

## Get Free Engaging NLP For Parents

Getting the books **Engaging NLP For Parents** now is not type of inspiring means. You could not and no-one else going bearing in mind ebook addition or library or borrowing from your connections to contact them. This is an unquestionably simple means to specifically get lead by on-line. This online revelation Engaging NLP For Parents can be one of the options to accompany you behind having further time.

It will not waste your time. take on me, the e-book will utterly manner you supplementary event to read. Just invest little times to door this on-line publication **Engaging NLP For Parents** as well as evaluation them wherever you are now.

### 12RM18 - LEVY HALLIE

Brief Counselling in Schools, third edition, is a highly practical and accessible guide to helping and supporting young people experiencing difficulties both at home and at school or college. Covering issues from low self-esteem and sexuality, to substance misuse and aggression, the author draws on a method of brief integrative counselling to illustrate how a time-limited therapy can work effectively in an often pressured and time-limited setting. This fully revised and updated edition: " includes a whole new chapter on self-harm " discusses the latest research findings " outlines up-to-date Safeguarding legislation and Child Protection protocols " explores a teamwork approach to counselling " examines the contribution of neuroscience to adolescent brain development " considers the harmful effects of cyber bullying " is in an accessible format with reflective exercises on ethical issues. Steeped in vivid case examples, therapeutic dialogue and points for reflection, this invaluable book will help develop the theoretical knowledge, understanding and skills base of any youth counsellor, teacher or social worker based in a school or college setting.

At the end of every week many teachers leave school exhausted. In an era when responsibility for exam results lies with them and not their students it's time to redress the balance so that students take more of the responsibility for their learning. A class can be skilled and motivated to learn without a teacher always having to lead. Engaging learners in this way unpicks intrinsic motivation, the foundation that underpins a productive learning environment and helps to develop independent learning. Based on five years of intensive research through Osiris Education's award-winning Outstanding Teaching Intervention programme, during which the authors have trained more than 500 teachers to teach over 1,300 lessons in schools nationwide, this book is packed with proven advice and innovative tools developed in these successful outstanding lessons. Written in the same humorous, thought-provoking style with which they both teach and train, Andy and Mark aim to challenge all who teach, from NQTs to seasoned professionals, to reflect on their day-to-day practise and set an agenda for sustainable improvement.

Packed full of ideas, information and techniques for effective education.

- Examines each of the 9 Enneagram types as parents, including how to utilize your type's inherit skills to be a better parent
- Explores each of the 9 types as children and teens, including their positive and more challenging traits, their triggers and fears, and how you can help your child find emotional health and achieve their full potential
- Looks at each of the 81 parent-child type combinations and shows how each combination works at its best as well as what happens under pressure

In this practical guide to better parenting with the Enneagram, certified Enneagram practitioner and experienced parent Ann Gadd explores the 9 Enneagram parenting types and the 9 Enneagram child types, revealing each type's strengths and challenges, as well as exploring all 81 parent-child type combinations. She offers a quiz to determine your Enneagram type and explains how to discover your child's

type. Examining each of the 9 Enneagram parenting types in detail, Gadd looks at what each parental type wants from their child, how to parent from the highest aspects of your type, and how to utilize your type's inherent skills to be an even better parent. She explores each of the 9 types as children, preteens, and teens, including their positive and more challenging traits--what drives them, what they fear, what inspires them--and offers suggestions for how you can best relate to and communicate with your child. Looking at each of the 81 parent-child combinations, Gadd suggests how each combination works at its best as well as what happens under pressure. She reveals how to improve your overall parent-child relationship by recognizing not only your child's triggers but also your own and how to navigate them, leading to more harmonious relationships and interactions within your family. Offering an opportunity to understand your child and yourself on a much deeper level, the author's systematic approach to parenting with the Enneagram reveals why we and our children behave in certain ways, how to release our habits, and how to be fully present as a parent. And being present with our children is the best gift we can give them to help them feel safe, heard, and understood.

This book does not pretend to know what is best for you, nor will it tell you how to live your life. It is a Toolkit for Transformation - the Life Manual you didn't get when you were born! It 's all about recognizing you have choice, you are always choosing. You have the choice of continuing to do what you have always done and get the same results, or you can choose to do something different.

