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# File Type PDF Healthy Jarjums Make Healthy Food Choices Section 3 Lesson Plans

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recognising the benefits food technologies provide for health and food safety and ensuring that a wide variety of food is available and can be prepared for healthy eating. Year 5 and 6 . Investigate the role of food preparation in maintaining good health and the importance of food safety and hygiene (ACTDEK022)

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Deadly Healthy Bubs was published in 2012. This book was adapted from the Far North Coast Aboriginal parenting book, Doordarnbee Muggy Jarjums, and other adaptations of the book from across NSW. We would like to acknowledge and thank the working party members and agencies that helped to develop Deadly Healthy Bubs.

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**What we offer - Casino West Public School**

- information about what jarjums do at different ages
- ideas about things we can do with our jarjums
- games and activities
- contacts to help with parenting.

Babies are important to the whole community. We need to make sure that our babies and jarjums grow up healthy, strong and proud Goories. Being a parent can be hard at times.

**Growing Up Strong Jarjums**

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### **Knowledge Exchange AugustTools/Resources: Target Audience ...**

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### **information**

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