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XJ2XX8 - BAILEE MARSHALL

An up-close look at the education arms race of after-school learning, academic competitions, and the perceived failure of even our best schools to educate children Beyond soccer leagues, music camps, and drama lessons, today's youth are in an education arms race that begins in elementary school. In *Hyper Education*, Pawan Dhingra uncovers the growing world of high-achievement education and the after-school learning centers, spelling bees, and math competitions that it has spawned. It is a world where immigrant families vie with other Americans to be at the head of the class, putting in hours of studying and testing in order to gain a foothold in the supposed meritocracy of American public education. A world where enrichment centers, like Kumon, have seen 194 percent growth since 2002 and target children as young as three. Even families and teachers who avoid after-school academics are getting swept up. Drawing on over 100 in-depth interviews with teachers, tutors, principals, children, and parents, Dhingra delves into the why people participate in this phenomenon and examines how schools, families, and communities play their part. Moving past "Tiger Mom" stereotypes, he addresses why Asian American and white families practice what he calls "hyper education" and whether or not it makes sense. By taking a behind-the-scenes look at the Scripps National Spelling Bee, other national competitions, and learning centers, Dhingra shows why good schools, good grades, and good behavior are seen as not enough for high-achieving students and their parents and why the education arms race is likely to continue to expand.

"We have never seen teachers work harder than we do now. These tools inspire kids to work as hard as we are." -Kate Roberts and Maggie Beattie Roberts *What's DIY Literacy?* It's making your own visual teaching tools instead of buying them. It's using your teaching smarts to get the most from those tools. And it's helping kids think strategically so they can be DIY learners. "Teaching tools create an impact on students' learning," write Kate Roberts and Maggie Beattie Roberts. "They help students hold onto our teaching and become changed by the work in the classroom." Of course, you and your students need the right tools for the job, so first Kate and Maggie share four simple, visual tools that you can make. Then they show how to maximize your instructional know-how with suggestions for using the tools to: make your reading and writing strategies stick motivate students to reach for their next learning goal differentiate instruction simply and quickly. Kate and Maggie are like a friendly, handy neighbor. They offer experience-honed advice for using the four tools for assessment, small-group instruction, conferring, setting learning goals, and, most important, helping students learn to apply strategies and make progress without prompting from you. In other words, to do it themselves. "It is our greatest hope," write Kate and Maggie, "that the tools we offer here will help your students to work hard, to hold onto what they know, and to see themselves in the curriculum you teach." Try *DIY Literacy* and help your readers and writers take learning into their own hands.

With a cast of eccentrics that rivals "The Royal Tenenbaums", *ALONE IN THE COMPANY OF OTHERS* is about people and their treasured possessions, and the distinctive role that each of us plays as part of a group dynamic. The book questions where each of us essentially exists ' within the singular, the plural, or both.

An outer-borough boy moves to the foreign land of Manhattan and befriends Lou Reed, in a novel by the Emmy-winning actor and screenwriter: "A winner."—*Library Journal* Matthew is a sixteen-year-old living in Jackson Heights, Queens, in 1976. After he loses his two most important male role models, his father and grandfather, his mother uses her inheritance to uproot Matthew and herself to a posh apartment building in Manhattan. Although only three miles from his boyhood home, "the city" is a completely new and strange world. Soon, he befriends (and becomes a quasi-assistant to) Lou Reed, who lives with his transgender girlfriend in the same building. And the drug-addled, artistic/shamanic musician will eventually become an unorthodox father figure to Matthew, as he moves toward adulthood, adjusts to a new life, and falls head over heels for a girl wise beyond her years. "Imperioli can definitely write, and he gets high marks for the verisimilitude and empathy that he evokes."—*Booklist* (starred review) "A coming-of-age tale dashed with relatable angst and humor."—*Entertainment Weekly* "Some fictional trips into 1970s New York abound with nostalgia; this novel memorably opts for grit and heartbreak."—*Kirkus Reviews*

