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A thought-provoking combination of practical parenting information and scientific analysis, Our Babies, Ourselves is the first book to explore why we raise our children the way we do—and to suggest that we reconsider our culture's traditional views on parenting. New parents are faced with innumerable decisions to make regarding the best way to care for their baby, and, naturally, they often turn for guidance to friends and family members who have already raised children.

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Our Babies, Ourselves: How Biology and Culture Shape the ...
It provides numerous data on how biology affects the parent-baby relationship as well as the baby's behavior and objectively presents how various cultures (including the United States') worldwide accommodate and/or neglect these biological factors and the impact that accommodation or neglect has on the parent/baby relationship. I got this book when my baby was 3 months old and for me it confirmed every instinct I had as a first-time mother who knew nothing of raising a child prior to having one.

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