We all want our children to grow up in a safe and happy world where they will learn and play, make friends and be free of stress, don't we? If only that could be the case for all our children. Sadly though they experience changes they find difficult to cope with, pressures too onerous to bear and sadness we can't magic away with a hug. I have written this book for you to work through with your child aged 5-11yrs. This book will teach them about; Self Esteem; Setting goals; Controlling their mood; Managing criticism; Coping with change; Coping with grief; Making friends (rapport) Learning styles (VAK).

Wolfgang is excited to be allowed to have his friends over to stay for the whole night. They all have great fun until the lights go out and Wolfgang's secret fear of the dark is revealed. His friends laugh at him until they hear his story and see the Shadow Monster for themselves! Spider shows Wolfgang a special magic spell to make scary things go away. The magic spell is so good that all of his friends want to try it on the things that scare them too. Life can sometimes be scary but there are some great tricks out there to make scary things not so scary anymore. You can even have a little fun with it! Suitable for 4- to 7-year-olds.

Brand Licensing is the most exciting and inspiring element of the marketing mix, reaching all of us in every product sector from clothing, food, giftware, household, music and publishing to stationery and toys. Brand Licenses can come from a fantastic variety of backgrounds including the arts, design, entertainment,

celebrities, online and sport. Whether you are a brand owner looking to license out your brand or a manufacturer thinking of buying into a license, getting it RIGHT has never been so important. *Secrets of \$uccess in Brand Licensing* is written by Brand Licensing Industry experts, Andrew Levy and Judy Bartkowiak who share their years of practical experience and contacts worldwide to bring you the inside story on today's successful brand licensing campaigns. What is Brand Licensing?; What makes a successful Brand License?; The process of Brand Licensing; The role of key players in Brand Licensing; Promoting your Brand License; Maximising Retail Impact; Keeping up with information and news on Brand Licensing. There is a plethora of successful globally Licensed Brands all competing for a share of retail space. This book is the key to unlocking the inside track on Brand Licensing.

Do you want to use the power of NLP to supercharge every aspect of your life? Do you want to understand how to create instant rapport with anyone? Do you want to be able to effectively emulate the skills of the people you respect the most? This new *Teach Yourself Workbook* doesn't just tell you how to use NLP. It accompanies you every step of the way, with diagnostic tools, goal-setting charts, practical exercises, and many more features ideal for people who want a more active style of learning. The book starts by helping you identify your own preferred styles of learning and communication. It then helps you set specific goals to improve on; as you progress through the book, you will be able to keep checking your progress against these goals. Specially created exercises, using the tools and techniques of NLP, will help you boost your skills and communication so that you can reach your potential in any situation.

When Wolfgang and his friends learn about a secret cave where a baby dragon is growing they quickly run off to find it but, sadly, Wolfgang gets left behind. His bag is full of heavy worries that are making him slow and he just can't let go of them. When he trips on a rock and falls, Spider shows him how to rest his busy mind and tells them that worries aren't so bad if you share them. Nobody likes worries, so it's good to know how to give a worried mind a rest! Suitable for 4- to 7-year-olds. The ebook is available as a Fixed Layout ePub and also a Kindle Fire (KF8) edition with Pinch and Zoom.

What do the NLP Masters know that the rest of us don't? Do they have a secret recipe for success? Is there a special alchemy at work? 'The Secrets of the NLP Masters' reveals the 50 things you need to know to excel in the workplace and out of it, just as if you were an NLP expert. Some will surprise you, and all will inspire you. Put these 50 simple strategies together and you have a recipe for success, a proven formula that will unlock the secrets and uncover your potential.

Aims to provide the reader with ways to facilitate automatic, natural personal change. With roots in the approaches of Grinder and Bandler, advice is given in ten steps to more satisfying relationships, profound inner states of peace and a sense of oneness.--From publisher description.

Wolfgang can't wait for it to get cold enough for him to wear his brand new colourful coat but when the time finally arrives, some nasty creatures make fun of it. Wolfgang feels upset and is afraid that they will hurt him again, so he hides away in the tree house. Spider encourages Wolfgang to tell someone he trusts about how he is feeling and he learns that things aren't always as they seem. Sometimes we get hurt by others and we have to be brave enough to continue to be ourselves and to keep our hearts open. There can be some lovely surprises for us when we do! Suitable for 4- to 7-year-olds.

