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## **EQHWPO - LILIA HUERTA**

The Evidence-Based Nursing Series is co-published with Sigma Theta Tau International (STTI). The series focuses on implementing evidence-based practice in nursing and mirrors the remit of Worldviews on Evidence-Based Nursing, encompassing clinical practice, administration, research and public policy. Models and Frameworks for Implementing Evidence-Based Practice: Linking Evidence to Action looks at ways of implementing evidence gained through research and factors that influence successful implementation. It acknowledges the gap that exists between obtaining evidence and the practicalities of putting it into practice and provides direction to help to close this gap. This, the first book in the series, helps the reader to make decisions about the appropriateness of using various models and frameworks. A selection of models and frameworks are examined in detail including examples of their use in practice. The book concludes with an analysis and synthesis of the included models and frameworks. The models and frameworks that have been included are based on a number of criteria: that they are internationally recognised, have undergone widespread evaluation and testing, are transferable across different settings, and can be used by different disciplines. Models and frameworks include: Stetler Model Ottawa Model of Research Use IOWA model of evidence-based practice Advancing Research and Clinical Practice through Close Collaboration (ARCC) model Dobbins' dissemination and use of research evidence for policy and practice framework Joanna Briggs Institute model Knowledge to Action framework Promoting Action on Research Implementation in Health Services (PARIHS) Key Points: Includes an overview of implementation issues and the use of theory and frameworks in implementing evidence into practice Chapters are written by the developers of the model or framework Each chapter provides background on an implementation model or framework, suitable applications, underlying theory and exam-

ples of use Each chapter examines strengths and weaknesses of each model alongside barriers and facilitators for its implementation

Evidence-Based Practice: An Implementation Guide for Healthcare Organizations was created to assist the increasing number of hospitals that are attempting to implement evidence-based practice in their facilities with little or no guidance. This manual serves as a guide for the design and implementation of evidence-based practice systems and provides practice advice, worksheets, and resources for providers. It also shows institutions how to achieve Magnet status without the major investment in consultants and external resources.

A fundamental, reader-friendly guide to evidence-based practice (EBP) for BSN, MSN, and DNP nursing students, Evidence-Based Practice in Nursing explains the conceptual underpinnings of EBP and demonstrates how nurses can put EBP concepts into practice. Replete with critical knowledge, skills, tools, and scholarly development to enable nurses to fully and confidently deliver the highest-quality EBP care, this book eschews a one-size-fits-all approach unique systematic guidelines for understanding and applying EBP. Building blocks of information grow progressively more complex to apply to any point along nursing's academic trajectory. Thoughtfully organized to fit a variety of EBP-related course objectives, Evidence Based Practice in Nursing easily adapts for standalone EBP courses at any level as well as advanced practice specialty courses that integrate EBP content. This book addresses the needs of all nursing instructors, including those who teach at multiple levels simultaneously. Key content discusses requisite conceptual knowledge of EBP for building clinical decision-making skills; conceptualizing, implementing, and evaluating EBP projects; conducting translational research and quality improvement for implementation and evaluation of EBP; developing leadership and structural empowerment strategies; and analyzing how stu-

dents at each degree/level work with EBP independently, inter-professionally, and intraprofessionally. Chapters align with AACN essentials. Key Features: Follows a methodical systematic trajectory building from simple to complex concepts Includes abundant examples demonstrating both negative and positive EBP applications Enables instructors to adopt one textbook for BSN, MSN, and DNP students Includes practical design templates for developing EBP information plans with critical guideposts Provides a quality improvement toolkit, key words and concepts, illustrative tables, and figures

In this innovative and reader-friendly guide, leading researchers from the Dartmouth Psychiatric Research Center examine the implementation of evidence-based practices in behavioural health and offer practical strategies for bringing these practices into routine clinical settings. They look at implementation as a specific process, a set of activities and responsibilities designed to successfully launch a practice and integrate it into routine care, using strategies carried out across many levels of an organisation and at various stages. The book concludes with answers to frequently asked questions, an interview with an agency director in the field who has successfully gone through the implementation process, and an appendix with tools, assessments, and other resources to smooth the process of implementation, which are all included on the accompanying CD-ROM.

