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1CEXQW - JOSIAH JOEL

Big, small, curly, straight, loud, quiet, smooth, wrinkly. Lovely explores a world of differences that all add up to the same thing: we are all lovely!

An eagle soaring among the clouds or a star twinkling in the night sky . . . a camel in the desert or a boat sailing across the sea—yoga has the power of transformation. Not only does it strengthen bodies and calm minds, but with a little imagination, it can show us that anything is possible. New York Times bestselling illustrator Peter H. Reynolds and author and certified yoga instructor Susan Verde team up again in this book about creativity and the power of self-expression. I Am Yoga encourages children to explore the world of yoga and make room in their hearts for the world beyond it. A kid-friendly guide to 17 yoga poses is included.

A warm, comforting poem about finding peace in a community of neighbors Peace is an offering. A muffin or a peach. A birthday invitation. A trip to the beach. Join this group of neighborhood children as they find love in everyday things—in sunlight shining through the leaves and cookies shared with friends—and learn that peace is all around, if you just look for it. With rhyming verse and soft illustrations, this book will help families and teachers look for the light moments when tragedy strikes and remind readers of the calm and happiness they find in their own community every day.

Peace. What does that word really mean? Ask children from around the world, and this is what they say....

Leo Tolstoy (9th September 1828-20th November 1910), the author, was a novelist, short story writer, playwright, essayist. His renowned works are - 'War and Peace', 'Anna Karenina', 'The

Death of Ivan Ilyich' and so on. He was a Russian writer and regarded as one of the greatest authors of all time. 'War and Peace' is a literary work includes historical and philosophical incidences and matter. It is one of the best appreciable works, all over the world. It includes French invasion of Russian and the Napoleon era as well as Tsarist society. The story revolves in the beginning, around Anna pavlona, the maid of honour and confidante to the dowager Empress Maria Feodorovna. One more character pierre Bezukhov is the wealthy fellow but he is the illegitimate son of a wealthy count. People respect him due to his wealthy guardian. It explains about his education and career. Then story part is related to the Rostav family in Moscow. Love angles of 2-3 characters are narrated in this part of story, which seems interesting The Russian-French war is elaborated nicely. The battle of Austerlitz is the important event in the book. The author portrays Austerlitz as an early test for Russia. Actually it fought for irrelevant things like glory or renown. Prince Andrei Bolkonsky leaves behind his family to fight a war against Napoleon. The author has best provided about a broad panorama of the Russian Society. Focus on how Storitulity works and family happiness. Also it consists of lots of Romance.

I am human I am a work in progress Striving to be the best version of ME From the picture book dream team behind I Am Yoga and I Am Peace comes the third book in their wellness series: I Am Human. A hopeful meditation on all the great (and challenging) parts of being human, I Am Human shows that it's okay to make mistakes while also emphasizing the power of good choices by offering a kind word or smile or by saying "I'm sorry." At its heart, this picture book is a celebration of empathy and compassion that lifts up the flawed fullness of humanity and encourages children to see themselves as part of one big imperfect fami-

ly—millions strong.

When the world feels chaotic, find peace within through an accessible mindfulness practice from the bestselling picture-book dream team that brought us I Am Yoga. Express emotions through direct speech. Find empathy through imagination. Connect with the earth. Wonder at the beauty of the natural world. Breathe, taste, smell, touch, and be present. Perfect for the classroom or for bedtime, Susan Verde's gentle, concrete narration and Peter H. Reynolds's expressive watercolor illustrations bring the tenets of mindfulness to a kid-friendly level. Featuring an author's note about the importance of mindfulness and a guided meditation for children, I Am Peace will help readers of all ages feel grounded and restored.

Peace is making new friends. Peace is helping your neighbor. Peace is growing a garden. Peace is being who you are. The Peace Book delivers positive and hopeful messages of peace in an accessible, child-friendly format featuring Todd Parr's trademark bold, bright colors and silly scenes. Perfect for the youngest readers, this book delivers a timely and timeless message about the importance of friendship, caring, and acceptance.