Foreword by Dr. Asad Madni, C. Eng., Fellow IEEE, Fellow IEE Learn the fundamentals of RF and microwave electronics visually, using many thoroughly tested, practical examples RF and microwave technology are essential throughout industry and to a world of new applications-in wireless communications, in Direct Broadcast TV, in Global Positioning System (GPS), in healthcare, medical and many other sciences. Whether you're seeking to strengthen your skills or enter the field for the first time, *Radio Frequency and Microwave Electronics Illustrated* is the fastest way to master every key measurement, electronic, and design principle you need to be effective. Dr. Matthew Radmanesh uses easy mathematics and a highly graphical approach with scores of examples to bring about a total comprehension of the subject. Along the way, he clearly introduces everything from wave propagation to impedance matching in transmission line circuits, microwave linear amplifiers to hard-core nonlinear active circuit design in Microwave Integrated Circuits (MICs). Coverage includes: A scientific framework for learning RF and microwaves easily and effectively Fundamental RF and microwave concepts and their applications The characterization of two-port networks at RF and microwaves using S-parameters Use of the Smith Chart to simplify analysis of complex design problems Key design considerations for microwave amplifiers: stability, gain, and noise Workable considerations in the design of practical active circuits: amplifiers, oscillators, frequency converters, control circuits RF and Microwave Integrated Circuits (MICs) Novel use of "live math" in circuit analysis and design Dr. Radmanesh has drawn upon his many years of practical experience in the microwave industry and educational arena to introduce an exceptionally wide range of practical concepts and design methodology and techniques in the most comprehensible fashion. Applications include small-signal, narrow-band, low noise, broadband and multistage transistor amplifiers; large signal/high power amplifiers; microwave transistor oscillators, negative-resistance circuits, microwave mixers, rectifiers and detectors, switches, phase shifters and attenuators. The book is intended to provide a workable knowledge and intuitive understanding of RF and microwave electronic circuit design. *Radio Frequency and Microwave Electronics Illustrated* includes a comprehensive glossary, plus appendices covering key symbols, physical constants, mathematical identities/formulas, classical laws of electricity and magnetism, Computer-Aided-Design (CAD) examples and more. About the Web Site The accompanying web site has an "E-Book" containing actual design examples and methodology from the text, in Microsoft Excel environment, where files can easily be manipulated with fresh data for a new design.

Sophia quickly learns her new pet comes with two giraffe-sized problems in this enterprising sequel

to *One Word from Sophia*, which was named one of the best picture books of 2015 by *Kirkus Reviews*. Sophia and Noodle, her One True Desire, are together at last. But Noodle comes with two gigantic problems, and those problems are tearing Sophia's family apart! Can a little creative experimenting save Noodle? Or will Sophia have to bid him adieu?

The Brave Bunch is a charming adventure story about four friends, Landon and Joe, Lola and Beau. These little explorers leave home on an epic adventure, only to get more than they bargained for. When a deer runs off with their sneakers, they find themselves lost and far from home. They must rely on the strengths of one another to find their way, and in the process they discover their greatest gifts. Whether this journey is real or imagined, the places these four friends explore are breathtaking. Its poetic rhythm is a good friend guiding readers over boulders, under trees, through all kinds of prickly leaves...stopping short only after captivating the reader's heart.

An upbeat, empowering, important picture book from the team that created the award-winning *Crown: An Ode to the Fresh Cut*. A perfect gift for any special occasion! I am a nonstop ball of energy. Powerful and full of light. I am a go-getter. A difference maker. A leader. The confident Black narrator of this book is proud of everything that makes him who he is. He's got big plans, and no doubt he'll see them through--as he's creative, adventurous, smart, funny, and a good friend. Sometimes he falls, but he always gets back up. And other times he's afraid, because he's so often misunderstood and called what he is not. So slow down and really look and listen, when somebody tells you--and shows you--who they are. There are superheroes in our midst!

Don't let anyone crush your dreams. *Undaunted* will inspire you to move past your fears and defy the doubters. It doesn't matter whether you feel confident; it matters what you actually do. A *Wall Street Journal* bestseller! CEO of Hint, Inc and author Kara Goldin turned her unsweetened flavored water into one of the most successful beverage businesses of our time. As she started to achieve her goals, Kara found herself being called "fearless", "confident" and even "unstoppable," but nothing could be further from the truth. In *Undaunted*, she shares real stories about her own fears and doubts, the challenges she encountered and what she did to overcome them to eventually build a great business and a life she loves. This book is perfect for anyone who wants to: Get fit and healthy, start a company or business, break an addiction, find a new career, just grow in life, and much more! Part autobiography, part business memoir and lots of insights on self-development, *Undaunted* offers inspiring stories that impart lessons that any reader can apply to their own path. While most motivational business and life books try to offer quick fixes, Kara focuses on long-term success, showing you how to take control of breaking down barriers and moving forward. *Undaunted* won't solve your problems and challenges, you will. However, it will help you see through other's experiences that it's possible to do so. Accept your fears, but decide to be undaunted.

