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## CWFTAY - BRIANA CLINTON

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Hilbert Sumire Bustincio is an archaeologist, official Peruvian tourist guide and explorer, graduated in Social Sciences, opting for a Bachelor's degree in Archeology at the San Antonio Abad National University of Cusco (UNSAAC), Official Tourism Guide at the Tupac Amaru Higher Public Institute . Since 1992, he has been touring the different trekkings in the city of Cusco, especially the famous Inca trail to Machu Picchu. He has been doing this walk for more than 25 years (more than 775 times). Since 2008, he has been carrying out archaeological work in Peru, especially in the city of Cusco. In 2012, he was Director of the archaeological project in the Inca city of Machu Picchu, Surface Archaeological Research Project (without excavation) Inca citadel of Machu Picchu. In 2016, he joined the Peruvian Institute of Historical Studies & Archaeological Research Inkari. Since then he has been an active member and archaeologist in search of the great mythical city of Paititi. This book provides archaeological, historical and personal information on the Inca trail to the Machu Picchu Ilaqta to explain and want to show that this route, in Inca times, was sacred. At the request of many tourists who had the privilege of traveling with Hilbert, this book has been written to provide the necessary information to carry out this great adventure. This is the essential book before leaving on the traces of the magical citadel of Machu Picchu!

Covering all the Inca sites, this guide delivers a thoroughly updated and beautifully redesigned look at Cusco, the Sacred Valley, Machu Picchu, and the southern jungle. Features detailed information on where to stay, play, party, and dine, targeting all budgets and tastes.

Find your way around the Inca sites of Peru with this fully updated second edition which includes useful trail guides and maps.

Updated 2018 edition. Detailed topographic map 1:75.000 for hiking and trekking, printed as an atlas book (with overlapping pages). Covers the various trekking routes/Inca trails in the Cusco area leading to Machu Picchu, including the Vilcabamba trail, Salkantay/Mollepata trek, Choquequirao trek to Machu Picchu, Santa Teresa trek, Huancacalle-Cachora via Choquequirao and other adjacent

trails and paths. 20 meter contour lines, road network, trails & paths, transportation, food, campsites, shelters, guest houses & hotels. Mercator projection with both UTM and WGS84 coordinate grids. The map scale of 1:75000 (1 cm = 750 meters) provides a wealth of detail while keeping low the weight of the atlas itself. The large page format of 8.5x11in minimizes page count and along with an overlapping map design allows for comfortable navigation. The details included in the topographic maps of this atlas were specifically selected to be useful for trekkers, hikers and walkers of all interests, and make it easy to plan and enjoy both short excursions and hikes as well as long multi-day adventures along the main marked routes and/or adjacent trails and paths, which are also shown on the maps. With this ultralight atlas you will always have a detailed, reliable, information-rich, battery-independent, shatter-proof map for your adventure.

Planning a trip to Peru's Sacred Valley to see Machu Picchu, or explore the history of the Inca civilisation? Want to know how to take great photos for social media, travel blog, or to simply enjoy? Our travel photography guides focus on the information you need: - Detailed maps and diagrams - Tips on planning your journey - Logistical information to ensure that you're at the right place at the right time - Ways to get the photo whilst avoiding the crowds We've described what you need to know to photograph Machu Picchu, the Inca trail, and the Sacred Valley of Peru. This includes the Inca capital of Cusco, as well as the main archaeological sites. Our guides help you save valuable time in researching and planning, allowing you to focus on your photos!

A rhyming interactive storybook to find a lost alpaca at Machu Picchu. Find Alberto as he travels on his first adventure along the Inca trail. Think: Where's Wally meets Dr Seuss. Allow yourself to be taken away and have fun in a mystery land. Search and find animals from Peru on each page. Navigate Secret mazes. Have fun while learning about Geography and History. This book is entertaining and educational. Spend quality time with your child or keep them busy with hours of interactive fun. Advanced readers can read on their own. This book is challenging for everyone. It will inspire you to travel, learn, read and concentrate. You'll be all over it like fur on an alpaca. Target: 4yrs to 10yrs old, parents can read to your children, fun for ALL the family.