British Medical Association Book Award Winner - President's Award of the Year 2018 From the author of the bestselling introduction to evidence-based medicine, this brand new title makes sense of the complex and confusing landscape of implementation science, the role of research impact, and how to avoid research waste. How to Implement Evidence-Based Healthcare clearly and succinctly demystifies the implementation process, and explains how to successfully apply evidence-based healthcare to practice in order to ensure safe and effective practice. Written in an

engaging and practical style, it includes frameworks, tools and techniques for successful implementation and behavioural change, as well as in-depth coverage and analysis of key themes and topics with a focus on: Groups and teams Organisations Patients Technology Policy Networks and systems How to Implement Evidence-Based Healthcare is essential reading for students, clinicians and researchers focused on evidence-based medicine and healthcare, implementation science, applied healthcare research, and those working in public health, public policy, and management.

This practical and accessible guide shows how police forces of all sizes can successfully adopt evidence-based methods. Drawing on experiences of North American policing, it sets out ways for decision makers to reshape practices, strategies and organizational structures and overcome barriers to change.

Practical Implementation Science is designed for graduate health professional and advanced undergraduate students who want to master the steps of using implementation science to improve public health. Engaging and accessible, this textbook demonstrates how to implement evidence-based practices effectively through use of relevant theories, frameworks, models, tools, and research findings. Additional real-world case studies across public health, global health, and health policy provide essential context to the major issues facing implementation domestically and globally with consideration of communities in low-to-middle-income countries (LMIC). The textbook is organized around the steps involved in planning, executing, and evaluating implementation efforts to improve health outcomes in communities. Coverage spans assessing the knowledge-practice gap; selecting an evidence-based practice (EBP) to reduce the gap; assessing EBP fit and adapting the EBP; assessing barriers and facilitators of implementation; engaging stakeholders; creating an implementation structure; implementing the EBP; and evaluating the EBP effort. Each chapter includes a "how to" approach to conducting the task at hand. The text also addresses the practical importance of implementation science through disseminating EBPs; scaling up EBPs; sustaining EBPs; and de-implementing practices that are no longer effective. All chapters include learning objectives and summaries with emphasized Key Points for Practice, Common Pitfalls in Practice, and discussion questions to direct learning and classroom discussion. Fit for students of public health, health policy, nursing, medicine, mental health, behavio-

ral health, allied health, and social work, Practical Implementation Science seeks to bridge the gap from scientific evidence to effective practice. Key Features: Soup to Nuts Approach – Distills the steps to selecting, adapting, implementing, evaluating, scaling up, and sustaining evidence-based practices Expert Insight – Editors and chapter authors bring years of experience from leading implementation programs and interventions Multidisciplinary Focus – Utilizes cases and research findings relevant to students of public health, medicine, nursing, mental health, behavioral health, and social work Case Studies and Real-World Examples – Blends frameworks, models, and tools with real-world examples for students interested in both domestic and global health Instructor's Packet – Complete with an Instructor's Manual, PowerPoint slides, and a Sample Syllabus

Concise and comprehensive, this book covers the basics of nursing research and the essentials of how to implement Evidence Based Practice (EBP). Using the short, reader-friendly, Fast Facts Series 'style, ' the book is designed for those RNs studying Evidence Based Practice (EBP) who want quick access core content. Undergraduate nursing students who want a solid review of evidence based practice (& nursing research) will also find this book useful, as well as RN to BSNs student who need to assimilate content on basic nursing research. It is vital for both the practicing RNs and students to know.

This book is about conducting research on the process and outcomes of the translation and implementation of evidence-based practices in social work. Its aims are to outline a strategy for conducting such research and to identify the infrastructure and resources necessary to support such research within the field of social work.