Parenting is not an idea, concept or belief. It's a process and therefore is neither static nor fixed in time that results in some-

thing special being created. The *Parents' Handbook* provides you with tools, techniques, insights and approaches to improve the way you communicate, to be available emotionally and physically and to successfully fulfill the different roles expected of you as a parent.

Juliet Robertson offers tips and tricks to help any teacher develop variety in their teaching. One of the keys to a happy and creative classroom is getting out of it and this book will give you the confidence to do it. It contains a wealth of ideas from cheat sheets to activities that allow teachers and parents to encourage outdoor learning and improve student participation. There is no need for expensive tools or complicated technologies; all you need is your coat and a passion for learning - oh, and you'd better bring the kids too

*NLP FOR TEACHERS* empowers teachers to rediscover the power of teaching via human excellence towards Quality Literacy for All. It is a means to manipulate human-building approaches via tools of Neuro-Linguistic Programming (NLP) as practice for developing Total Quality Student (TQS) as one of the initiatives of any school with the approach of unleashing the power of success and happiness for teachers, students and parents, in particular. The author, Dr. Dheeraj Mehrotra, encapsulates his wide experience of over thirty years of teaching and learning to pace the quality initiatives of WOW feature for schools, making every student a PRIDE to the human race, with the power of human excellence as a priority to face the model challenges of tomorrow, with a smile on their faces.

*NLP for Teachers* covers a wide range of practical tools that will enhance your interpersonal effectiveness and classroom delivery. Find out how both your language and your internal processing affects the behaviour of others around you; Learn some amazing tools and techniques; Take your communication skills to the next level

Neuro Linguistic Programming has long been a popular management training tool used in companies all over the world for; Sales, Leadership, Managing people, Managing change, Motivation, Goal setting. *NLP For Work* gives you access to the latest NLP tools and techniques to help you; Feel confident in the workplace, Access your core skills, Drive your career forward, Learn new skills, Communicate effectively, Give impressive presentations, Write clearly and concisely, Manage reviews and feedback, Network with excellence, Get a win win in negotiations.

Wolfgang is left heartbroken when his best friend Catreen runs off without him to play with Clarissa. Spider shows Wolfgang how to make his own fun and Wolfgang realises that there are other great friends out there just waiting to be met! There are some situations and feelings that we cannot change and there are some that we can. Knowing the difference between the two (and some ways to make ourselves feel happy) is a great trick to have up our sleeves! Suitable for 4- to 7-year-olds.

*Be A Happier Parent with NLP* will give you exactly the skills you need to raise a confident, secure child in a confident and secure manner. It uses the tried, trusted and proven techniques of neuro-linguistic programming to help tackle areas in which you feel you lack confidence as a parent, while at the same time giving you the skills to help your child be happy, fulfilled and confident themselves. You will find yourself feeling less guilty, more in control, and communicating better with your child - at the same time you will be able to support your child in difficult situations and help them grow into a well-rounded adult.

The difference between those who conquer fear and those who succumb to is how quickly you can get up. The ten billion dollar "Self Help" industry is about strategies, tactics, and hacks to tell you to get back up. Very few show you the "how" This is why, for

every person getting up, there are twenty-seven who fall back down. In this book, Poonam Jalan, a certified counselor and behavior analyst, talks about her journey from disasters to success; from heartbreaking failure to the ethereal happiness in helping others heal. With a cocktail of science and compassion, she shares the "hows" of forming beliefs, letting go of pain, and emerging victorious from whatever life throws at you. This is the story of a brave woman who refused to submit.

Every child, every family situation is different and parenting is a journey of constant change. There are no "right answers", only what works for you and your family. This book will give you a toolkit of practical NLP (Neuro Linguistic Programming) methods flexible enough to cover all situations. It focuses equally on the needs of you, the parent, as well as your child and will help you: get your family life running more smoothly; understand your children; support and encourage them and their development more effectively; recognise and meet your own needs so you can be more resourceful in family life; feel more confident and positive so you can have fun and enjoy being a parent more of the time! Rather than giving prescriptive advice, *Happy Kids Happy You* will enable you to develop your own solutions to situations. You will learn to speak and behave more positively with your children and experience outstanding results!

This best-selling book is an easy-to-read guide for parents, using the latest thinking from the fields of positive psychology, NLP and hypnotherapy to help children overcome bedwetting more easily. The seven-day programme also comes with downloadable hypnotic audio recording 'Dry Beds Now', which is filled with positive suggestions to make changing this unwanted habit easier. This fully revised and updated edition includes improvements to the system, thanks to years of results and research from parents, GPs and Consultant Paediatricians. In surveys over 70% of children achieved dry nights following this system, and 85% of parents would recommend this system to others.

