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The Complete Beginner's Guide to Fermenting Foods at Home

Isness Web Series - Sandor Ellix Katz - The Art Of Fermentation *The Art Of Fermentation An* Winner of the James Beard Foundation Book Award for Reference and Scholarship, and a New York Times bestseller, with more than a quarter million copies sold, The Art of Fermentation is the most comprehensive guide to do-it-yourself home fermentation ever published. Sandor Katz presents the concepts and processes behind fermentation in ways that are simple enough to guide a reader through their first experience making sauerkraut or yogurt, and in-depth enough to provide greater understanding ...

The Art of Fermentation: International New York Times ...

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The Art of Fermentation - Irish Seed Savers Association

The Art of Fermentation, which is essentially a cookbook, was a New York Times bestseller! In addition to this prestigious accolade, it also won the 2013 James Beard Foundation Book Award. The reason for this is not only the depth of analysis the author goes into - it is also his writing style.

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Just to give you an idea, Art of Fermentation also covers all of the following: kombucha, sauerkraut, tempeh, miso, wine, beer, sake, hominy, coffee, cheese, salami, cod liver oil, brined mushrooms, kimchee, cider, fermented urine as garden fertilizer, sourdough breads, koji, and 100 year eggs. That's only a sampling.

Book review: The Art of Fermentation | Stacking Functions ...

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