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Dr. Shefali Tsabary: Conscious Parenting: Transforming Ourselves, Empowering Our Children

The Conscious Parent: Transforming Ourselves, Empowering Our Children Paperback - Nov 11 2010 by Shefali Tsabary (Author)

The Conscious Parent - Dr. Shefali

Instead of being merely the receiver of the parents psychological and spiritual legacy, children function as ushers of the parents development. Parents unwittingly pass on an inheritance of psychological pain and emotional shallowness. To handle... Details of The Conscious Parent: Transforming Ourselves, Empowering Our Children.

The Conscious Parent: Transforming Ourselves, Empowering Our Children by Shefali Tsabary, PHD. The Oprah-acclaimed parenting book that will change the way you raise your children.

The Conscious Parent: Transforming Ourselves, Empowering Our Children. It's a tremendous privilege to raise children, though for a quite different reason than most of us who are parents imagine. While we think it's our responsibility to mold and shape our children's future, the essential premise of Dr.

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There was so very much in The Conscious Parent: Transforming Ourselves, Empowering Our Children by Shefali Tsabary that resonated with me. It is not a how-to book of parenting strategies but a philosophical guide for walking the parenting journey with mindfulness.

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The Conscious Parent Quotes by Shefali Tsabary

The Conscious Parent : Transforming Ourselves, Empowering Our Children by Shefali Tsabary Overview - Itas a tremendous privilege to raise children, though for a quite different reason than most of us who are parents imagine.

— Shefali Tsabary, The Conscious Parent: Transforming Ourselves, Empowering Our Children “The more we hone this ability to meet life in a neutral state, without attributing “goodness” or “badness” to what we are encountering, but simply accepting its as-is-ness, the less our need to interpret every dynamic as if it were about us.

The Conscious Parent recognizes a child's potential to spark deep soul-searching, leading to a transformation of the parents. Instead of being merely the receiver of their family's psychological and spiritual legacy, children function as a catalyst so their parents

can complete the growing up that was left unfinished from their own childhood.

The Conscious Parent : Transforming Ourselves, Empowering ...

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The Conscious Parent: Transforming Ourselves, Empowering Our Children Instead of being merely the receiver of the parents' psychological and spiritual legacy, children

As they become 'conscious' in their parenting, so parents can transform their relationship with their offspring and raise happy, well-adjusted children. The Conscious Parent is already transforming the way people are parenting through its sales in the US where it's spent 15 weeks on the New York Times bestseller list.

Dr. Shefali speaks to the importance of conscious parenting at the Idaho Coalition Against Sexual & Domestic Violence's annual convening, Compassionate Communities, on October 28th, 2014 in Boise ...

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