Diary of a Wimpy Kid meets *Percy Jackson* in *Odd Gods*, the first book in a hilarious illustrated series about the most unlikely, unusual Gods ever to grace the halls of Mount Olympus Middle School. Odonis may be the son of Zeus, but he's a little bit...odd for a God. He's so odd, in fact, he's not sure if he has any powers at all. And if that isn't enough, his twin brother Adonis is the most popular, most athletic, and most otherworldly handsome God of them all. Odonis's future at Mount Olympus Middle isn't looking bright, especially when he makes the last-minute decision to run against Adonis to be class president. With the help of his friends Mathena (Goddess of math and poultry), Germes (God of all things sniffing and snotty), Puneous (the smallest God of them all), and Gaseous (enough said?), Odonis is determined to win the race, prove that his friends are as good as any Greek God, and maybe, just maybe, find out what his true powers really are. Read the hilarious new adventures of Odonis and his friends from debut children's authors David Slavín and Daniel Weitzman, filled with dozens of black-and-white illustrations by award-winning artist Adam Lane.

A civic-minded children's book about improving relationships between police and the community. Community policing is a philosophy and organizational strategy that expands the traditional police mandate of fighting crime to include forming partnerships with citizenry that endorse mutual support and participation. The first textbook of its kind, *Community Policing: A Contemporary Perspective* delineates this progressive approach, combining the accrued wisdom and experience of its established authors with the latest research based insights to help students apply what is on the page to the world beyond. 'Spotlight on Community Policing Practice' sections feature real-life community policing programs in various cities, and problem-solving case studies cover special topics. The text has been revised throughout to include the most current developments in the field such as how the current climate of suspicion associated with terrorism threats affects the trust so necessary for community policing, and how the newest technologies can be harnessed to facilitate police interactions with citizens. Additionally, the book now explores the fragmentation of authority and emphasizes the importance of partnerships among the numerous law enforcement agencies, government agencies, and private social service agencies. * Each chapter contains learning objectives, key terms, and discussion questions that encourage comprehension * Video and Internet links provide additional coverage of topics discussed throughout the text. * Includes a 'Ten Principles of Community Policing' addendum

From the creators of *Biz Kid\$* and *Bill Nye the Science Guy*, here is a comprehensive guide for kids to the basics of earning, saving, spending, and investing money. Written in a humorous but informative voice that engages young readers, it's the book that every parent who wants to raise financially savvy and unspoiled children should buy for their kids. It is packed with lively illustrations to make difficult concepts easy to understand—all as a way of building financial literacy, good decision-making, and the appreciation of a hard-earned dollar.

The first volume to focus on the intersections of militarization, corporations, and education, *Education as Enforcement* exposed the many ways schooling has become the means through which the expansion of global corporate power are enforced. Since publication of the first edition, these trends have increased to disturbing levels as a result of the extensive militarization of civil society, the implosion of the neoconservative movement, and the financial meltdown that radically called into question the basic assumptions undergirding neoliberal ideology. An understanding of the enforcement of these corporate economic imperatives remains imperative to a critical discussion of related militarized trends in schools, whether through accountability and standards, school security, or other discipline based reforms. *Education as Enforcement* elaborates upon the central arguments of the first edition and updates readers on how recent events have reinforced their continued original relevance. In addition to substantive updates to several original chapters, this second edition includes a new foreword by Henry Giroux, a new introduction, and four new chapters that reveal the most contemporary expressions of the militarization and corporatization of education. New topics covered in

this collection include zero-tolerance, foreign and second language instruction in the post-9/11 context, the rise of single-sex classrooms, and the intersection of the militarization and corporatization of schools under the Obama administration.

