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Tamilee Webb (born September 28, 1958) is a fitness guru who is best known for her work on the Buns of Steel and Abs of Steel series of videos of the late 1980s and 1990s. They were heavily promoted by infomercial and made over \$10 million in video sales.

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Tamilee Webb, Director: Absolute Beginner's Kettlebells. Tamilee was born and grew up in Rio Dell, California. She and her brothers grew up on a ranch that had horses, cows, pigs and chickens. Instead of playing with dolls like little girls do, Tamilee kept herself busy in sports and sang in talent shows.

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