*Engaging Families in Schools* is a practical resource that provides strategies and ideas that will contribute to the effective engagement of families and the involvement of parents in their child's education. Parental engagement with school staff has a significant and very positive impact on children's learning, and strategies presented have been extensively trialled in a variety of different settings. Nicola S. Morgan shows school staff how to understand the importance of family engagement and evidence the outcomes. This book has been split into ten easily accessible units: Understanding the importance of parent engagement Using whole-school strategies to engage parents The role of the family engagement officer Engaging all parents Engaging Dads Engaging multicultural parents Difficult to engage parents Working with parents to improve student attainment Working with parents to improve behaviour and attendance Working with parents of children with additional needs This is a must-read guide for teaching and non teaching staff who wishes to bridge the gap between their student's school and family life and understand the effects of positive family engagement.

ADHD has cast a long shadow over Daniel's life, and over that of his mother Alison. In this candid account of life with an ADHD child, Alison openly discusses her family's experiences with education, the police, and medication.

In 'Making Kids Cleverer: A manifesto for closing the advantage gap', David Didau reignites the nature vs. nurture debate around intelligence and offers research-informed guidance on how teachers can help their students acquire a robust store of knowledge and skills that is both powerful and useful. Foreword by Paul A. Kirschner. Given the choice, who wouldn't want to be cleverer? What teacher wouldn't want this for their students, and what par-

ent wouldn't wish it for their children? When David started researching this book, he thought the answers to the above were obvious. But it turns out that the very idea of measuring and increasing children's intelligence makes many people extremely uncomfortable: If some people were more intelligent, where would that leave those of us who weren't? The question of whether or not we can get cleverer is a crucial one. If you believe that intelligence is hereditary and environmental effects are trivial, you may be sceptical. But environment does matter, and it matters most for children from the most socially disadvantaged backgrounds those who not only have the most to gain, but who are also the ones most likely to gain from our efforts to make all kids cleverer. And one thing we can be fairly sure will raise children's intelligence is sending them to school. In this wide-ranging enquiry into psychology, sociology, philosophy and cognitive science, David argues that with greater access to culturally accumulated information taught explicitly within a knowledge-rich curriculum children are more likely to become cleverer, to think more critically and, subsequently, to live happier, healthier and more secure lives.;Furthermore, by sharing valuable insights into what children truly need to learn during their formative school years, he sets out the numerous practical ways in which policy makers and school leaders can make better choices about organising schools, and how teachers can communicate the knowledge that will make the most difference to young people as effectively and efficiently as possible. David underpins his discussion with an exploration of the evolutionary basis for learning and also untangles the forms of practice teachers should be engaging their students in to ensure that they are acquiring expertise, not just consolidating mistakes and misconceptions. There are so many competing suggestions as to how we should improve education that knowing how to act can seem an impossible challenge. Once you have absorbed the arguments in this book, however, David hopes you will find the simple question that he asks himself whenever he encounters new ideas and initiatives Will this make children cleverer? as useful as he does.;Suitable for teachers, school leaders, policy makers and anyone involved in education

Between 13 and 19 we become adults and pass from the relatively protected home and family base to the street with our friends. Along the way we take exams, make hugely important decisions about school, work and relationships and we make mistakes. These mistakes can help us develop as mature adults or they can set us back and leave us lacking in confidence and unable to achieve our potential. This book gives you some helpful tips and information about how to harness what you are good at so you can manage what you are not good at and make it better. Content includes; Confidence how to get it and keep it; Non verbal communication eg appearance; Verbal communication and getting what you want; Managing exam stress; Getting a job; Relationships and sex

Children who have autism require comprehensive educational and treatment services. There are a myriad of approaches currently recommended to practitioners and parents, but little is known about their efficacy. Which are the most effective in teaching skills, overcoming behavior challenges, and improving quality of life? Methods must be based in research settings, but be easily extended to real world settings where children with autism live, go to school, socialize, and recreate. Identifying and validating effective practices is a complex and multi-faceted process, but an essential one for responsible research and practice. This book brings together multiple and contemporary perspectives on intervention effectiveness for autism education and behavior support. With contributors from a variety of disciplines and orientations, *Effective Practices for Children with Autism* presents a critical appraisal of current practice standards, emphasizing empirically sup-

ported procedures and research-to-practice applications. By bringing together a diverse group of authors, the editors have ensured that the vast field of information on interventions for children with autism is thoroughly examined, and that no topic has gone untouched. Written for practitioners, research scientists, and clinicians, the book is an essential framework for evaluating educational and treatment procedures, selecting those that are most effective, and evaluating outcomes.