It was during one of the most challenging times in my life that I told myself that things had to be different, that there was more for me than what was being offered at that time; in that moment, I found myself believing that there was more in me to give. Since then, all the steps, decisions, and choices that I have made propelled me towards my many accomplishments. It kindled a flame, a deep desire that led me to harness every fiber of my being, strength and absolutely everything I could pull on from inside and channel it towards evolving, to becoming the version of me that would pave the way for what I was about to build- "My legacy". This led me to building a business from scratch and scaling it in an industry dominated by men which took extra grit and tenacity. Nonetheless I doubled down to create an iconic brand which is known throughout Jamaica, the Caribbean and other places outside this geographic region. It was through this that my purpose was unveiled, a new level of happiness immersed, and my financial freedom was unlocked. Through persistence and my inability to accept defeat, I was able to overcome the numerous trials that were thrown at me. I, a woman found peace succeeding in my many roles- some would say I have my hands full with it all; the role of a wife, mother, daughter, sister, successful entrepreneur, C.E.O and feminist. I am sharing my story to inspire women like my younger self to follow their dreams and find courage in knowing that if I can accomplish such a feat, they too can do it as well. Throughout history, women have been marginalized, and I say it is time for us to revolutionize our roles, goals, and visions. Times have changed and opportunities are more prominent, this is the best time to put your best foot forward. Journey with me as I share some key experiences and life lessons that ushered me towards the path I am on. The extensive insight of how those experiences were able to mold me into who I am from my early years to maturity in leading my business. Keen details of all the amenities I had to put off, how I was torn by heartbreaks, betrayals and how I overcame them, the uncertainty I felt at times which could have prevented me from continuing along this path and finding forgiveness and happiness through it all. I am able to confidently share my battle with self-esteem issues and how I became victorious, my unawareness at times and the process by which I began to understand myself and what I wanted from life. My story reveals my thought process, how I was able to manifest my goals and dreams inviting them to reality. It is my desire to positively impact the lives of as many people as I can, to inspire them to find their purpose, in developing a consistent deliberate attitude towards pursuing their dreams through my story.

The Hardy Boys meets The Phantom Tollbooth, in the new century! When two adventurous cousins accidentally extend the last day of summer by freezing time, they find the secrets hidden between the unmoving seconds, minutes, and hours are not the endless fun they expected.

A reissue of Pam Munoz Ryan's bestselling backlist with a distinctive author treatment and new cover art by Raul Colon. Naomi Soledad Leon Outlaw has had a lot to contend with in her young life, her name for one. Then there are her clothes (sewn in polyester by Gram), her difficulty speaking up, and her status at school as "nobody special." But according to Gram, most problems can be overcome with positive thinking. And with Gram and her little brother, Owen, Naomi's life at Avocado Acres Trailer Rancho in California is happy and peaceful...until their mother reappears after seven years of being gone, stirring up all sorts of questions and challenging Naomi to discover and proclaim who she really is.

A gifted education Legacy Award winner, Parenting Gifted Kids: Tips for Raising Happy and Successful Children provides a humorous, engaging, and encouraging look at raising gifted children today. James R. Delisle, Ph.D., offers practical, down-to-earth advice that will cause parents to reexamine the ways they perceive and relate to their children. Dr. Delisle puts forward 10 tips to parents of gifted children—ideas that reflect attitude and approach and allow for introspection and change, rather than quick, do-it-tonight solutions. Some topics of interest include understanding a child's giftedness, working with the school system, dealing with perfectionism in gifted kids, and being adult role models for children. Along the way, stories from gifted children and their parents provide insight into the lives of these individuals. What sets this book apart from other books for parents of gifted kids is its expansion beyond mere platitudes. Dr. Delisle's tips go beyond the basics, focusing on attitude, reflection, and subtle changes, rather than specific, cookie-cutter recipes for action. The 10 tips suggested and expanded upon in this book include: understanding what giftedness is . . . and what it is not; understanding the differences between gifted kids and their agemates; understanding the personality traits of gifted kids, including overexcitabilities; taking charge of your child's education; understanding the issue of perfectionism in gifted kids; examining social nuances and myths related to giftedness; examining the similarities parents share with their gifted children; setting reasonable goals; helping gifted children make a difference in the lives of others; and remembering that gifted children are kids first and gifted second. Educational Resource

Principles of Physics is a well-established popular textbook which has been completely revised and updated.

An essential resource for student and teacher clarity With the ever-changing landscape of education, teachers and leaders often find themselves searching for clarity in a sea of standards, curriculum resources, and competing priorities. Clarity for Learning offers a simple and doable approach to developing clarity and sharing it with students through five essential components: crafting learning intentions and success criteria co-constructing learning intentions and success criteria with learners creating opportunities for students to respond effective feedback on and for learning students and teachers sharing learning and progress The book is full of examples from teachers and leaders who have shared their journey, struggles, and successes for readers to use to propel their own work forward.