The successful implementation of evidence into practice is dependent on aligning the available evidence to the particular context through the active ingredient of facilitation. Designed to support the widely recognised PARIHS framework, which works as a guide to plan, action and evaluate the implementation of evidence into practice, this book provides a very practical 'how-to' guide for facilitating the whole process. This text discusses: undertaking an initial diagnosis of the context and reaching a consensus on the evidence to be implemented; how to link the research evidence with clinical and patients' experience and local information in the form of audit data or patient and staff feedback; the range of diagnostic, consensus build-

ing and stakeholder consultation methods that can be helpful; a description of facilitator roles and facilitation methods, tools and techniques; some of theories that underpin the PARIHS framework and how these have been integrated to inform a revised version of PARIHS Including internationally-sourced case study examples to illustrate how the facilitation role and facilitation skills have been applied in a range of different health care settings, this is the ideal text for those interested in leading or facilitating evidence based implementation projects, from the planning stage through to evaluation.

The Evidence-Based Nursing Series is co-published with Sigma Theta Tau International (STTI). The series focuses on implementing evidence-based practice in nursing and midwifery and mirrors the remit of Worldviews on Evidence-Based Nursing, encompassing clinical practice, administration, research and public policy. Clinical Context for Evidence-Based Practice provides insights into the key contextual issues to be considered in the implementation and assessment of evidence-based practice. Increasingly, implementation research is demonstrating that for evidence to be successfully implemented into practice, the context of practice needs to be considered. Clinical Context for Evidence-Based Practice addresses professional, educational, and organizational contextual issues that impact on the implementation of evidence into practice and the bringing about of practice change. Practical strategies that have been used effectively to overcome these contextual issues in a range of healthcare settings are identified. Specific contextual issues in different care settings are also addressed e.g. acute care, primary health care, peri-operative settings, paediatrics, aged care, mental health, midwifery. Each chapter is written by an internationally known and respected author, with experience of developing or reviewing contextual strategies that have an impact on the implementation and utilisation of research in practice. They explore how gaining a better understanding of context made a difference to the implementation process or outcome and address the potential to transfer different approaches to a range of healthcare settings. An informative, practical resource for nurses and other health care professionals Explores context-related models and approaches to implementation Informs implementation and enables effective decision making Critically appraises contextual factors across the spectrum of care Explores future directions and implications Includes case examples

Over the past ten years, the field of evi-

dence-based policing (EBP) has grown substantially, evolving from a novel idea at the fringes of policing to an increasingly core component of contemporary policing research and practice. Examining what makes something evidence-based and not merely evidence-informed, this book unifies the voices of police practitioners, academics, and practitioners. It provides real world examples of evidence-based police practices and how police research can be created and applied in the field. Includes contributions from leading international EBP researchers and practitioners such as Larry Sherman, University of Cambridge, Lorraine Mazerolle, University of Queensland, Anthony Braga, Northeastern and Craig Bennell, Carleton University.

Hospitals and healthcare systems around the world have attempted to build and sustain evidence-based practice (EBP) cultures and environments, yet they have struggled to clearly understand what EBP competency means. *Implementing the Evidence-Based Practice (EBP) Competencies in Healthcare* clears up that confusion and serves as a guide for clinicians, leaders, faculty, EBP mentors, and students in achieving EBP competency, facilitating evidence-based decision making in daily practice, and accelerating the speed at which research knowledge is translated into real-world settings to improve health outcomes and decrease healthcare costs. Authors Bernadette Mazurek Melnyk, Lynn Gallagher-Ford, and Ellen Fineout-Overholt provide step-by-step explanations and case scenarios that illustrate realistic advice and ready-to-use resources to help organizations integrate EBP broadly and deeply across their infrastructure to improve patient care quality and safety.

Evidence-based practice is an idea whose time has come. Few concepts can have achieved the status of unchallengeable common sense in such a short space of time, and across such a broad range of professional activity. As yet there have been few opportunities to take stock and reflect on the evidence for evidence-based practice, or the implications of its adoption. How effective or feasible is it in medicine? Is it really different? What are the consequences of not basing practice on research? Can evidence-based practice be used in non-clinical settings, where practitioners must deal with the complexity of multi-problem individuals, families and organizations? This text introduces the key concept of Evidence-Based Practice and accounts for its emergence and rapid expansion within and beyond medicine. It then goes on to describe how evidence-based practice is being translated in key areas

(medicine, nursing, mental health education and social welfare) while critically appraising the strengths and weaknesses of evidence-based practice as it applies in a range of fields of professional practice.