"From saying hello and pronouncing your friend's name correctly to giving more than you take and saying I'm sorry, this simple concept book explores definitions of peace and actions small and big that foster it"--

This sweet, rhyming counting book introduces young readers to numbers one through fifteen as Grandma's family and friends fill her tiny house on Brown Street. Neighbors, aunts, uncles, nieces, nephews, and grandkids crowd into the house and pile it high with treats for a family feast. But when the walls begin to bulge and no-body has space enough to eat, one clever grandchild knows ex-

actly what to do. Where there's a will there's a way when families grow and come together. "A warmhearted tribute to the messy joys of a big, impromptu gathering" — Publisher's Weekly STARRED review "A fine addition to book collections about families, food, counting, and joyous gatherings" — The Horn Book "This counting story will have repeated readings during the holidays and all year round" — School Library Journal "Grandma's lucky to have all these family members, and young readers are even luckier to be invited to this wonderful family gathering." — Kirkus Reviews Chicago Public Library's 2017 Best of the Best Books selection

Teaches how to say peace in 20 different languages to celebrate the International Day of Peace.

Seven stunning stories of speculative fiction by the author of *A Boy and His Dog*. In a post-apocalyptic world, four men and one woman are all that remain of the human race, brought to near extinction by an artificial intelligence. Programmed to wage war on behalf of its creators, the AI became self-aware and turned against humanity. The five survivors are prisoners, kept alive and subjected to brutal torture by the hateful and sadistic machine in an endless cycle of violence. This story and six more groundbreaking and inventive tales that probe the depths of mortal experience prove why Grand Master of Science Fiction Harlan Ellison has earned the many accolades to his credit and remains one of the most original voices in American literature. *I Have No Mouth and I Must Scream* also includes "Big Sam Was My Friend," "Eyes of Dust," "World of the Myth," "Lonelyache," Hugo Award finalist "Delusion for a Dragon Slayer," and Hugo and Nebula Award finalist "Pretty Maggie Moneyeyes."

Discover the power of activism in this companion to New York Times bestsellers *I Am Human* and *I Am Love* One seed to start a garden, one note to start a melody, one brick to start breaking down walls: Every movement and moment of change starts with purpose, with intention, with one. With me. With you. From the #1 New York Times bestselling team behind *I Am Yoga*, *I Am Peace*, *I Am Human*, and *I Am Love* comes a powerful call to action, encouraging each reader to raise their voice, extend a hand, and take that one first step to start something beautiful and move toward a better world.

This book marks the 25th anniversary of the execution of Nigerian activist and writer Ken Saro-Wiwa. The 21 essays, by internation-

al contributors, and 42 poems by new and established poets, are inspired by his ideals and activism. The volume includes contributions by people intimately connected with Saro-Wiwa. His brother Dr Owens Wiwa recounts how his older brother awakened and nurtured his awareness of the tremendous damage Royal Dutch Shell was doing to their homeland, in collaboration with the then Nigerian military government. His firsthand account of the brutality of the military government and its impact; his unsuccessful efforts to save the life of his brother; his time in hiding and subsequent escape, with his family, from Nigeria and his efforts to retrieve the remains of his brother for burial, makes for very moving reading. Likewise, Noo Saro-Wiwa shares her story of growing up in England with strong links to family in Nigeria, and the trauma of hearing of her father's execution while at University. Maynooth University, where the editor works as Deputy Librarian, holds the death row correspondence from Ken Saro-Wiwa to Sister Majella McCarron. McCarron provides two personal essays. One, a reflection on the events that shaped her work with Saro-Wiwa in Nigeria and her subsequent efforts to save the lives of the Ogoni 9: the second essay explores her experience as a table observer of the Shell to Sea campaign, which strove to have gas, discovered off the west coast of Ireland, refined at sea rather than inland. The damage that Shell has caused in Ogoni and the issue of redress are topics addressed in essays by experts including Mark Dummett, of Amnesty International, who investigated how Shell and other oil companies have caused or contributed to human rights abuses through their operations in the Niger Delta. Daniel Leader, a barrister and partner at Leigh Day's international law department, the firm who have led a number of ground breaking human rights cases, including a series of cases against Shell on behalf of Nigerian communities, explores the issue of legal redress. Architect, environmental activist, author and poet Nnimmo Bassesy's wide ranging essay presents Saro-Wiwa as activist and writer and creator of the Ogoni Bill of Rights, against the backdrop of the UNEP report of the Environmental Assessment of Ogoniland, which recorded that drinking water in Ogoni had benzene, a carcinogen, at over 900 times the level permitted, and the i
Children's mental health is key to their success. This award-winning, multicultural children's book won a Gold Medal in the "Health" category and also was named "Indie Human Relations Peace Book of the Year" surpassing adult titles, too. It shows that even a child

