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77FH6B - RIYA JACOB

'Megan Abbott at her very best. Cool, crisp, chilling.' Paula Hawkins, author of *The Girl on the Train* Kit has risen to the top of her profession. She's on the brink of achieving everything she wanted, but someone is standing in her way - Diane. Diane made Kit who she is today, lit the ambition that's driven her - and now she knows something that could burn Kit's world to the ground. But Diane has a secret of her own, and Kit hasn't forgotten. She remembers the worst thing Diane ever did, and how it blew their friendship apart. Diane is beginning to think that Kit is just like her. Maybe she's right. *Ambition: It's in the blood . . . Give Me Your Hand* is a blistering thriller from Megan Abbott.

"I've lost my mum!"It's

not too much fun being lost in the jungle, and little monkey wants his mummy. Kindly butterfly is keen to help, but they don't seem to be having much luck as the well-meaning butterfly misunderstands monkey's descriptions and leads him to all sorts of unsuitable animals! But eventually, they find ... Dad! It's just as well that he knows exactly where mum is, and she's waiting with a well-deserved cuddle. *Monkey Puzzle* is a clever, funny and charming tale from the unparalleled picture-book partnership of Julia Donaldson and Axel Scheffler, creators of *The Gruffalo*. This edition features the classic story with a stunning, redesigned cover and beautiful finish, making it a must-have addition to the bookshelves of all Donaldson and Scheffler fans - big

and small!Also available with redesigned covers are *The Gruffalo*, *The Gruffalo's Child*, *Room on the Broom*, *The Snail and the Whale*, *The Smartest Giant in Town*, *Charlie Cook's Favourite Book*, and *A Squash and a Squeeze*.

In spite of the abundance of PDF readers and editors available, perhaps you want to know the fundamentals of the PDF standard without reading thousands of pages. *PDF Succinctly* is your primer for understanding the components of PDFs, how text and graphics are added to them, and how the final PDF is compiled. This e-book also includes an introduction to *iTextSharp*, a C# library that provides an object-oriented wrapper for native PDF elements. With the basic information about the Portable Document For-

mat contained in this book, it will be much easier for you to streamline the creation of PDF documents.

Imagine a workplace where people are energized and motivated by being in control of the work they do. Imagine they are trusted and given freedom, within clear guidelines, to decide how to achieve their results. Imagine they are able to get the life balance they want. Imagine they are valued according to the work they do, rather than the number of hours they spend at their desk. Wouldn't you want to work there? Wouldn't it also be the place that would enable you to work at your best and most productive? *The Happy Manifesto* is a guide to anyone wanting to improve their workplace. Learn how you too could change your work environment for the better.

A comprehensive and rigorous introduction for graduate students and researchers, with applications in sequential decision-making problems.

"The Strange Case of Dr. Jekyll and Mr. Hyde" Stevenson's famous exploration of humanity's basest capacity for evil, has become synonymous with

the idea of a split personality. More than a moral tale, this dark psychological fantasy is also a product of its time, drawing on contemporary theories of class, evolution, criminality, and secret lives. Also in this volume are "The Body Snatcher," which charts the murky underside of Victorian medical practice, and "Olalla," a tale of vampirism and "The Beast Within" which features a beautiful woman at its center.

This book is intended for use by customers using Google Classic Analytics and does not cover the newer Google Universal Analytics or related Google Tag Manager. Google Analytics is the free tool used by millions of web site owners to assess the effectiveness of their efforts. Its revised interface and new features will offer even more ways to increase the value of your web site, and this book will teach you how to use each one to best advantage. Featuring new content based on reader and client requests, the book helps you implement new methods and concepts, track social and mobile visitors, use the new multichannel funnel reporting features, understand which filters to use, and much more. Gets you up

and running with all the new tools in the revamped Google Analytics, and includes content requested by readers and users especially for new GA users Covers social media analytics features, advanced segmentation displays, multi-dashboard configurations, and using Top 20 reports Provides a detailed best-practices implementation guide covering advanced topics, such as how to set up GA to track dynamic web pages, banners, outgoing links, and contact forms Includes case studies and demonstrates how to optimize pay-per-click accounts, integrate AdSense, work with new reports and reporting tools, use ad version testing, and more Make your web site a more effective business tool with the detailed information and advice about Google Analytics in *Advanced Web Metrics with Google Analytics, 3rd Edition*.