Community corrections programs are emerging as an effective alternative to incarceration for drug-involved offenders, to reduce recidivism and improve public health and public safety. Since evidence-based practice is gaining recognition as a success factor in both community systems and substance abuse treatment, a merger of the two seems logical and desirable. But integrating evidence-based addiction treatment into community corrections is no small feat—costs, personnel decisions, and effective, appropriate interventions are all critical considerations. Featuring the first model of implementation strategies linking these fields, *Implementing Evidence-Based Practices in Community Corrections and Addiction Treatment* sets out criteria for identifying practices and programs as evidence. The book's detailed blueprint is based on extensive research into organizational factors (e.g., management buy-in) and external forces (e.g., funding, resources) with the most impact on the adoption of evidence-based practices, and implementation issues ranging from skill building to quality control. With this knowledge, organizations can set realistic, attainable goals and achieve treatment outcomes that reflect the evidence base. Included in the coverage: Determining evidence for "what works." Organization change and technology transfer: theory and literature review. The current state of addiction treatment and community corrections. Unique challenges of evidence-based addiction treatment under community supervision. Assessing suitability of evidence-based practice in real-world settings. A conceptual model for implementing evidence-based treatment in community corrections. *Implementing Evidence-Based Practices in Community Corrections and Addiction Treatment* is a breakthrough volume for graduate- and postgraduate-level researchers in criminology, as well as policymakers and public health researchers.

Preceded by *Translation of evidence into nursing and health care* / [edited by] Kathleen M. White, Sharon Dudley-Brown, Mary Terhaar. Second edition. 2016.

How can someone determine whether to implement an evidence-supported intervention? What can be done to make sure any intervention is implemented well? Is there a foolproof way to adapt interventions for different client groups? In this book, Jennifer L. Bellamy and Danielle E.

Parrish take readers through the implementation of interventions, offering insight into the steps necessary before intervening and what to do after one has taken place. The book centers itself on evidence-based practice (EBP), and Bellamy and Parrish provide readers with a clear understanding of the ways EBP can be used to make informed decisions about the selection of interventions and the evaluation of practice decisions. *Practical Implementation in Social Work Practice* is a helpful guide that showcases the benefits of EBP, with an emphasis on the implementation of high-quality interventions. The book expands on the EBP process from the applied and practical lenses, beginning with an overview of the process of EBP and the relationship between EBP and implementation. Within the chapters, readers will find specialized insight, practical industry tips, and adaptable implementation frameworks and tools to use on their own. This is a foundational text for social work practitioners, students, and intervention developers who are looking to implement high-quality interventions in real-world situations, and those who dive into the pages of this book will walk away with everything from the history of EBP to the continuing challenges facing the practice and field as a whole.

This is a clinician-oriented text that focuses on contingency management protocol development and implementation, and provides everything clinicians require to successfully apply this novel treatment in practice.

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"Appendix F\_Nonresearch Evidence Appraisal Tool"--"Appendix G\_Individual Evidence Summary Tool"--"Appendix H\_Synthesis Process and Recommendations Tool" - - "Appendix I\_Action Planning Tool" -- "Appendix J\_Dissemination Tool"

Designed for students and practitioners, this practical book shows how to do evidence-based research in public health. As a great deal of evidence-based practice occurs online, it focuses on how to find, use, and interpret online sources of public health information. It also includes examples of community-based participatory research and shows how to link data with community preferences and needs.

