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What is EMDR? | Trauma Recovery

Theory Shapiro developed an information processing theory 1,2,3 to explain and predict the treatment effects seen with EMDR therapy. This theoretical model also describes the development of personality, psychological problems and mental disorders. The following is a simplified description of Shapiro's theory.

EMDR and Psychotherapy Integration

In EMDR as an Integrative Psychotherapy Approach, EMDR originator Francine Shapiro explores the latest developments and theoretical perspectives on, and clinical implications of, this complex psychotherapy approach originally developed to treat posttraumatic stress disorder. Leading spokespersons of all major schools of psychotherapy explore how EMDR meshes with their approaches, identifying ...

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Eye Movement Desensitization and Reprocessing (EMDR) is a non-invasive, evidence-based method of psychotherapy that helps victims recover from the effects of psychological trauma through adaptive information processing.

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EMDR Therapy: Understanding Eye

Movement Desensitization \u0026amp; Reprocessing

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EMDR and Psychotherapy Integration: Theoretical and Clinical Suggestions with Focus on Traumatic Stress (Innovations in Psychology Series) 1st Edition by Howard Lipke (Author)

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Book Description Initially regarded as one of the most peculiar methods of psychotherapy ever devised, EMDR (eye movement desensitization and reprocessing) was introduced to psychotherapists 11 years ago when Dr. Francine Shapiro reported demonstrable rapidly effective treatment results.

EMDR and Psychotherapy Integration: Theoretical and ...

This model advances the integration of EMDR theory and practice with dynamic, behavioral and humanistic methods, as well as with previous prominent integrative models. Recognizing the commonalities in human healing/growth traditions, the text also offers therapeutic suggestions for use of EMDR that rely on the wisdom of previously established psychotherapies as well as that of religion and philosophy.

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to integrate Shapiro's theory on how dysfunctional memory can be reprocessed, provides the clinical findings on EMDR, and discusses the theory and findings of the broad range of other approaches to psychotherapy. This model also provides guidelines for practitioners in the use of EMDR. In

EMDR and Psychotherapy Integration

EMDR as an Integrative Psychotherapy Approach. Written for clinicians, each chapter contains insights on EMDR from leaders from a variety of paradigms. Introductory chapters by Dr. Shapiro include case examples and client transcripts to demonstrate EMDR and how the information processing model is used for case conceptualization. Chapters by leading spokespersons of all major schools of psychotherapy describe how EMDR meshes with their approaches and offer specific techniques to enhance the ...

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EMDR as an Integrative Psychotherapy Approach: Experts of ...

Lipke's integrative model of psychotherapy is a very helpful framework from which to make sense of EMDR and of psychotherapy in general. He proposes that therapy is based on a Four Activity Model (FAM): accessing current information, introducing new information, facilitating information processing, and inhibition of information processing.

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What is EMDR? | Trauma Recovery

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This study examined how 3 therapists from differing theoretical orientations (psychodynamic, humanistic, and cognitive-behavioral) integrate eye movement desensitization and reprocessing (EMDR)...

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