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Preview. Asian Healing Traditions in Counseling and Psychotherapy explores the various healing approaches and practices in the East and bridges them with those in the West to show counselors how to provide culturally sensitive services to distinct populations. Editors Roy Moodley, Ted Lo, and Na Zhu bring together leading scholars across Asia to demystify and critically analyze traditional Far East Asian healing practices—such as Chinese Taoist Healing practices, Morita Therapy, Naikan ...

Counseling vs. Psychotherapy: Similarities and Differences
Asian Americans – ResearchNet

This book is a practical and comprehensive guide for clinicians, trainees, and students interested in developing their skills in providing psychotherapy and counseling to Asian American clients. The authors offer a cultural and social environmental framework, which helps mental health professionals conceptualize issues facing Asian American clients as well as strategies for addressing clinical concerns.

Asia Pacific Journal of Counselling and Psychotherapy: Vol. ...

Authors George Hong and MaryAnna Domokos-Cheng Ham draw on their practical experience as clinicians and answer these questions in their book Psychotherapy and Counseling with Asian American Clients. There are relatively few publications that systematically describe culturally syntonic clinical practices developed by practitioners working with Asian Americans.

Asian Perspectives in Counselling and Psychotherapy ...

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The second section, on counseling and psychotherapy, is divided into three subsections: (a) client variables, (b) therapist variables, and (c) counseling process and outcome. The subsection on...

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Psychotherapy and Counseling With Asian American Clients ...

Psychotherapeutic counselling. As its name suggests, psychotherapeutic counselling is a type of counselling that draws from theories and approaches used in psychotherapy. The emphasis is on the therapeutic relationship between the counsellor and the client. This differentiates it from most other types of counselling.

Asian Americans are likely to find difficulty with the Western model of counseling and psychotherapy, which is filled with ambiguity by design and typically conducted as an unstructured process. For Asian Americans who tend to be less tolerant of ambiguity, the mismatch with insight-oriented psychotherapy may account for the early termination and the underutilization rates that exist.

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