*Patient-Centered Care Series* Series Editors: Moira Stewart Judith Belle Brown and Thomas R Freeman Primary care clinicians are often unfamiliar with new and effective methods for detecting substance abuse problems in their earliest stages and the majority of patients with substance abuse problems remain undiagnosed. *Substance Abuse* is written by primary care clinicians

and focused to meet the needs of primary care providers demonstrating how the patient-centered clinical method can assist clinicians in learning how to diagnose this complex psychosocial disorder. This book describes how to use state-of-the-art screening techniques and how to understand and motivate patients to decrease or eliminate harmful use of alcohol and drugs. It presents the latest scientific findings and gives examples of using a patient-centered approach as well as describing specific communication skills with samples of dialogue illustrating their use in helping substance-abusing patients. This is essential reading for all family doctors paediatricians gynaecologists psychiatrists nurses social workers psychologists and all clinicians whose practices include substance abusing patients. It will also appeal to counsellors education personnel and all professionals working with substance abusing individuals. For more information on other titles in this series please click here

"Cover" -- "Praise" -- "Title Page" -- "Copyright Page" -- "Acknowledgments" -- "About the Authors" -- "Table of Contents" -- "Foreword" -- "The Iowa Model Revised" -- "Overview" -- "Chapter 1\_Identifying Triggering Issues/Opportunities" -- "Chapter 2\_State the Question or Purpose" -- "Chapter 3\_Is This Topic a Priority?" -- "Chapter 4\_Form a Team" -- "Chapter 5\_Assemble, Appraise, and Synthesize Body of Evidence" -- "Chapter 6\_Is There Sufficient Evidence?" -- "Chapter 7\_Design and Pilot the Practice Change" -- "Chapter 8\_Implementation" -- "Chapter 9\_Evaluation" -- "Chapter 10\_Is Change Appropriate for Adoption in Practice?" -- "Chapter 11\_Integrate and Sustain the Practice Change" -- "Chapter 12\_Disseminate Results" -- "References" -- "Appendix A\_The Iowa Model Revised: Evidence-Based Practice to Promote Excellence in Health Care" -- "Appendix B\_Implementation Strategies for Evidence-Based Practice" -- "Appendix C\_UI Hospitals and Clinics Evidence-Based Practice Publications Reporting Use of the Iowa Model" -- "Appendix D\_Select Evidence-Based Practice Process Models" -- "Appendix E\_Glossary" -- "Index

Designated a 2014 Doody's Core Title by Doody's Medical Reviews Concise and comprehensive, this book covers the basics of nursing research and the essentials of how to implement Evidence Based Practice (EBP). Using the short, reader-friendly, Fast Facts Series 'style,' the book is designed for those RNs studying Evidence Based Practice (EBP) who want quick access core content. Undergraduate nursing students who want a solid review of evidence based practice (& nursing research) will also find this book useful, as well as

RN to BSNs student who need to assimilate content on basic nursing research. It is vital for both the practicing RNs and students to know the basics of EBP and understand how EBP can be implemented. Key features covered include: Delivery of a wide scope of EBP content in the abbreviated style of the Fast Facts series Includes coverage of quantitative and qualitative research approaches, defining the 'compelling question', finding and critiquing the evidence, and disseminating the research Unlocks the mystery surrounding systematic reviews and searching a database Class-tested content, used in seated and online course environments

The accompanying CD-ROM contains clinical examples, critical appraisals and background papers.

Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Evidence-Based Practice in Nursing & Healthcare: A Guide to Best Practice, 4th Edition Bernadette Mazurek Melnyk, PhD, RN, APRN-CNP, FAANP, FNAP, FAAN and Ellen Fineout-Overholt, PhD, RN, FNAP, FAAN Enhance your clinical decision-making capabilities and improve patient outcomes through evidence-based practice. Develop the skills and knowledge you need to make evidence-based practice (EBP) an integral part of your clinical decision-making and everyday nursing practice with this proven, approachable text. Written in a straightforward, conversational style, Evidence-Based Practice in Nursing & Healthcare delivers real-world examples and meaningful strategies in every chapter to help you confidently meet today's clinical challenges and ensure positive patient outcomes. NEW! Making Connections: An EBP Exemplar opens each unit, immersing you in an unfolding case study of EBP in real-life practice. NEW! Chapters reflect the most current implications of EBP on health policy and the context, content, and outcomes of implementing EBP competencies in clinical and academic settings. NEW! Learning objectives and EBP Terms to Learn at both the unit and chapter levels help you study efficiently and stay focused on essential concepts and vocabulary. Making EBP Real features continue to end each unit with real-world examples that demonstrate the principles of EBP applied. EBP Fast Facts reinforce key points at a glance. Clinical Scenarios clarify the EBP process and enhance your rapid appraisal capabilities.

