suggests personal adjustments that will help you to play better and enjoy the game more.

Modern Poker Theory is a comprehensive, rigorous guide to the most important aspects of No-Limit Hold'em. It is based around an in-depth examination of what is meant by game theory optimal play (GTO) and how it can be applied at the table. Understanding GTO is fundamental to being able to make accurate poker decisions and being able to exploit players who don't. Modern Poker Theory uses modern poker tools to develop a systematic approach to the analysis of GTO. It organizes the ideas and concepts in an intuitive manner that is totally focused to practical applications. Next time you are at a table some of the players will have studied Modern Poker Theory and some won't. The players who have studied Modern Poker Theory will, without doubt, have a better theoretical and practical understanding of No-Limit Hold'em. They will be the favourites in the game. Make sure you are one of them. Michael Acevedo, one of the world's leading poker theorists, is a game theory expert who is renowned for creating cutting-edge content for the world's leading players. The production of Modern Poker Theory is the culmination of many thousands of hours of his research work with the most advanced poker software tools available. It is poker theory for the 21st century.

"Now, for the millions of poker players who know the basics, but do not fully understand the logic and principles of skillful play, here is a serious, comprehensive guide that shows how to think like a professional poker player"--Page 4 of cover.

The old saying goes, "To the man with a hammer, everything looks like a nail." But anyone who has done any kind of project knows a hammer often isn't enough. The more tools you have at your disposal, the more likely you'll use the right tool for the job - and get it done right. The same is true

when it comes to your thinking. The quality of your outcomes depends on the mental models in your head. And most people are going through life with little more than a hammer. Until now. The Great Mental Models: General Thinking Concepts is the first book in The Great Mental Models series designed to upgrade your thinking with the best, most useful and powerful tools so you always have the right one on hand. This volume details nine of the most versatile, all-purpose mental models you can use right away to improve your decision making, productivity, and how clearly you see the world. You will discover what forces govern the universe and how to focus your efforts so you can harness them to your advantage, rather than fight with them or worse yet- ignore them. Upgrade your mental toolbox and get the first volume today. AUTHOR BIOGRAPHY Farnam Street (FS) is one of the world's fastest growing websites, dedicated to helping our readers master the best of what other people have already figured out. We curate, examine and explore the timeless ideas and mental models that history's brightest minds have used to live lives of purpose. Our readers include students, teachers, CEOs, coaches, athletes, artists, leaders, followers, politicians and more. They're not defined by gender, age, income, or politics but rather by a shared passion for avoiding problems, making better decisions, and lifelong learning. AUTHOR HOME Ottawa, Ontario, Canada Inside the intriguing world of poker lies a fascinating exercise in strategy and extreme concentration--many of the same principles that underpin the one-thousand-year-old philosophy of Zen spirituality. Zen and the Art of Poker is the first book to apply Zen theories to America's most popular card game, presenting tips that readers can use to enhance their game. Among the more than one hundred rules that comprise this book, readers will learn to:* Make peace with folding* Use inaction as a weapon* Make patience a central pillar of their strategy* Pick their times of confrontationUsing a concise and spare style, in the tradition of Zen practices and rituals, Zen and the Art of Poker traces a parallel track connecting the two disciplines by giving comments and inspirational examples from the ancient Zen masters to the poker masters of today.

The best way for small stakes poker players to earn life-changing amounts of money is to win a satellite into a bigger tournament. Yet there is surprisingly little poker theory written about how to win satellite tournaments, until now. In Poker Satellite Strategy professional poker player Dara O'Kearney gives you a framework for how to approach every stage of a satellite tournament, from the early levels right up to the bubble. This book takes the stress and uncertainty out of satellites. You will learn: *Adjustments you need to make from regular poker tournament strategy *What hands to shove, call and fold on the bubble *When to tighten up and when to keep accumulating chips *Easy poker math to do at the tables *The correct poker GTO ranges (and how to adjust to different player types and situations) *When it's correct to fold Pocket Aces preflop Dara O'Kearney is a professional poker player from Ireland with a long standing reputation as the best satellite specialist in the game. He has won over \$1 million in satellite tournaments alone and twice won the PokerStars UKIPT satellite leaderboard. He is sponsored by Unibet Poker and is the co-host of The Chip Race Podcast. "In the first 30 minutes of reading, I guarantee you will pick up something that will increase your future expectation to cover the cost of the book tenfold" - Marty "TheLipoFund" Mathis, partypoker PPL Satellite Leaderboard winner "A highly recommended book for anyone looking to play satellites well or related formats like Double or Nothing where multiple finishers receive identical top prizes" ~ Collin Moshman - author of Sit N' Go Strategy "Dara has been ahead of the curve on satellites for years and his results show it. This book will change the way you think about, and play, satellites forever."~Daiva Byrne - professional poker player and advocate for women in poker This book uses the most up-to-date poker ICM calculators, however it has been written in a way to make the poker math you need to do at the tables very simple. Every chapter starts from a poker GTOframework but then explains how you should deviate when the players or table dynamics change. It covers every aspect of satellite play, from the important bubble stage, but even explaining the poker game theory behind late registering, post flop play, poker mindset issues unique to satellites and how to adjust in live poker tournaments. It has everything a texas hold'em player needs to qualify for big poker tournaments like the World Poker Tour, EPT or World Series of Poker.