Winner of the 2019 Newbery Medal Thoughtful, strong-willed sixth-grader Merci Suarez navigates difficult changes with friends, family, and everyone in between in a resonant new novel from Meg Medina. Merci Suarez knew that sixth grade would be different, but she had no idea just how different. For starters, Merci has never been like the other kids at her private school in Florida, because she and her older brother, Roli, are scholarship students. They don't have a big house or a fancy boat, and they have to do extra community service to make up for their free tuition. So when bossy Edna Santos sets her sights on the new boy who happens to be Merci's school-assigned Sunshine Buddy, Merci becomes the target of Edna's jealousy. Things aren't going well at home, either: Merci's grandfather and most trusted ally, Lolo, has been acting strangely lately — forgetting important things, falling from his bike, and getting angry over nothing. No one in her family will tell Merci what's going on, so she's left to her own worries, while also feeling all on her own at school. In a coming-of-age tale full of humor and wisdom, award-winning author Meg Medina gets to the heart of the confusion and constant change that defines middle school — and the steadfast connection that defines family. First Published in 2005. Routledge is an imprint of Taylor & Francis, an informa company.

This book introduces the concept of financial capability and assembles the latest evidence from ground-breaking innovations with financially vulnerable families, and links it to education, policy, and practice. It is a key resource for those interested in improving financial education and financial products and services for low-income families.

Why you need a writing revolution in your classroom and how to lead it The Writing Revolution (TWR) provides a clear method of instruction that you can use no matter what subject or grade level

you teach. The model, also known as The Hochman Method, has demonstrated, over and over, that it can turn weak writers into strong communicators by focusing on specific techniques that match their needs and by providing them with targeted feedback. Insurmountable as the challenges faced by many students may seem, The Writing Revolution can make a dramatic difference. And the method does more than improve writing skills. It also helps: Boost reading comprehension Improve organizational and study skills Enhance speaking abilities Develop analytical capabilities The Writing Revolution is as much a method of teaching content as it is a method of teaching writing. There's no separate writing block and no separate writing curriculum. Instead, teachers of all subjects adapt the TWR strategies and activities to their current curriculum and weave them into their content instruction. But perhaps what's most revolutionary about the TWR method is that it takes the mystery out of learning to write well. It breaks the writing process down into manageable chunks and then has students practice the chunks they need, repeatedly, while also learning content.

After a close friend died of cancer, middle-aged, overweight, acrophobic newspaperman Tom Ryan decided to pay tribute to her in a most unorthodox manner. Ryan and his friend, miniature schnauzer Atticus M. Finch, would attempt to climb all forty-eight of New Hampshire's four-thousand-foot peaks twice in one winter while raising money for charity. It was an adventure of a lifetime, leading them across hundreds of miles and deep into an enchanting but dangerous winter wonderland. At the heart of the amazing journey was the extraordinary relationship they shared, one that blurred the line between man and dog. Following Atticus is an unforgettable true saga of adventure, friendship, and the unlikely of family, as one remarkable animal opens the eyes and heart of a tough-as-nails newspaperman to the world's beauty and its possibilities.

Young people in America today face a crisis of character. Traditional role models continue to disappoint the public, falling short of expectations and fostering cynicism rather than idealism. As a result, many young people struggle to distinguish right from wrong and seem indifferent to whether it matters. It clearly becomes the task of parents and schools to re-engage the hearts and minds of our children in forming their own characters. In Building Character in Schools, Kevin Ryan and Karen Bohlin draw from nearly fifty years of combined field experience to offer a practical guide to character education -- designed to help children to know the good, love the good, and do the good. Ryan and Bohlin provide a blueprint for educators who wish to translate a personal commitment to character education into a schoolwide vision and effort. They outline the principles and strategies of effective character education and explain what schools must do to teach students the habits and dispositions that lead to responsible adulthood -- from developing curriculum that reinforces good character development to strengthening links with parents. A useful resource section includes sample lessons, program guidelines, and a parents' list of ways to promote character in their children. Building Character in Schools clearly defines the responsibilities of adults and students in modeling and nurturing character and sets forth practical guidelines for schools seeking to become communities of virtue where responsibility, hard work, honesty, and kindness are modeled, taught, expected, celebrated, and continually practiced.

Engage the World Change the World Deep Learning has claimed the attention of educators and policymakers around the world. This book not only defines what deep learning is, but takes up the question of how to mobilize complex, whole-system change and transform learning for all students. Deep Learning is a global partnership that works to: transform the role of teachers to that of activators who design experiences that build global competencies using real-life problem solving; and supports schools, districts, and systems to shift practice and how to measure learning in authentic ways. This comprehensive strategy incorporates practical tools and processes to engage students, educators, and families in new partnerships and drive deep learning. Inside you'll find: The Deep Learning Framework Vignettes and case studies from K-12 classrooms in 1,200 schools in seven countries Guidance for reaching disadvantaged and differently abled students Sample protocols and rubrics for assessment Videos demonstrating deep learning design and innovative leadership in practice Through learning partnerships, learning environments, new pedagogical practices, and leveraged digital skills, deep learning reaches students as never before — preparing them to be active, engaged participants in their future.