The Evidence-Based Nursing Series is co-published with SigmaTheta Tau International (STTI). The series focuses on imple-

menting evidence-based practice in nursing and midwifery and mirrors the merit of Worldviews on Evidence-Based Nursing, encompassing clinical practice, administration, research and public policy. Evaluating the Impact of Implementing Evidence-Based Practice considers the importance of approaches to evaluate the implementation of evidence-based practice. Outcomes of evidence-based practice can be wide ranging and sometimes unexpected. It is therefore important to evaluate the success of any implementation in terms of clinical outcomes, influence on health status, service users and health policy and long-term sustainability, as well as economic impacts. This, the third and final book in the series, looks at how best to identify, evaluate and assess the outcomes of implementation, reflecting a wide range of issues to consider and address when planning and measuring outcomes. An informative, practical resource for an international readership Providing critical evaluation of models and approaches to measuring outcomes Explores the importance of measuring successful implementation Examines outcomes in terms of long-term sustainability Addresses economic impacts and influence on health policy Provides practice-based examples Written by a team of internationally respected authors

"Nurses play a vital role in improving the safety and quality of patient care -- not only in the hospital or ambulatory treatment facility, but also of community-based care and the care performed by family members. Nurses need to know what proven techniques and interventions they can use to enhance patient outcomes. To address this need, the Agency for Healthcare Research and Quality (AHRQ), with additional funding from the Robert Wood Johnson Foundation, has prepared this comprehensive, 1,400-page, handbook for nurses on patient safety and quality -- Patient Safety and Quality: An Evidence-Based Handbook for Nurses. (AHRQ Publication No. 08-0043)." - online AHRQ blurb, <http://www.ahrq.gov/qual/nursesdbk/>

This user-friendly guide to evidence-based practice will serve as a guide to implementing evidence-based practice in nursing and healthcare.

Required reading in many medical and healthcare institutions, How to Read a Paper is a clear and wide-ranging introduction to evidence-based medicine and healthcare, helping readers to understand its central principles, critically evaluate published data, and implement the results in practical settings. Author Trisha Greenhalgh guides readers through each fundamental step of inquiry, from searching the

literature to assessing methodological quality and appraising statistics. *How to Read a Paper* addresses the common criticisms of evidence-based healthcare, dispelling many of its myths and misconceptions, while providing a pragmatic framework for testing the validity of healthcare literature. Now in its sixth edition, this informative text includes new and expanded discussions of study bias, political interference in published reports, medical statistics, big data and more. Offers user-friendly guidance on evidence-based healthcare that is applicable to both experienced and novice readers. Authored by an internationally recognised practitioner and researcher in evidence-based healthcare and primary care. Includes updated references, additional figures, improved checklists and more. *How to Read a Paper* is an ideal resource for healthcare students, practitioners and anyone seeking an accessible introduction to evidence-based healthcare.

Health care systems worldwide are faced with the challenge of improving the quality of care. Providing evidence from health research is necessary but not sufficient for the provision of optimal care and so knowledge translation (KT), the scientific study of methods for closing the knowledge-to-action gap and of the barriers and facilitators inherent in the process, is gaining significance. *Knowledge Translation in Health Care* explains how to use research findings to improve health care in real life, everyday situations. The authors define and describe knowledge translation, and outline strategies for successful knowledge translation in practice and policy making. The book is full of examples of how knowledge translation models work in closing the gap between evidence and action. Written by a team of authors closely involved in the development of knowledge translation this unique book aims to extend understanding and implementation worldwide. It is an introductory guide to an emerging hot topic in evidence-based care and essential for health policy makers, researchers, managers, clinicians and trainees.

The authors deal not only with finding and using scientific evidence, but also with implementation and evaluation of interventions that generate new evidence on effectiveness. Each chapter covers the basic issues and provides multiple examples to illustrate important concepts.