For many, Cusco is top of their itinerary when travelling in Peru, and this handbook aims to provide what it is the traveller can't miss. It covers everything the traveller needs to know about the ancient Inca ruins, plus practical advice and suggestions on how to get the most out of this popular destination. The guide features the ins and outs of Cusco town plus area-by-area coverage of the Sacred Valley including Machu Picchu, Ollantaytambo and Urubamba and offers coverage of the Inca Trail with suggested trekking itineraries for walkers of all levels. Also included is comprehensive coverage of the colonial architecture, stunning scenery, trekking, river rafting and mountain biking.

Written by locals, Fodor's travel guides have been offering expert advice for all tastes and budgets for 80 years. Machu Picchu, the Sacred Valley of the Inca, and the Nazca lines are among the most-visited and awe-inspiring archaeological sites in the world. Bursting with beautiful full-color photos, Fodor's Peru provides expert insider advice on everything from the best guides to the Inca Trail to how to experience native cultures on Lake Titicaca. This travel guide includes:

- Dozens of full-color maps
- Hundreds of hotel and restaurant recommendations, with Fodor's Choice designating our top picks
- Multiple itineraries to explore the top attractions and what's off the beaten path
- Coverage of Lima, The Southern Coast, The Southern Andes and Lake Titicaca, Cusco and The Sacred Valley, Machu Picchu and the Inca Trail, The Amazon Basin, The Central Highlands, The North Coast and Northern Highlands, and Bolivia

Describes over fifty hiking options in Peru, including the Inca Trail, with background information, recommendations for accommodations and eating places, and travelers' tales.

If you are planning to hike the Inca Trail, or just visiting Cusco, Peru, the 16 day hikes in this book give you a flavour of area and are perfect for exploring the local towns and villages whilst becoming acclimatized to the altitude. Graded from Easy to Difficult, the walks also take in the most popular of the archaeological Inca sites in the area, as well as breath-taking scenery, and off-the-beaten-track places rarely visited by the tour buses. All hikes contain easy to follow routes, maps, elevation charts, timings and instructions on how to get to the start and get home from the finish. Plus the bonus chapter tells you how to travel to Machu Picchu for \$10.

This full-color guide to Machu Picchu includes vibrant photos and helpful planning maps. Dawn reveals ancient stonework backed by the towering Andes—the fusion of natural and manmade beauty, built in perfect harmony with the earth and skies. This is Machu Picchu, center of the lost Inca empire. And it's yours to explore. This is the trip of a lifetime. It will leave you with a new sense of wonder—and some great stories to share. In this book, expert traveler Ryan DubE tells you everything you need to know to make this trip possible: How to choose guides, tours, and means of transportation How to plan a trek in the Andes—including deciding which of the Inca trails is right for you How to get there, how long it will take, and where to stop along the way—including information on Cusco, the Sacred Valley, and stopping over in Lima.

Updated 2018 edition. Detailed topographic map 1:50.000 & 20 meter contours for hiking and trekking, printed as an atlas book (with overlapping pages). Covers the area around the ancient city of Cusco (aka Cuzco, Qosqo, Qusqu) that used to be the historic capital of the Inca Empire, and a section of the famous Sacred Valley of the Inca (Urubamba River valley) closest to Cusco. Historic city of Urubamba, Pisac, Paucartambo, Ollantaytambo, Maras, and others, interesting for the Inca ruins, all connected with ancient Inca and pre-Inca trails, many sections of which are still visible and can be

walked today. 20 meter contour lines, road network, trails & paths, transportation, food, campsites, shelters, guest houses & hotels. Mercator projection with both UTM and WGS84 coordinate grids. The map scale of 1:50000 (1 cm = 500 meters) provides a wealth of detail while keeping low the weight of the atlas itself. The large page format of 8.5x11in minimizes page count and along with an overlapping map design allows for comfortable navigation. The details included in the topographic maps of this atlas were specifically selected to be useful for trekkers, hikers and walkers of all interests, and make it easy to plan and enjoy both short excursions and hikes as well as long multi-day adventures along the main marked routes and/or adjacent trails and paths, which are also shown on the maps. With this ultralight atlas you will always have a detailed, reliable, information-rich, battery-independent, shatter-proof map for your adventure.