The authors of the international bestseller *Business Model Generation* explain how to create value propositions customers can't resist Value Proposition Design helps you tackle the core challenge of every business — creating compelling products and services customers want to buy. This highly practical

book, paired with its on-line companion, will teach you the processes and tools you need to create products that sell. Using the same stunning visual format as the authors' global bestseller, *Business Model Generation*, this sequel explains how to use the "Value Proposition Canvas" to design, test, create, and manage products and services customers actually want. *Value Proposition Design* is for anyone who has been frustrated by new product meetings based on hunches and intuitions; it's for anyone who has watched an expensive new product launch fail in the market. The book will help you understand the patterns of great value propositions, get closer to customers, and avoid wasting time with ideas that won't work. You'll learn the simple process of designing and testing value propositions, that perfectly match customers' needs and desires. In addition the book gives you exclusive access to an online companion on Strategyzer.com. You will be able to assess your work, learn from peers, and download pdfs, checklists, and more. *Value Proposition Design* is an essential companion to the "Business Model Canvas" from

Business Model Generation, a tool embraced globally by startups and large corporations such as MasterCard, 3M, Coca Cola, GE, Fujitsu, LEGO, Colgate-Palmolive, and many more. *Value Proposition Design* gives you a proven methodology for success, with value propositions that sell, embedded in profitable business models."

An Introduction to Statistical Learning provides an accessible overview of the field of statistical learning, an essential toolset for making sense of the vast and complex data sets that have emerged in fields ranging from biology to finance to marketing to astrophysics in the past twenty years. This book presents some of the most important modeling and prediction techniques, along with relevant applications. Topics include linear regression, classification, resampling methods, shrinkage approaches, tree-based methods, support vector machines, clustering, and more. Color graphics and real-world examples are used to illustrate the methods presented. Since the goal of this textbook is to facilitate the use of these statistical learning techniques by practitioners in

science, industry, and other fields, each chapter contains a tutorial on implementing the analyses and methods presented in R, an extremely popular open source statistical software platform. Two of the authors co-wrote *The Elements of Statistical Learning* (Hastie, Tibshirani and Friedman, 2nd edition 2009), a popular reference book for statistics and machine learning researchers. *An Introduction to Statistical Learning* covers many of the same topics, but at a level accessible to a much broader audience. This book is targeted at statisticians and non-statisticians alike who wish to use cutting-edge statistical learning techniques to analyze their data. The text assumes only a previous course in linear regression and no knowledge of matrix algebra.

- More than 500 appearances on national best-seller lists
- #1 Wall Street Journal, New York Times, and USA Today
- Won 12 book awards
- Translated into 35 languages
- Voted Top 100 Business Book of All Time on Goodreads

People are using this simple, powerful concept to focus on what matters most in their personal and work lives. Companies are help-

ing their employees be more productive with study groups, training, and coaching. Sales teams are boosting sales. Churches are conducting classes and recommending for their members. By focusing their energy on one thing at a time people are living more rewarding lives by building their careers, strengthening their finances, losing weight and getting in shape, deepening their faith, and nurturing stronger marriages and personal relationships. YOU WANT LESS. You want fewer distractions and less on your plate. The daily barrage of e-mails, texts, tweets, messages, and meetings distract you and stress you out. The simultaneous demands of work and family are taking a toll. And what's the cost? Second-rate work, missed deadlines, smaller paychecks, fewer promotions--and lots of stress. AND YOU WANT MORE. You want more productivity from your work. More income for a better lifestyle. You want more satisfaction from life, and more time for yourself, your family, and your friends. NOW YOU CAN HAVE BOTH — LESS AND MORE. In *The ONE Thing*, you'll learn to * cut through the clutter * achieve better re-

sults in less time * build momentum toward your goal* dial down the stress * overcome that overwhelmed feeling * revive your energy * stay on track * master what matters to you *The ONE Thing* delivers extraordinary results in every area of your life--work, personal, family, and spiritual. WHAT'S YOUR ONE THING?