*Decision-Making in Nursing: Thoughtful Approaches for Leadership, Second Edition* explores multiple decision-making approaches to enable nursing students and professionals to become insightful, critical, flexible, and confident decision makers in

today's complex healthcare environment. With a reflective, multidimensional approach to decision-making, it examines the ways in which history, legal and ethical issues, spirituality, culture, family, the media, economics, technology, and health policy affect the way nurses make decisions. With a greater emphasis on leadership, teamwork, and intra- and inter-professional relationships, this new edition provides nurses and students the opportunity to see themselves as leaders and feel comfortable making decisions as leaders. Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

2012 First Place AJN Book of the Year Award Winner in Nursing Research! "This is a resource for success and should be a part of any researcher's library."--Doody's Medical Reviews This book is a practical, user-friendly guide for health care researchers across multiple disciplines who are involved in intervention research. It provides all of the essential elements needed for understanding how to design, conduct, analyze, and fund intervention studies that are replicable and can withstand the scrutiny of the Institutional Review Board and peer review. Developed from an annual continuing education workshop on intervention studies conducted by Dr. Melnyk, this text is the most comprehensive body of information available on this topic. Contributors address the design of interventions that are ethically considerate and sensitive to culture, race/ethnicity, and gender, minimizing threats to external and internal validity, measurement, and budgeting. The guide explores such implementation issues as subject recruitment and retention, data management, and specialized settings, cost analysis, and explaining intervention effects. The text also guides readers in writing grant applications that fund , and addresses how to move intervention study findings into the real world. A unique addition to the book is the availability of digital examples of progress reports, final reports, and research grant applications that have received funding from the National Institutes of Health and other relevant organizations. This text is a valuable resource for all health care professionals conducting research and for doctoral students in health care studies. Key Features: Presents the essential tools for designing, conducting, analyzing, and funding intervention studies Designed for use by health care professionals conducting intervention research Provides comprehensive, accessible guidelines for doctoral students across all health care disciplines Instructs readers on writing grant applications that fund In-

cludes digital examples of funded research grants, progress reports, and final reports Social isolation and loneliness are serious yet underappreciated public health risks that affect a significant portion of the older adult population. Approximately one-quarter of community-dwelling Americans aged 65 and older are considered to be socially isolated, and a significant proportion of adults in the United States report feeling lonely. People who are 50 years of age or older are more likely to experience many of the risk factors that can cause or exacerbate social isolation or loneliness, such as living alone, the loss of family or friends, chronic illness, and sensory impairments. Over a life course, social isolation and loneliness may be episodic or chronic, depending upon an individual's circumstances and perceptions. A substantial body of evidence demonstrates that social isolation presents a major risk for premature mortality, comparable to other risk factors such as high blood pressure, smoking, or obesity. As older adults are particularly high-volume and high-frequency users of the health care system, there is an opportunity for health care professionals to identify, prevent, and mitigate the adverse health impacts of social isolation and loneliness in older adults. *Social Isolation and Loneliness in Older Adults* summarizes the evidence base and explores how social isolation and loneliness affect health and quality of life in adults aged 50 and older, particularly among low income, underserved, and vulnerable populations. This report makes recommendations specifically for clinical settings of health care to identify those who suffer the resultant negative health impacts of social isolation and loneliness and target interventions to improve their social conditions. *Social Isolation and Loneliness in Older Adults* considers clinical tools and methodologies, better education and training for the health care workforce, and dissemination and implementation that will be important for translating research into practice, especially as the evidence base for effective interventions continues to flourish.

This "how-to" guide is your roadmap to guiding staff through the transition to evidence-based practice (EBP), from understanding the principles of EBP through real-life case studies all the way through implementation in your own facility.

*Evidence-Based Clinical Practice in Nursing and Healthcare* examines the Joanna Briggs Institute model for evidence-based practice which recognises research, theory and practice as sources of evidence and takes a practical approach to developing, implementing and evaluating practice, based on

'evidence' in its broadest sense. Evidence-based Clinical Practice in Nursing and Healthcare addresses the nature of evidence in clinical practice, generating and

synthesising evidence, and transferring and utilising evidence in clinical practice. It describes the development of practice infor-

mation sheets and clinical guidelines and provides practical guidance on the implementation of evidence-based practice and its evaluation using clinical audit.