with arguing parents, severe illness, or in conflict with a bully, can find peace,

The iconic song is now an incredible picture book! Celebrate fifty years of Cat Stevens' timeless anthem with this joyfully illustrated picture book filled with hope, love, and the celebration of all cultures and identities.

Diana Oestreich, a combat medic in the Army National Guard, enlisted like both her parents before her. But when she was commanded to run over an Iraqi child to keep her convoy rolling and keep her battle buddies safe, she was confronted with a choice she never thought she'd have to make. Torn between God's call to love her enemy and her country's command to be willing to kill, Diana chose to wage peace in a place of war. For the remainder of her tour of duty, Diana sought to be a peacemaker--leading to an unlikely and beautiful friendship with an Iraqi family. A beautiful and gut-wrenching memoir, *Waging Peace* exposes the false divide between loving our country and living out our faith's call to love our enemies--whether we perceive our enemy as the neighbor with an opposing political viewpoint, the clerk wearing a head-covering, or the refugee from a war-torn country. By showing that us-versus-them is a false choice, this book will inspire each of us to choose love over fear.

The first in Ken Follett's bestselling Century Trilogy, *Fall of Giants* is a captivating novel that follows five families through the world-shaking dramas of the First World War, the Russian Revolution, and the struggle for votes for women. A world in chaos. 1911, a thirteen-year-old boy, Billy Williams, begins working down the mines as George V is crowned king. The escalating arms race between the empire nations will put not only the king but this young boy in grave danger. A terrible war. Billy's family is inextricably linked with the Fitzherberts, the aristocratic owners of the coal mine where he works. And when Maud Fitzherbert falls in love with Walter von Ulrich, a spy at the German embassy in London, their destiny also becomes entangled with that of Gus Dewar, an ambitious young aide to Woodrow Wilson, and two orphaned Russian brothers, the Peshkovs, whose plan to emigrate to America falls foul of conscription, revolution and imminent war. A revolution that will change everything. When Russia convulses in bloody revolution and the Great War unfolds, the five families' futures are entwined forever, love bringing them closer even as conflict takes them further apart. What seeds will be sown for further

tragedy in the twentieth century and what role will each play in what is to come? Continue the captivating Century Trilogy with *Winter of the World* and *Edge of Eternity*.

These haiku poems for the soul gently introduce children to mindfulness concepts like Om, Yoga and Zen, as well as goals for mindful living like Gratitude and Positivity. With its delightful cast of inclusive characters, this inspirational poetry collection promotes well-being with every letter.

In nearly three decades, she walked more than 25,000 miles, carrying her possessions in her blue tunic and spreading her belief about peace: overcome evil with good, and falsehood with truth, and hatred with love.