This is the most up-to-date book on visiting Machu Picchu, Cusco, and the Sacred Valley available, period. VIVA is the one guide you'll need to get the most out of your trip to Machu Picchu and the Inca empire. Written by Cusco experts, in this book you can:

- \* Explore Machu Picchu using the self-guided tour and color map. Go beyond sightseeing and truly understand the ruins and Inca culture.
- \* Trek the Inca Trail or one of the many Inca Trail alternatives while having a minimal impact on the environment.
- \* Immerse yourself in Cusco life by using the extensive information on studying Spanish, volunteering, working and living.
- \* Taste local Peruvian cuisine in world famous restaurants, or track down cheap, good eats while live Andean music fills the streets.
- \* Find all the nuts and bolts you need to navigate your way from the streets of Lima to the gates of Machu Picchu.
- \* Stay safe with the most up-to-date guide available, continuously updated by the VIVA community on the [www.vivatravelguides.com](http://www.vivatravelguides.com) website.

Guidebook to hiking and mountain biking in the Sacred Valley of Peru, including the Inca Trail. 40 routes (7 to Machu Picchu) visiting all major Incan sites discovered from Cusco, Urubamba, Ollantaytambo, Vilcabamba and in the remote region around Mount Ausangate. The routes are graded for difficulty, and most routes can be done on foot or by mountainbike and timings are given for each, as well as advice on whether it is preferable to undertake a particular route with a local guide or trekking agency, in the less well-known areas. The guidebook includes practical information on getting to and around the area, how to make the most out of any trip as well as plenty of background detail on the Incan history and places of interest explored on the routes. The Andes are the second highest mountain range in the world, after the Himalaya, but they have the most spectacular range of altitude - from 6000m down to just above sea level - making for some thrilling MTB descents on ancient Incan roads. The area also has a spectacular collection of ancient Incan sites, with new sites yet to be uncovered, and is still farmed by the direct descendants of the Incas, often seen in their colourful traditional dress in the local villages.

All-in-one guide for hiking the Inca Trail. Includes Lima and Cusco city guides, route guide and maps for Inca Trail, Choquequirao, Santa Teresa and link routes. Full Machu Picchu guide.

All-in-one guide for hiking the Inca Trail. Includes Lima and Cusco city guides, route guide and maps for Inca Trail, Choquequirao, Santa Teresa routes plus the Lares Trek and the Ausangate Circuit. Full Machu Picchu guide.

For many travelers, this is the trip of a lifetime: Machu Picchu, the Sacred Valley of the Inca, and the

Nazca lines are among the most-visited and awe-inspiring archaeological sites in the world. Fodor's Peru ebook edition provides expert advice on everything from the best guides to the Inca Trail to how to experience native cultures on Lake Titicaca. Expanded Coverage: Focused coverage on Peru's essential, must-see destinations includes new restaurants and hotels. Indispensable Trip Planning Tools: Features such as Top Attractions, Great Itineraries, packing advice, and frequently asked questions make planning simple. Extensive information on trusted tour operators allows travelers to book with confidence. Convenient overviews present each region and its highlights, and chapter planning sections have savvy advice for making the most of your time and getting around by car, bus, and train. Discerning Recommendations: Fodor's Peru ebook edition offers savvy advice and recommendations from expert writers to help travelers make the most of their time. Fodor's Choice designates our best picks, from hotels to nightlife. "Word of Mouth" quotes from fellow travelers provide valuable insights.

English edition about the most common birds around the famous Machu Picchu ruins. The species described can be found around the city of Cusco, in the Urubamba Valley, at the Inca Trail and all over the Machu Picchu Historical Sanctuary.

First published in the 1950s, this is a classic account of the discovery in 1911 of the lost city of Machu Picchu. In 1911 Hiram Bingham, a pre-historian with a love of exotic destinations, set out to Peru in search of the legendary city of Vilcabamba, capital city of the last Inca ruler, Manco Inca. With a combination of doggedness and good fortune he stumbled on the perfectly preserved ruins of Machu Picchu perched on a cloud-capped ledge 2000 feet above the torrent of the Urubamba River. The buildings were of white granite, exquisitely carved blocks each higher than a man. Bingham had not, as it turned out, found Vilcabamba, but he had nevertheless made an astonishing and memorable discovery, which he describes in his bestselling book *LOST CITY OF THE INCAS*.

