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Simplify Life With Kids. 16 chapters of easy to implement routines, rhythms and schedules from birth through school-aged kids to help you streamline day-to-day life with kids. SECTION 1: SAMPLE SCHEDULES
6 weeks to 3 months old 3-6 months old 7-9 months old 9-12 months old 12-18 months old 18-24 months old 2-3 years old 4-5 years old SECTION 2: TIPS AND TRICKS
Tips for managing the day with multip.

Rhythms, Routines and Schedules Book

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Rhythms, Routines & Schedules: 30+ Printable Routines

Schedules, routines, and rhythms are so empowering to our family that I'm passionate about sharing our success in order to help others. It is my hope that through this book, you will find a rhythm that works well for your family, simplifies your life, and brings more freedom and predictability to your parenting journey than you ever imagined.

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