DIVÂ /div When I see a work of art, something happens in my heart! As a little girl tours and twirls through the halls of the art museum, she finds herself on an exciting adventure. Each piece of art evokes something new inside of her: silliness, curiosity, joy, and ultimately inspiration. When confronted with an empty white canvas, she is energized to create and express herself—which is the greatest feeling of all. With exuberant illustrations by Peter H. Reynolds, *The Museum* playfully captures the many emotions experienced through the power of art, and each child's unique creative process. UPraise for *The Museum*/u "Verde and Reynolds deliver a simple premise with a charming payoff... this "twirly-whirly"†? homage to a museum is, on balance, a sweet-natured and handsome celebration." —Kirkus Reviews "Debut author Verde makes an engaging case for understanding art as an experience rather than an object." —Publishers Weekly "The rhymed text captures the excitement of a being sparked by art.†? —Booklist "Communicates a fresh, playful, childlike perspective on art and normalizes childlike responses to it. The idea that posing, laughing, and curious questions are all appropriate museum behavior may be a new one for both children and parents, and knowing this is sure to make for more enjoyable museum visits." —School Library Journal "For parents who have trouble communicating the excitement of art to their children, *The Museum* can serve as the starting point for a conversation. The book is also a wonderful reminder of visual art's power to encourage and empower self-expression. Children and adults will finish this book excited about their next art experience, and perhaps tempted to dance through the halls of a museum in the near future." —Bookpage "This playful picture book pays tribute to the joyous effect art can have on the viewer."

—Shelf-Awareness

The book will help readers to discover the meaning of inner peace and happiness by living the consciousness that has been meticulously explained in the book. The book explains various techniques of transcending the separate self- the mind and body combination, based on experiential knowledge of Kashmiri mystics and the followers of the Shaivite School of the philosophy of Kashmir. The author, however, cautions us to the dangers of downplaying the role of religions or form, in the name of mysticism, sold to many, eager for spiritual experience. An intense spiritual and life-changing book.

For fans of Susan Verde's *I Am Peace* and Deborah Underwood's *The Quiet Book*, this gentle story introduces kids ages 2-6 to mindfulness and breath awareness. *I Am a Peaceful Goldfish* teaches kids and families about playful breathing techniques that we can use to overcome our anxiety and feel calm and grounded. When we are overcome with emotions, our breath—and a bit of imagination—can bring us back to a peaceful place. In this simple story, two children learn how to settle their feelings with imaginative breathing techniques, pretending they are elephants, flowers, even dragons! This charming book teaches even the youngest readers fun ways to be mindful, relieve anxiety, and regain control over their bodies and actions—an essential and easy-to-learn life skill.

With one simple myth, nations burned. Under the Almighty, an empire has been forged, bringing peace to the once-divided continent. But now, a spark of truth threatens to ignite the religion of lies. Chapman unknowingly brought the Seventh Precinct to their demise. Now Officer Holden Sanders, known throughout the Capital City as the survivor, seeks the truth of how so many he held dear were slaughtered. But when it comes to light his former mentor might still draw breath, the Officer of God is forced to wage war against the Almighty itself.

Understand that your past does not define who you are, that your fears and insecurities can be replaced with the truth of God's Word, and that when you truly encounter God, you will discover who you are. What you say and believe about yourself determines your destiny. But many people struggle with understanding who they are. They allow past mistakes to define them and shape their future. In *I Am* Matt Fry opens your eyes to the true identity you have in Christ. He uncovers seven key truths from the "I Am"

statements of Jesus that will help you see who He is. You will be empowered to find Jesus and begin a new life with the power to become everything He has created you to be.

A celebration of love and connection for young readers Susan Verde and Peter H. Reynolds continue their collaboration with the fourth book in their bestselling wellness series. A celebration of love in all its forms, *I Am Love* asks readers to look inward when they feel afraid. Love allows us to act with compassion and kindness, to live with gratitude, and to take care of ourselves by practicing self-love.

Celebrates everyday courage, including believing in ourselves, speaking out, trying new things, asking for help, and getting back up no matter how many times we may fall. Includes information on how to let go of fear by practicing yoga poses and mindful breathing exercises.

Encourage kids to find their inner strength with this companion to the New York Times bestsellers *I Am Human* and *I Am Love!* I move ahead one breath at a time. I act with bravery. I am courage. When we picture someone brave, we might think they're fearless but real courage comes from feeling scared and facing what challenges us anyway. When our minds tell us "I can't," we can look inside ourselves and find the strength to say, "Yes, I CAN!" From the New York Times bestselling team behind the *I Am* series comes a triumphant celebration of everyday courage: believing in ourselves, speaking out, trying new things, asking for help, and getting back up no matter how many times we may fall. Grounded in mindfulness and awareness, *I Am Courage* is an empowering reminder that we can conquer anything. Inside, you'll also find exercises to inspire confidence.