"For the visitor with three days or with three months to explore the magical world around the Inca capital of Cusco, from the conventional traveler to the intrepid explorer, Peter Frost's *Exploring Cusco* is the ideal companion, like having a private guide at your side."--

This full-color guide to Machu Picchu includes vibrant photos and helpful planning maps. Dawn reveals ancient stonework backed by the towering Andes—the fusion of natural and manmade beauty, built in perfect harmony with the earth and skies. This is Machu Picchu, center of the lost Inca empire. And it's yours to explore. This is the trip of a lifetime. It will leave you with a new sense of wonder—and some great stories to share. In this book, expert traveler Ben Westwood tells you everything you need to know to make this trip possible: How to choose guides, tours, and means of transportation How to plan a trek in the Andes—including deciding which of the Inca trails is right for you How to get there, how long it will take, and where to stop along the way—including information on Cusco, the Sacred Valley, and stopping over in Lima

Mystical, timeless, and full of adventure: embark on the trip of a lifetime to the jewel of Peru with Moon Machu Picchu. Inside you'll find: Strategic trekking guides, including two to four days on the Inca Trail, five days on the Salcantay, and an Inca Jungle Trail itinerary, plus focused coverage of Cusco, the Sacred Valley, and Lima Unique experiences beyond the beaten path: Explore seldom-seen ruins like the Ollantaytambo Temple and visit remote Quechua-speaking villages. Go horseback riding on a caballo de paso in the Sacred Valley, mountain biking to the hilltop fortress of Sacsay-

huamán, or set up camp on the riverbank after a day of rafting on the Río Apurímac. Sample coca tea and authentic local delicacies, or shop for handmade Peruvian weavings, pottery, and jewelry Essential planning information on agencies, tour guides, and porters, food and accommodations, packing suggestions, finding the best airfares, and getting around by bus, train, taxi, car, or motorcycle rental How to visit Machu Picchu respectfully, with tips from Lima local Ryan Dubé on and helping the local economy, minimizing your impact, and avoiding over-tourism A guide to hazards, precautions, and gear, including how to avoid altitude sickness Full-color photos and easy-to-use maps throughout, plus a convenient foldout map Thorough background information on the landscape, wildlife, plants, culture, history, and local customs Handy tools including a Spanish phrasebook, visa information, volunteer and study opportunities, and tips for seniors, families, visitors with disabilities, women traveling alone, and LGBTQ+ travelers With Moon Machu Picchu's practical advice and insider know-how, you can forge your own path. Doing a tour of South America? Try Moon Cartagena & Colombia's Caribbean Coast, Moon Ecuador & the Galápagos Islands, or Moon Chile.

Updated 2018 edition. Detailed topographic map 1:75,000 for hiking and trekking, printed as an atlas book (with overlapping pages). Covers the area around Cusco, the Sacred Valley and the various trekking paths from the Sacred Valley villages and towns to the Machu Picchu complex, including Lares treks, Salkantay trek from Mollepata, etc. 20 meter contour lines, road network, trails & paths, transportation, food, campsites, shelters, guest houses & hotels. Mercator projection with both UTM and WGS84 coordinate grids. The map scale of 1:75000 (1 cm = 750 meters) provides a wealth of detail while keeping low the weight of the atlas itself. The large page format of 8.5x11in minimizes page count and along with an overlapping map design allows for comfortable navigation. The details included in the topographic maps of this atlas were specifically selected to be useful for trekkers, hikers and walkers of all interests, and make it easy to plan and enjoy both short excursions and hikes as well as long multi-day adventures along the main marked routes and/or adjacent trails and paths, which are also shown on the maps. With this ultralight atlas you will always have a detailed, reliable, information-rich, battery-independent, shatter-proof map for your adventure.

