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Slow Cooking for Yourself: The perfect slow cooker recipe book: Restaurant Quality Food-ready When You Walk Through Your Door by Catherine Atkinson. Paperback. Very Good. ...

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The book does what it purports to do, get you started on slow cooking for one. Yes, some of the ingredients must be cooked

first, e.g. Onions, but then they are put into the slow cooker. Also many of these reckless cook for only a couple of hours so planning is important.

Once the meat is seared on both sides, set the slow cooker to the time and temperature specified in your recipe. If your slow cooker doesn't have a timer, set one on your phone or use a kitchen timer. While the meat is cooking, you can add extra ingredients, such as broth or chopped vegetables, if you like. For more tips, including how to cook cubed beef in a slow cooker, keep reading!

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Slow-cooking meat is a popular and convenient way of cooking cheaper cuts. It guarantees melt-in-the-mouth meat and dishes with superb depth of flavour every time. Here are our tips for slow-cooking beef including advice on the best cuts to use.

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by Sarah Cook. This vegetable risotto is gently cooked to perfection in the slow cooker, before being topped with Parmesan, fennel fronds and lemon zest.

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While most slow-cooker recipes take 6-8 hours, the preparation time is short (you can just roughly chop your ingredients and pop it in). Give yourself an extra 15 minutes in the morning to prep, switch on just before you leave the house, then serve up as soon as you're home. Get the kids involved

All the information you need from a slow cooker cookbook. Slow Cooking for Yourself is packed with slow cooker recipes that will appeal to everyone including Winter Lentil Soup, Minestrone, Leek and Potato Soup, Fish Pie, Kedgeree, Tuna Pasta Bake, Boeuf Bourguignon, Steak and Kidney Casserole, Pot Roast Chicken, Meatballs in Tomato Sauce, Chilli Con Carne, Lasagne, Irish Stew, Hot Pot, Chicken Supreme, Chicken Curry and loads of great vegetarian recipes using beans and lentils.

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Easy Slow Cooker Dinner Recipes For A Single Guy

Turkey slow cooker casserole; Chicken cacciatore in the slow

cooker; Fragrant lemon chicken; German lentil soup; Molly's chicken; Chouriço with red wine and peppers; Pulled pork sandwiches; Slow cooker chilli con carne; Slow cooker honey ginger chicken thighs

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Slow cooking makes the meat so tender and gives it a real depth of flavour 6 hrs and 20 mins . Easy . Slow cooker paella. 9 ratings 3.4 out of 5 star rating. Make our version of paella in a slow cooker with smoky chorizo, chicken and prawns. Serve with crusty bread and a glass of white wine

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saucing Jaffa pudding 4. Tangy onion chutney 5. Rich paprika seafood bowl 6. Turkish lamb pilau 7. Sweetcorn & smoked haddock chowder 8. Better-than-baked beans 9.

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