An introduction to a broad range of topics in deep learning, covering mathematical and conceptual background, deep learning techniques used in industry, and research perspectives. "Written by three experts in the field, *Deep Learning* is the only comprehensive book on the subject." —Elon Musk, cochair of OpenAI; cofounder and CEO of Tesla and SpaceX *Deep learning* is a form of machine learning that enables computers to learn from experience and understand the world in terms of a hierarchy of concepts. Because the computer gathers knowledge from experience, there is no need for a human computer operator to formally specify all the knowledge that the computer needs. The hierarchy of concepts allows the computer to learn complicated concepts by building them out of simpler ones; a

graph of these hierarchies would be many layers deep. This book introduces a broad range of topics in deep learning. The text offers mathematical and conceptual background, covering relevant concepts in linear algebra, probability theory and information theory, numerical computation, and machine learning. It describes deep learning techniques used by practitioners in industry, including deep feedforward networks, regularization, optimization algorithms, convolutional networks, sequence modeling, and practical methodology; and it surveys such applications as natural language processing, speech recognition, computer vision, online recommendation systems, bioinformatics, and videogames. Finally, the book offers research perspectives, covering such theoretical topics as linear factor models, autoencoders, representation learning, structured probabilistic models, Monte Carlo methods, the partition function, approximate inference, and deep generative models. *Deep Learning* can be used by undergraduate or graduate students planning careers in either industry or research, and by software engineers who

want to begin using deep learning in their products or platforms. A website offers supplementary material for both readers and instructors.

Shows readers how to create PDF documents that are far more powerful than simple representations of paper pages, helps them get around common PDF issues, and introduces them to tools that will allow them to manage content in PDF, navigating it and reusing it as necessary. Original. (Intermediate).

This book, which presents the teachings of the non-physical entity Abraham, will help you learn how to manifest your desires so that you're living the joyous and fulfilling life you deserve. You'll come to understand how your relationships, health issues, finances, career concerns, and more are influenced by the Universal laws that govern your time-space-reality and you'll discover powerful processes that will help you go with the positive flow of life.--From publisher description.

Alice in Wonderland (also known as Alice's Adventures in Wonderland), from 1865, is the peculiar and imaginative tale of a girl who falls down a rabbit-hole into a bizarre

world of eccentric and unusual creatures. Lewis Carroll's prominent example of the genre of "literary nonsense" has endured in popularity with its clever way of playing with logic and a narrative structure that has influence generations of fiction writing.

In This 88-page edition: ANCIENT MYSTERIES SEEKING THE "LOST" EQUATOR Ice-Age-Era Artifact of a Destroyed Civilization? BY JONATHON A. PERRIN THE PARANORMAL TUNNELING THROUGH TIME Could Visitors from the Past & the Future Be Here After All? BY MARTIN RUGGLES THE UNEXPLAINED VANISHING ACTS Tracking the Strange Disappearances of People & Animals Worldwide BY WILLIAM B. STOECKER UFOs U.S. FORCES VS. UFOS BEFORE ROSWELL Could Forgotten Accounts, Force a Look at Evidence Once Considered Taboo? BY FRANK JOSEPH THE UNEXPLAINED GIANTS IN THE PAPERS Lost Details of the Senora Skeleton Finds BY JAMES VIERA & HUGH NEWMAN CONSCIOUSNESS CHURCH ENERGY What Mystic Science Were the Builders Practicing? BY CHARLES SHAHAR THE OTHER SIDE "THE WAY" OF ST. JAMES Was It Sacred, or a Cover for the Profane? BY STEVEN SORA

ANCIENT WISDOM QUEST FOR A GOLDEN AGE Have We Been Here Before? BY GEOFFREY ASHE THE OTHER SIDE THE DIMENSIONS OF INSPIRATION The Strange Case of Victor Hugo Yet Unsolved BY JOHN CHAMBERS ALTERNATIVE SCIENCE REALITY Fundamentally Speaking-What Is It Anyway? BY ROBERT M. SCHOCH, Ph.D. THE FORBIDDEN ARCHAEOLOGIST FORBIDDEN ARCHAEOLOGY AND CONSCIOUSNESS BY MICHAEL A. CREMO ASTROLOGY SNOW WHITE, THE GOBLIN, FAROUT And Other Denizens of the Outer Solar System BY JULIE LOAR PUBLISHER'S LETTER THE SUN' A CRYSTAL IN THE MAKING? BY J. DOUGLAS KENYON

More than two million medical students, doctors and other health professionals around the globe have owned a copy of Davidson's Principles and Practice of Medicine since it was first published. Now in its 23rd Edition, this textbook describes the pathophysiology and clinical features of the most frequently encountered conditions in the major specialties of adult medicine and explains how to recognise, investigate, diagnose and manage them. Taking its origins from Sir Stanley