For a limited time, receive a free Fodor's Guide to Safe and Healthy Travel e-book with the purchase of this guidebook! Go to [fodors.com](http://fodors.com) for details. Whether you want to hike the Inca Trail to Machu Picchu, explore the Peruvian Amazon, or enjoy Lima's world-class food and museums, the local Fodor's travel experts in Peru are here to help! Fodor's Essential Peru, 2nd Edition guidebook is packed with maps, carefully curated recommendations, and everything else you need to simplify your trip--planning process and make the most of your time. This new edition has been fully-redesigned with an easy-to-read layout, fresh information, and beautiful color photos. Fodor's "Essential" guides have been named by Booklist as the Best Travel Guide Series of 2020! Fodor's Essential Peru travel guide includes: AN ILLUSTRATED ULTIMATE EXPERIENCES GUIDE to the top things to see and do MULTIPLE ITINERARIES to effectively organize your days and maximize your time MORE THAN 30 DETAILED MAPS to help you navigate confidently COLOR PHOTOS throughout to spark your wanderlust! HONEST RECOMMENDATIONS FROM LOCALS on the best sights, restaurants, hotels, nightlife, shopping, performing arts, activities, side-trips, and more PHOTO-FILLED "BEST OF" FEATURES on "What to Eat and Drink," "Incredible Ancient Wonders," "What to Buy," "Peru's Top Museums," and more TRIP-PLANNING TOOLS AND PRACTICAL TIPS including when to go, getting around, beating the

crowds, and saving time and money HISTORICAL AND CULTURAL INSIGHTS providing rich context on the local people, politics, art, architecture, cuisine, music, geography and more SPECIAL FEATURES on "The Peruvian Amazon," "The Cordillera Blanca," "Nazca Lines," "The Islands of Lake Titicaca," "What to Watch and Read Before You Visit," and more LOCAL WRITERS to help you find the under-the-radar gems SPANISH LANGUAGE PRIMER with useful words and essential phrases UP-TO-DATE COVERAGE ON: Lima, Machu Picchu, the Inca Trail, Cusco, Nazca, the Peruvian Amazon, the Sacred Valley, Lake Titicaca, Trujillo, and more Planning on visiting? Check out Fodor's Essential Chile and Fodor's Essential Argentina. \*Important note for digital editions: The digital edition of this guide does not contain all the images or text included in the physical edition. ABOUT FODOR'S AUTHORS: Each Fodor's Travel Guide is researched and written by local experts. Fodor's has been offering expert advice for all tastes and budgets for over 80 years. For more travel inspiration, you can sign up for our travel newsletter at [fodors.com/newsletter/signup](https://www.fodors.com/newsletter/signup), or follow us @FodorsTravel on Facebook, Instagram, and Twitter. We invite you to join our friendly community of travel experts at [fodors.com/community](https://www.fodors.com/community) to ask any other questions and share your experience with us!

An up-to-date, definitive guide to staying safe and healthy anywhere in the world. Completely updated for 2018 with expanded guidelines for Zika virus, cholera vaccine, and more.

"The best all around guide for those who've been or who are going to Machu Picchu . . . Absolutely indispensable!"--Don Montague, president, South American Explorers. This revised edition includes newly discovered sites and full-color illustrations of real-life scenes from "National Geographic."

THE NEW YORK TIMES BESTSELLING TRAVEL MEMOIR What happens when an unadventurous adventure writer tries to re-create the original expedition to Machu Picchu? In 1911, Hiram Bingham III climbed into the Andes Mountains of Peru and "discovered" Machu Picchu. While history has recast Bingham as a villain who stole both priceless artifacts and credit for finding the great archeological site, Mark Adams set out to retrace the explorer's perilous path in search of the truth—except he'd written about adventure far more than he'd actually lived it. In fact, he'd never even slept in a tent.

Turn Right at Machu Picchu is Adams' fascinating and funny account of his journey through some of the world's most majestic, historic, and remote landscapes guided only by a hard-as-nails Australian survivalist and one nagging question: Just what was Machu Picchu?

Moon Travel Guides: The Trip of a Lifetime This jewel of Peru and heart of the lost Inca empire makes for a once-in-a-lifetime trip. Moon Machu Picchu is a comprehensive, honest guide to making the most out of your adventure. What You'll Discover in Moon Machu Picchu: Strategic trekking guides, including two or four days on the Inca Trail, five days on the Salcantay trek, and the Inca Jungle Trail Essential information on agencies, tour guides, porters, dining, accommodations, deciding when and where to go, and making reservations A guide to hazards, precautions, and gear, and tips for avoiding altitude sickness Focused coverage of stopovers in Cusco, the Sacred Valley, and Lima Unique ideas beyond the beaten path: Explore seldom-seen ruins like the Ollantaytambo Temple, and visit remote Quechua-speaking villages. Go horseback riding on a caballo de paso in the Sacred Valley, mountain biking to the hilltop fortress of Sacsayhuamán, or set up camp on the wild river banks after a day of rafting on the Río Apurímac Transportation advice: tips on finding the best airfares and getting around by bus, train, taxi, car or motorcycle rental, and even hitchhiking Thorough background information on the landscape, wildlife, plants, culture, history, and customs Handy tools