"Consuming Children is an important, exciting, funny and tragic book, addressing key issues for education in the 21st century. It dramatically charts the corporatising of education and the corporatising of the child. It is a book that demands to be read by teachers and policymakers - before it is too late. Sparkling with sociological insight and imagination, it is as clear as it is important as it is disturbing." - Stephen J. Ball, Karl Mannheim Professor of Sociology of Education, Institute of Education, University of London "Accessible, insightful and boldly argued,'Consuming Children' makes a refreshing contribution to current discussions of young people, schooling and the culture industry. Jane Kenway and Elizabeth Bullen draw on a strong base of research and scholarship to advance powerful critiques and interesting and workable pedagogical responses to corporate culturalism." - Colin Lankshear National Autonomous University of Mexico "'Consuming Children' offers a challenging perspective on one of the most pressing educational issues of our time - the changing relationships between childhood, schooling and consumer culture. Combining incisive commentary on established debates with new insights from empirical research, it should be read by all those concerned with the future of learning." - Professor David Buckingham Institute of Education, University of London * Who are today's young people and how are they constructed in media-consumer culture and in relation to adult cultures in particular? * How are the issues of pleasure, power, agency to be understood in the corporatised global community? * How are teachers to educate young people? What new practices are required? Buy delight, kids rule, adults are dim and schools are dull. These are canons of children's consumer cultures. In the places where kids, commodities and images meet, education, entertainment and advertising merge. Kids consume this corporate abundance with appetite. But what happens now that schools are on the market? Is this a form of corporate gluttony? Are designer schools educationally 'grotesque'? Who is conspicuously consuming at the educational emporium? How are students packaged? Which students have badge appeal? Who rules? Are adults taking their revenge on children? Are kids hungry to learn or keen to transgress? Where is their delight? Consuming Children argues that we are entering another stage in the construction of the young as the demarcations between education, entertainment and advertising collapse and as the lines between the generations both blur and harden. Drawing from the voices of students and from contemporary cultural theory this book provokes us to ponder the role of the school in the 'age of desire'.

How to set reading goals for you students, assess your students to ensure they're meeting those goals, and carry out instruction based on your findings.

David Sheldon finds it difficult to pay attention and follow directions. His teacher, Mrs. Gorski, has had enough of David's brainstorms, but David "brainstorms" a way to manage his "wiggle fidgets." ADHD, ADD, Dyslexia, Learning Styles

In the 1930s, Lewis's dad, Lewis Michaux Sr., had an itch he needed to scratch—a book itch. How to scratch it? He started a bookstore in Harlem and named it the National Memorial African Bookstore. And as far as Lewis Michaux Jr. could tell, his father's bookstore was one of a kind. People from all over came to visit the store, even famous people—Muhammad Ali, Malcolm X, and Langston Hughes, to name a few. In his father's bookstore people bought and read books, and they also learned from each other. People swapped and traded ideas and talked about how things could change. They came

together here all because of his father's book itch. Read the story of how Lewis Michaux Sr. and his bookstore fostered new ideas and helped people stand up for what they believed in. Ancestors and canine cousins of our dogs didn't eat "krunchy kibble" or "meat 'n gravy in a can." They ate what they found or caught... and it wasn't cooked or "enriched" either! It was high in protein, with balanced fats, and usually included a few fruits, vegetables and grasses. Steve Brown, an expert on canine nutrition, shows how you can bring the benefits of the canine ancestral diet to your dog by feeding him differently as little as just one day a week. And no, you won't need to lead a

pack of dogs on a hunting expedition! Just follow Steve's well-researched and easy to follow ABCs to make improvements to whatever your dog currently eats. BONUS! Raw food or home prepared feeders will learn how to balance nutrients more precisely, especially fats, for optimum health. A dog diet to get wild about! • Learn about the latest research on the importance of protein and healthy fats in your dog's diet. • Find out why commercial foods can't include these fragile-but-crucial nutrients, and how you can make sure your dog gets them. • Just one day a week, or more frequently if you choose, follow the simple recipes that balance the nutrition in the commercial food you are feeding—wet or dry!