Davidson's much-admired lecture notes, Davidson's has endured because it keeps pace with how modern medicine is taught and provides a wealth of information in an easy-to-read, concise and beautifully illustrated format. This book will serve readers everywhere as a core text that integrates medical science with clinical medicine, conveying key knowledge and practical advice in a highly accessible and readable format. The opening section describes the fundamentals of genetics, immunology, infectious diseases and population health, and discusses the core principles of clinical decision-making and good prescribing. A new second section on emergency and critical care medicine encompasses poisoning, envenomation and environmental medicine, and introduces a new chapter on acute medicine and critical illness. The third section covers the major medical specialties, each thoroughly revised and brought fully up to date. Two new chapters on maternal and adolescent/transition medicine complement the one on ageing and disease. A new chapter on medical ophthalmology has been included. Clinical Examination

overviews summarise the main elements for each system and now feature in the biochemistry, nutrition and dermatology chapters. Presenting Problems sections provide a clear pathway for the assessment of and approach to the most common complaints in each specialty. Practice Point summaries detail the practical skills that medical students and junior doctors must acquire. Emergency boxes emphasise the core knowledge needed to manage acutely ill patients. In Old Age, In Pregnancy and In Adolescence boxes highlight differences in the practice of medicine in these patient groups, and illustrate the interfaces between medical, obstetric and paediatric services. The text is extensively illustrated, with over 1000 diagrams, clinical photographs, and radiology and pathology images. The global perspective is enhanced by an International Advisory Board of experts from 17 countries, and by authors from around the world.

Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending

against ultimate control – from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed “beguiling” and “fascinating,” Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence (“Law 1: Never Outshine the Master”), others teach the value of confidence (“Law 28: Enter Action with Boldness”), and many recommend absolute self-preservation (“Law 15: Crush Your Enemy Totally”). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

Kissinger Center for Global Affairs, Johns Hopkins University Press is pleased to donate funds to the Maryland Food Bank, in support of the university's food distribution efforts in East Baltimore during this period of food

insecurity due to COVID-19 pandemic hardships.

This publication sets out the statutory requirements for signing, lighting, and guarding at street works and road works. This is the core reference manual for utility companies, local authorities, street work contractors and others whose day-to-day business involves street works (works by statutory undertakers and other utility companies etc) and road works (works to maintain or repair road infrastructure). The code, which covers all of the UK and includes national variations, is now compulsory for highway/road authorities in England, Wales and Northern Ireland. It applies to all single carriageway roads and dual carriageways with a speed limit of 40 mph or less. The code is now divided into three parts: Basic Principles, Operations, and Equipment and Vehicles; site layout diagrams have been redrawn to make them easier to understand. There is: increased emphasis on using risk assessment and guidance on what to consider in such assessments; strengthened guidance on providing for pedestrians and cyclists and new guidance

on traffic control measures related to road closures, one-way working and temporary road obstructions; enhanced advice on other traffic control measures including works near tramways and railways, and mobile/short duration works; and updated advice on high visibility clothing and the signing and conspicuity requirements for work vehicles. Effective from 1 October 2014 when it will supersede the 2001 edition (ISBN 9780115519581).

Check out the UGC NET Educational Studies Practice Set PDF that gives you a variety of questions from UGC NET educational studies. Get expert advice for practice set

"Nineteen Eighty-Four: A Novel", often published as "1984", is a dystopian social science fiction novel by English novelist George Orwell. It was published on 8 June 1949 by Secker & Warburg as Orwell's ninth and final book completed in his lifetime. Thematically, "Nineteen Eighty-Four" centres on the consequences of totalitarianism, mass surveillance, and repressive regimentation of persons and behaviours within society. Orwell, himself a democratic socialist, modelled the authoritarian govern-

ment in the novel after Stalinist Russia. More broadly, the novel examines the role of truth and facts within politics and the ways in which they are manipulated. The story takes place in an imagined future, the year 1984, when much of the world has fallen victim to perpetual war, omnipresent government surveillance, historical negationism, and propaganda. Great Britain, known as Airstrip One, has become a province of a totalitarian superstate named Oceania that is ruled by the Party who employ the Thought Police to persecute individuality and independent thinking. Big Brother, the leader of the Party, enjoys an intense cult of personality despite the fact that he may not even exist. The protagonist, Winston Smith, is a diligent and skillful rank-and-file worker and Outer Party member who secretly hates the Party and dreams of rebellion. He enters into a forbidden relationship with a colleague, Julia, and starts to remember what life was like before the Party came to power.