Elaine Halligan's *My Child's Different: The lessons learned from one family's struggle to unlock their son's potential* explores the enabling role that parents can play in getting the best out of children who are seen as 'different' or 'difficult'. Foreword by Dr Laura Markham. Society favours children, and adults, who conform. The notion that our children may be shunned for being 'different' breaks our hearts, but there is plenty we can do to help such children develop into thriving, resilient adults. In *My Child's Different* Elaine shares the true story of her son Sam, who by the age of seven had been excluded from three schools and was later labelled with a whole host of conditions ranging from autistic spectrum disorder (ASD) to pathological demand avoidance (PDA), before finally being diagnosed with dyslexia. He had become 'the Alphabet Kid'. His family never gave up on him, however Drawing lessons from Sam's transformational journey from difficult child to budding entrepreneur, *My Child's Different* offers encouragement to parents who may be concerned about what the future might hold, and demonstrates how with the right support and positive parenting skills their children can grow up to surprise and delight them. The book chronicles Sam's journey from birth to adulthood, allowing readers to spot past and present patterns that may be comparable with their own children's experiences, and provides pragmatic parenting advice that will be of benefit to any parent whose children who may or may not have a diagnosed learning difficulty struggle with life educationally or socially. Elaine writes with warmth and compassion as she revisits the challenges faced, the obstacles overcome and the key interventions that helped instil in Sam a sense of self-belief, a drive to succeed and an emotional intelligence beyond his years. Interspersed throughout the narrative are the reflections and insights of parenting expert Melissa Hood, who illustrates the key concepts from Sam's story and shares practical positive parenting techniques to help parents better connect with their children. Also included are contributions from Sam himself providing an additional, uniquely rich perspective that will help deepen parents' understanding of their children's feelings and emotions. Suitable for parents, educators and anyone who works with children, *My Child's Different* is a celebration of all the unique qualities that those who are different bring to society.

Would you like to; be confident; be able to say 'no' and feel OK about it; be aware of the choices available; be solution focussed, calm and controlled; And learn some great skills to pass on to your kids? If so, this book is definitely for YOU.

Since the 1970's, educators, psychologists and politicians have continually stressed the need to help children actually learn how to learn. This groundbreaking book is the first of its kind to do just that. Aimed at parents who want to start their kids off on the right track, this book is actually a step-by-step course to help you teach your kids how to learn. It's filled with explanations, exercises, tips, check lists and guidelines to help you at every step in the process. Your kids won't learn these things in school, because schools aren't equipped to provide it. Here is your chance to make up for what's missing in the classroom. You won't find anything like it anywhere else. **THIS BOOK IS GREAT!** Sid has written what may be the definitive guide for parents (... and anyone else who works with children). He literally covers it all: how to prepare

yourself, the most important things you need to pay attention to when you are working with children to help them succeed... - Joseph Riggio, Ph.D., Cognitive Scientist, author of *The State of Perfection* The frustration with learning can be greatly alleviated if we apply the principles and processes offered in this book. If you are a parent, teacher or have ever been a young frustrated learner, you will love this book.... -Judith DeLozier, Co-author of *NLP II: The Next Generation* In a remarkably practical and engaging way, Sid Jacobson offers helpful and unique suggestions for how to help kids to fall in love with 'learning to learn'. It is clear that Sid is sharing a passion that he has developed for many years. I highly recommend this book! -Stephen Gilligan, Ph.D., Psychologist, author of *The Courage To Love*

This book fits neatly between *NLP for Children* and *NLP for Teens*, covering as it does that Tween 10-15yr age group which sees children develop into young adulthood. Children become independent, responsible and resourceful because they spend most of their time away from home and the family. They need to be equipped with confidence, motivation and good communication skills. This book will teach them NLP tools and techniques to manage: transition into secondary school; onset of puberty; growth of personal responsibility; relationships with boys/girls; schoolwork and exams; peer group pressure; weight issues; bullying.

