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The Gift Of Being Yourself Paperback – Sept. 24 2015 by PhD Benner, David G. (Author), M. Basil Pennington (Author) 4.7 out of 5 stars 492 ratings Book 2 of 3 in the Spiritual Journey Series

The Gift of Being Yourself - InterVarsity Press

Give Yourself the Gift of Compassion. Explore three practices to open your heart, appreciate your community, and find ways to serve the moment this holiday season. ... This holiday season, we're all being asked to take on just a little bit more as we attempt to celebrate and connect during a pandemic. The good news is that we all have within ...

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David G. Benner's The Gift of Being Yourself and ...

The Gift of Being Yourself: The Sacred Call to Self ...

The Gift of Being Yourself reads like a psychoanalysis of various people, including some in the Bible, infused with mystical and Perennial philosophy. Although Benner uses Christian terms and writes of Jesus, and though some statements appear sound, there is enough to raise serious questions about what Benner is teaching.

This is that kind of book., Wise, compassionate and accessible, David Benner's The Gift of Being Yourself is truly a gift to the dedicated seeker. The author draws on his professional experience as a psychologist and his own lifelong vocation as a Christian.

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Award of Merit in the Personal Growth/Individual Category of The Word Guild 2005 Canadian Christian Writing Awards!...

Review: "The Gift of Being Yourself" by David G. Benner ...

Freeing you from illusions about yourself, Benner shows that self-understanding leads to the fulfillment of your God-given destiny and vocation. Rest assured, you need not try to be someone you are not. But you will deepen your experience of God through discovering the gift of being yourself.

"The Gift of Being Yourself" is an exceptional investigation of the subject of self-identity. The author, David Benner, is able to masterfully bridge the Biblical paradox of death-to-self and self-discovery. He writes, "For if we find our true self we find God, and if we find God, we find our most authentic self."

Playboy is looking to close the orgasm gap with their new line of CBD sexual wellness products. Sadly, women don't orgasm as much as men do for various reasons. According to the Minority Sex ... The Gift of Being Yourself gets beneath the crust of ego and past persona and behind image to the truth of you. Here is a pathway to discover and receive the beloved unrepeatable self that God designed you to be."

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