This manual shows what can be done with XML, while also teaching where the technology is headed. It includes topics like dis-

playing XML files in HTML files, performing queries in XSL and building an on-line store.

You've experienced the shiny, point-and-click surface of your Linux computer—now dive below and explore its depths with the power of the command line. The Linux Command Line takes you from your very first terminal keystrokes to writing full programs in Bash, the most popular Linux shell. Along the way you'll learn the timeless skills handed down by generations of gray-bearded, mouse-shunning gurus: file navigation, environment configuration, command chaining, pattern matching with regular expressions, and more. In addition to that practical knowledge, author William Shotts reveals the philosophy behind these tools and the rich heritage that your desktop Linux machine has inherited from Unix supercomputers of yore. As you make your way through the book's short, easily-digestible chapters, you'll learn how to:

- * Create and delete files, directories, and symlinks
- * Administer your system, including networking, package installation, and process management
- * Use standard input and output, redirection, and

pipelines

- * Edit files with Vi, the world's most popular text editor
- * Write shell scripts to automate common or boring tasks
- * Slice and dice text files with cut, paste, grep, patch, and sed

Once you overcome your initial "shell shock," you'll find that the command line is a natural and expressive way to communicate with your computer. Just don't be surprised if your mouse starts to gather dust. A featured resource in the Linux Foundation's "Evolution of a SysAdmin" Written by Denny Cherry, a Microsoft MVP for the SQL Server product, a Microsoft Certified Master for SQL Server 2008, and one of the biggest names in SQL Server today, Securing SQL Server, Second Edition explores the potential attack vectors someone can use to break into your SQL Server database as well as how to protect your database from these attacks. In this book, you will learn how to properly secure your database from both internal and external threats using best practices and specific tricks the author uses in his role as an independent consultant while working on some of the largest and most complex SQL Server installations in the world. This edition in-

cludes new chapters on Analysis Services, Reporting Services, and Storage Area Network Security. Presents hands-on techniques for protecting your SQL Server database from intrusion and attack. Provides the most in-depth coverage of all aspects of SQL Server database security, including a wealth of new material on Microsoft SQL Server 2012 (Denali). Explains how to set up your database securely, how to determine when someone tries to break in, what the intruder has accessed or damaged, and how to respond and mitigate damage if an intrusion occurs.

This is the Scala edition of Category Theory for Programmers by Bartosz Milewski. This book contains code snippets in both Haskell and Scala. What is the relationship between common-sense, or 'folk', psychology and contemporary scientific psychology? Are they in conflict with one another? Or do they perform quite different, though perhaps complementary, roles? George Botterill and Peter Carruthers discuss these questions, defending a robust form of realism about the commitments of folk psychology and about the prospects for integrating

those commitments into natural science. Their focus throughout the book is on the ways in which cognitive science presents a challenge to our common-sense self-image - arguing that our native conception of the mind will be enriched, but not overturned, by science. The *Philosophy of Psychology* is designed as a textbook for upper-level undergraduate and beginning graduate students in philosophy and cognitive science, but as a text that not only surveys but advances the debates on the topics discussed, it will also be of interest to researchers working in these areas.

Doing well with money isn't necessarily about what you know. It's about how you behave. And behavior is hard to teach, even to really smart people. Money—investing, personal finance, and business decisions—is typically taught as a math-based field, where data and formulas tell us exactly what to do. But in the real world people don't make financial decisions on a spreadsheet. They make them at the dinner table, or in a meeting room, where personal history, your own unique view of the world, ego, pride, marketing, and odd incentives are scrambled together. In *The Psy-*

chology of Money, award-winning author Morgan Housel shares 19 short stories exploring the strange ways people think about money and teaches you how to make better sense of one of life's most important topics.

At last, here's an approachable introduction to the widely used Portable Document Format. PDFs are everywhere, both online and in printed form, but few people take advantage of the useful features or grasp the nuances of this format. This concise book provides a hands-on tour of the world's leading page-description language for programmers, power users, and professionals in the search, electronic publishing, and printing industries. Illustrated with lots of examples, this book is the documentation you need to fully understand PDF. Build a simple PDF file from scratch in a text editor. Learn the layout and content of a PDF file, as well as the syntax of its objects. Examine the logical structure of PDF objects, and learn how pages and their resources are arranged into a document. Create vector graphics and raster images in PDF, and deal with transparency, color spaces, and patterns. Explore PDF

operators for building and showing text strings. Get up to speed on bookmarks, metadata, hyperlinks, annotations, and file attachments. Learn how encryption and document permissions work in PDF. Use the `pdftk` program to process PDF files from the command line.

