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Self-harm often arises at moments of despair or emotional intensity, and its reasons are not necessarily available to the conscious mind. Managing Self-Harm

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Managing Self-Harm: Psychological Perspectives. Edited by Anna Motz. Routledge. 2009. \u00a319.99 (pb). 248 pp. ISBN: 9781583917053 - Volume 197 Issue 3 - Jack Nathan

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