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Florida Nutrition Training Guide is approximately a 50-hour training program. (over) 1. Refer to the WIC Procedure Manual (DHM 150-24) for complete information and policies regarding which staff members are required to complete the Florida Nutrition Training Guide before they are eligible to provide specific nutri-

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These materials challenge kids (ages 9 to 13) to look for and use the Nutrition Facts label on food and beverage packages. Materials include fun, easy tips and targeted education to help make label reading a key component through which today's young people are equipped to achieve a healthy diet.

their training and competition programs. It makes no sense to train hard if you ignore the benefits that follow from good food choices. Nutrition for Football is based on the conclusions of the FIFA/F-MARC Consensus Conference on Nutrition for Sport, held in Zurich in September 2005. We gratefully acknowledge the contribution of the

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