including a Spanish phrasebook, visa information, volunteer opportunities, and tips for seniors, families with children, women traveling alone, and LGBTQ+ travelers Expert perspective from Lima resident Ryan Dubé A full-color foldout map of the region, with vibrant photos and additional maps throughout With Moon Machu Picchu's expert insight, practical advice, and insider tips, you can forge your own path. Exploring the rest of the country? Try Moon Lima or Moon Peru. Doing a tour of South America? Try Moon Colombia or Moon Patagonia.

One man goes in search of the lost cities of the Amazon in the Inca heartland. The lost cities of South America have always exercised a powerful hold on the popular imagination. The ruins of the Incas and other pre-Colombian civilisations are scattered over thousands of miles of still largely uncharted territory, particularly in the Eastern Andes, where the mountains fall away towards the Amazon. Twenty-five years ago, Hugh Thomson set off into the cloud-forest on foot to find a ruin that had been carelessly lost again after its initial discovery. Into his history of the Inca Empire he weaves the story of his adventures as he travelled to the most remote Inca cities. It is also the story of the great explorers in whose footsteps he followed, such as Hiram Bingham and Gene Savoy.

This is the most up-to-date book on visiting Machu Picchu, Cusco, and the Sacred Valley available, period. VIVA is the one guide you'll need to get the most out of your trip to Machu Picchu and the Inca empire. Written by Cusco experts, in this book you can: Explore Machu Picchu using the self-guided tour and color map. Go beyond sightseeing and truly understand the ruins and Inca culture. Trek the Inca Trail or one of the many Inca Trail alternatives while having a minimal impact on the environment. Immerse yourself in Cusco life by using the extensive information on studying Spanish, volunteering, working and living. Taste local Peruvian cuisine in world famous restaurants, or track down cheap, good eats while live Andean music fills the streets. Find all the nuts and bolts you need to navigate your way from the streets of Lima to the gates of Machu Picchu. Stay safe with the most up-to-date guide available, continuously updated by the VIVA community on the [www.vivatravelguides.com](http://www.vivatravelguides.com) website.

The Inca Trail from Cuzco to Machu Picchu is South America's most popular hike. This guide includes 20 detailed trail maps, plans of eight Inca sites, plus guides to Cuzco and Machu Picchu.

Please note: This is a companion version & not the original book. Sample Book Insights: #1 John Leivers, a guide in Cusco, had been recommended to me. He had started coming to Cusco twenty years ago when he was working as an extreme-trip leader, driving fearless globe-trotters across four continents in an open-back truck. He had seen interest in serious adventure dwindle. People wanted hotels, cafés, and the Internet. #2 Hiram Bingham III was the explorer who discovered Machu Picchu. He was a Yale University history lecturer who happened to be passing through Cusco in 1909 when he learned of a four-hundred-year-old unsolved mystery. He thought the experts were wrong, and he scoured obscure texts and maps for clues to its location. #3 I wanted to retrace Bingham's route through the Andes on the way to discovering Machu Picchu. #4 The Inca Trail is a popular trek in Peru that leads to Machu Picchu. It is not very far, but it is a bit steep. It is a must-do if you want to get a sense of Peru's natural beauty.

Beyond Machu Picchu is the second book in the Beyond Series about Skyler's raucous adventures in Peru. From partying in Cusco to his mystical, ayahuasca journey in the Sacred Valley, Skyler is griev-

ing from the death of a girlfriend and finds relief through drinking, smoking and snorting with his best friend Josh. He wants to escape his problems via a great trip of discovery to Machu Picchu and commune with his dead girlfriend while on ayahuasca. He is trapped in his habits of casual drug use and binging that keeps him from confronting his problems, finding peace and reaching his potential. He wants to turn Indigo into his girlfriend, but doesn't think he can while traveling. He finds revelation in ayahuasca and gives up travel to be with his new girlfriend Indigo.