When an imperial family is found butchered, Officers of God are called to investigate. Evidence points to a rebel group trying to stab fear into the very heart of the empire. Inspector Khlid begins a harrowing hunt for those responsible, but when a larger conspiracy comes to light, she struggles to trust even the officers around her.

The fifth book in Susan Verde and Peter H. Reynolds's #1 bestselling mindfulness series *One seed to start a garden, one note to start a melody, one brick to start breaking down walls: Every movement and moment of change starts with just one.* From the #1 New York Times-bestselling team behind *I Am Yoga*, *I Am Peace*, *I Am Human*, and *I Am Love* comes a powerful call to ac-

tion, encouraging readers to raise their voices, extend a hand, and take that one first step to start something beautiful and move toward a better world. Includes a guided meditation and self-reflection activity.

Boys love sneakers. But when a child finds that his toes have outgrown his favorite shoes, and they've gotten too dirty and smelly, his mom says it's time for a new pair. Resistant to let go, the boy reminisces about all the good times he's had with his favorite kicks on the city streets. There's the paint splatter from his masterpiece and the drip from a Popsicle. There's the scuff from when he fell off his skateboard. And there are those frayed laces that he learned to tie in bows and doubles. A new pair just won't be the same. But, with bigger shoes to fill, the boy realizes new adventures await him. Maybe he could paint a little better? Or skate a little faster? This new picture book from the bestselling author of *I Am Yoga* explores the love and pride that kids have for their sneakers and the joy that can be found in growing up, growing out, and moving on.

Now in paperback, the award-winning picture book about embracing quiet in a noisy world. Mary knows how to savor the small things. Wonder is everywhere: in the rustle of leaves, in the sigh

of a sleeping dog, in the wingbeats of the birds who visit her upcycled feeders. But Mary's family couldn't be more different. Amidst the sound of blow-dryers, blenders, lawnmowers, and her brother's trombone, Mary goes almost unnoticed. It isn't until her family starts searching the neighborhood for her that they begin to see the world through her eyes. From critically acclaimed author-illustrator Peter Carnavas comes a gentle breeze of a picture book with themes of mindfulness, observation, and being present in nature. *A Quiet Girl* invites young readers (and the noisy adults in their lives) to appreciate the thousand little pleasures that surround us--if only we would notice them. A closing spread about mindfulness rounds out this validating story for introverts and observers everywhere. "A quiet young girl in a noisy world, Mary shows her loud, busy family that listening allows for more to be heard."--School Library Journal STARRED REVIEW

A story that tells how sometimes, when we tell off our children without thinking, we don't think that "It could happen to anyone". Guided Reading Level: M, Lexile Level: 800L

You and Me is a loving tribute to how fate brought two best friends together. An adorable cat muses about the what-ifs in life:

What if he had slept late that one special morning? What if he'd missed his train on that fateful day? Then he might never have met his favorite person in the world, and his entire life would be different! Two friends delight in the incredible power of serendipity in this charming tale. Illustrated by the bestselling Peter H. Reynolds, *You and Me* is the ultimate gift for the closest of friends on Valentine's Day or any day of the year.

In "Letter from Birmingham Jail," Martin Luther King Jr. explains why blacks can no longer be victims of inequality.

When the world feels chaotic, find peace within through an accessible mindfulness practice from the bestselling picture-book dream team that brought us *I Am Yoga*. Express emotions through direct speech. Find empathy through imagination. Connect with the earth. Wonder at the beauty of the natural world. Breathe, taste, smell, touch, and be present. Perfect for the classroom or for bedtime, Susan Verde's gentle, concrete narration and Peter H. Reynolds's expressive watercolor illustrations bring the tenets of mindfulness to a kid-friendly level. Featuring an author's note about the importance of mindfulness and a guided meditation for children, *I Am Peace* will help readers of all ages feel grounded and restored.