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If you are serious about wanting more money at the end of the month, you should try the first month for free. You should save at least \$250 alone that first month. Just go [HERE](#). 6. Make a list of your price points on grocery items. My list has a good, better, and best price listed so I know where a sale price actually falls.

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You can save money, expand your cooking repertoire and lighten your environmental footprint by opting to eat vegetarian or vegan once a week-or more often. Russet potatoes cost a mere \$0.99 per pound and are easy to stuff or roast, while a 16-ounce block of firm tofu comes in at around \$2.

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