Do you struggle to lose weight and wonder why? Do your bad habits and lack of confidence hold you back? Do you find yourself repeating bad patterns of behavior? *Fix Your Lifewill* show you how easy it can be to rid yourself of life's irritating problems by using the latest psychological techniques of NLP. This is an ideal introduction to the subject, as the author Alicia Eaton cuts through the technical jargon that's usually associated with NLP and explains how the techniques and strategies used by some of the world's most successful people, can easily be incorporated into your daily life. As well as explaining how our minds work and why it's so easy to fall into bad patterns of behavior, the author presents the NLP techniques as 'Apps for the Mind'. So, just as you'd download an App for your phone or computer to expand its' capabilities, you'll now be able to download an 'App for your Mind' to enable you to achieve more than ever before. Client stories from the author's Harley Street practice demonstrate how to fix fears and phobias such as public-speaking or fear of flying; deal with bad habits such as shopping addiction or Facebook obsessions and even apply your very own hypnotic gastric band to combat overeating. Readers are encouraged to view this book as a 'first aid kit for the mind' that can support them, plus friends and family, for many years.

Richard Bandler, co-creator of NLP and the man who inspired Paul McKenna to greatness, collaborates with Alessio Roberti and Owen Fitzpatrick to reveal how to unleash your true potential and transform your life.

In *Reading for Pleasure*, Kenny Pieper has gathered a range of tried-and-tested strategies to get kids reading, and enjoying it. We hear too often that kids don't read any more: Kenny thinks it should be every teacher's mission to prove this isn't true. In a squeezed curriculum it can be tempting to accept pupils' lack of reading and make excuses that there is not enough time to give to the 'luxury' of personal reading. Teachers do this at our peril. Reading is the essential building block of further literacy development as well as a skill, hobby and habit that we can take with us forever. Kenny Pieper takes the act of reading for granted, as many - but sadly not all - adults do. You're reading this right now. However, this isn't the case for everyone. Kenny teaches kids whose lives are terrifying obstacle courses of reading-related problems. They know they struggle with reading so they try to avoid reading at all costs. They leave school, not merely unaffect-

ed by this strange reading thing, but saddled with a great deal of emotional baggage about being an outsider, even more entrenched in a belief that reading is for others more intelligent than them. Then there are the children who can read perfectly well, but chose not to, unconvinced of the importance of reading in their lives. What difference does it make to them? We have to answer that question in school. We have a duty to put an end to illiteracy and aliteracy. Kids need reading role models and, as a teacher, that role model is you. You may be the only adult who that reluctant reader will ever see reading. Teachers are critical in giving all children the gift of being able to read well and to value reading. Topics covered include: the author's personal reading journey, how reading enabled him to become the first person in his family to go to university and convinced him that fostering a love of reading is his moral duty as an educator, illiteracy and aliteracy, reluctant readers, book reviews, prioritising personal reading by devoting ten minutes each lesson to it, habitual reading, the reading environment, interest inventories, technology, e-readers, Accelerated Reader programmes, recommended reading, building a class library, bookmarks, book tweets, book speed-dating, libraries, librarians, literacy and class inequality, parental involvement, podcasting, reading records, reading dialogue journals, the rights of the reader, reading aloud, silent reading and literacy and gender, amongst others. The benefits we can all reap

when kids become confident readers who read for pleasure are obvious. Discover strategies which will: get kids talking about books, get them thinking about books, get them reading books, encourage independent reading, develop literacy skills and establish a classroom culture where reading is expected and celebrated. Suitable for primary and secondary teachers, leaders and SENCOs, or just anyone with an interest in or responsibility for getting kids to read.

Parenting: Contemporary Clinical Perspectives offers fresh insights into treating parents and their children that highlight the evolving role of parents throughout the lifespan and amidst contemporary social pressure and change. By drawing from their own personal experiences as well as those from clinical practice, distinguished clinicians and analysts examine each phase of parenting through a variety of lenses to tackle our biggest parenting questions. While we must be highly present for our children to help them develop a sense of self-worth, we must simultaneously step back if we want them to develop a sense of autonomy and individuality. As our role as parent changes, how can we maintain a sense of grace, humor, and perspective? How can our work in practice inform and enrich our parenting, and vice versa? Thoughtful and engaging, this volume is a valuable resource for family therapists and clinicians, especially those who are parents themselves.