GETTING RICH IS NOT JUST ABOUT LUCK; HAPPINESS IS NOT JUST A TRAIT WE ARE BORN WITH. These aspirations may seem out of reach, but building wealth and being happy are skills we can learn. So what are these skills, and how do we learn them? What are the principles that should guide our efforts? What does progress really look like? Naval Ravikant is an entrepreneur, philosopher, and investor who has captivated the world with his principles for building wealth and creating long-term happiness. The *Almanack of Naval Ravikant* is a collection of Naval's wisdom and experience from the last ten years, shared as a curation of his most insightful interviews and poignant reflections. This isn't a how-to book, or a step-by-step gimmick. Instead, through Naval's own words, you will learn how to walk your own unique path toward a hap-

pier, wealthier life.

Distills key concepts from linear algebra, geometry, matrices, calculus, optimization, probability and statistics that are used in machine learning.

This second Preview Edition ebook, now with 16 chapters, is about writing applications for Xamarin.Forms, the new mobile development platform for iOS, Android, and Windows phones unveiled by Xamarin in May 2014. Xamarin.Forms lets you write shared user-interface code in C# and XAML that maps to native controls on these three platforms.

The tenth-anniversary edition of the book that changed lives in profound ways, now with a new foreword and afterword. In 2006, a groundbreaking feature-length film revealed the great mystery of the universe—The Secret—and, later that year, Rhonda Byrne followed with a book that became a worldwide bestseller. Fragments of a Great Secret have been found in the oral traditions, in literature, in religions and philosophies throughout the centuries. For the first time, all the pieces of The Secret come together in an incredible revelation that will be life-transforming for all who experience

it. In this book, you'll learn how to use The Secret in every aspect of your life—money, health, relationships, happiness, and in every interaction you have in the world. You'll begin to understand the hidden, untapped power that's within you, and this revelation can bring joy to every aspect of your life. The Secret contains wisdom from modern-day teachers—men and women who have used it to achieve health, wealth, and happiness. By applying the knowledge of The Secret, they bring to light compelling stories of eradicating disease, acquiring massive wealth, overcoming obstacles, and achieving what many would regard as impossible.

The driving test reaches its 80th anniversary in 2015, and this commemorative edition of the Highway Code is a celebration of that milestone in British road safety. Updated for 2015, The Official Highway Code is essential reading for all road users in England, Scotland and Wales, providing all the latest rules of the road and traffic signs. All road users have a responsibility to keep their knowledge up-to-date, so make sure you do just that with the latest edition of this

handy reference guide. Every day, on average, five people are killed and 60 people are seriously injured on our roads. If we're to bring those figures down, it's vital that all road users - drivers, motorcyclists, cyclists, horse riders and pedestrians - are familiar with all the rules in The Official Highway Code. This 2015 edition includes the new drug-driving laws, HGV speed limit changes on single and dual carriageways in England and Wales, updated drink-driving limits in Scotland and general rule changes. The Highway Code is available in just about any format you can think of and is constantly updated to reflect changes in technology, understanding and the law. Please continue to read it - not just as a learner driver, but as a responsible lifelong road user - so we can keep Britain's roads among the safest in the world.

A few years ago, resiliency theory was relatively new to the fields of prevention and education. Today, it is at the heart of hundreds of school and community programs that recognize in all young people the capacity to lead healthy, successful lives. The key, as Benard reports in this synthesis of a

decade and more of resiliency research, is the role that families, schools, and communities play in supporting, and not undermining, this biological drive for normal human development. Of special interest is the evidence that resiliency prevails in most cases by far -- even in extreme situations,

such as those caused by poverty, troubled families, and violent neighborhoods. An understanding of this developmental wisdom and the supporting research, Benard argues, must be integrated into adults' vision for the youth they work with and communicated to young people themselves. Benard's analysis of how

best to incorporate research findings to support young people is both realistic and inspirational. It is an easy-to-read discussion of what the research has found along with descriptions of what application of the research looks like in our most successful efforts to support young people.