Discover this fascinating South American country with the most incisive and entertaining guidebook on the market. Whether you plan to go wildlife-spotting in the jungle, explore lofty Inca citadels or indulge in a pisco sour (or three), The Rough Guide to Peru will show you the ideal places to sleep, eat, drink, shop and visit along the way. Independent, trusted reviews written with Rough Guides' trademark blend of humour, honesty and insight, to help you get the most out of your visit, with options to suit every budget. Full-colour chapter maps throughout - to navigate the colonial heart of Lima or wander the ancient streets of Cusco without needing to get online. Stunning images - a rich collection of inspiring colour photography. Things not to miss - Rough Guides' rundown of the best sights and experiences in Peru. Itineraries - carefully planned routes to help you organize your trip. Detailed coverage - this travel guide has in-depth practical advice for every step of the way. Areas covered include: Lima; Trujillo; Cusco; the Sacred Valley; the Peruvian Amazon; Tarma and the Central Sierra; Arequipa and Lake Titicaca; Nazca; Huaraz and the cordilleras; the south and Ancash coasts. Attractions include: Machu Picchu and the Inca Trail; the Nazca Lines; Huascarán National Park; Kuélap; the Ballestas Islands; Reserva Nacional Paracas; Sacsay huaman; Pisac market; the Valley of the Pyramids. Basics - essential pre-departure practical information including getting there, local transport, accommodation, food and drink, festivals and events, sports and outdoor activities, costs and more. Background information - a Contexts chapter devoted to history, wildlife and literature, plus a language section. Make the Most of Your Time on Earth with The Rough Guide to Peru. About Rough Guides: Escape the everyday with Rough Guides. We are a leading travel publisher known for our "tell it like it is" attitude, up-to-date content and great writing. Since 1982, we've published books covering more than 120 destinations around the globe, with an ever-growing series of ebooks, a range of beautiful, inspirational reference titles, and an award-winning website. We pride ourselves

on our accurate, honest and informed travel guides.

For a limited time, receive a free Fodor's Guide to Safe and Healthy Travel e-book with the purchase of this guidebook! Go to [fodors.com](http://fodors.com) for details. Written by locals, Fodor's Essential Peru is the perfect guidebook for those looking for insider tips to make the most out their visit to Lima, Machu Picchu, Cusco and beyond. Complete with detailed maps and concise descriptions, this Peru travel guide will help you plan your trip with ease. Join Fodor's in exploring one of the most exciting countries in South America. Machu Picchu, the Sacred Valley of the Inca, and the Nazca Lines are among the most-visited and awe-inspiring archaeological sites in the world. Bursting with beautiful full-color photos, Fodor's Peru provides expert insider advice on everything from the best guides to the Inca Trail to how to experience native cultures on Lake Titicaca. Fodor's Essential Peru includes: •EXPANDED AND UP-TO-DATE COVERAGE: Special emphasis has been placed on trending Lima's dining scene and alternate Inca Trail-type hiking routes. Focused coverage on Peru's essential, must-see destinations includes new restaurants and hotels. •DETAILED COLOR MAPS: Full-size, easy-to-use maps throughout will help you plan efficiently and get around confidently. •ITINERARIES AND TOP RECOMMENDATIONS: Sample itineraries will help you plan and make the most of your time. We include tips on where to eat, stay, and shop as well as information about museums, trails, and nightlife. "Fodor's Choice" designates our best picks in every category. •GORGEOUS PHOTOS AND ILLUSTRATED FEATURES: Beautifully illustrated, in-depth coverage of Machu Picchu, the Inca Trail, and the Nazca Lines with maps, history, and practical tips. Other features cover Peru's history and ancient sites, the Amazon jungle, the Cordillera Blanca, Peruvian food, and more. •INDISPENSABLE TRIP PLANNING TOOLS: Includes a "Need to Know" feature offering top-line planning information about the country as a whole, "Top Attractions," "Great Itineraries," packing advice, frequently asked questions, extensive information on trusted tour operators, regional overviews, and transportation information for getting around by car, bus, and train. •COVERS: Machu Picchu, Inca Trail, Cusco, Sacred Valley, Lake Titicaca, Lima, Nazca, Amazon, Cordillera Blanca, and much more. ABOUT FODOR'S AUTHORS: Each Fodor's Travel Guide is researched and written by local experts. Fodor's has been offering expert advice for all tastes and budgets for over 80 years. Planning on visiting other destinations in South America? Check out Fodor's Essential Chile and Fodor's Essential Argentina.