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### 5139T5 - LOWERY PITTS

This book has been replaced by *Adolescents at Risk: Home-Based Family Therapy and School-Based Intervention*, ISBN 978-1-4625-3653-5.

Now in a significantly revised and expanded second edition, this groundbreaking work illuminates how racism, sexism, and other forms of oppression constrain the lives of diverse clients and family therapy itself. Practitioners and students gain vital tools for re-evaluating prevailing conceptions of family health and pathology; tapping into clients' cultural resources; and developing more inclusive theories and therapeutic practices. From leaders in the field, the second edition features many new chapters, case examples, and specific recommendations for culturally competent assessment, treatment, and clinical training. The section in which authors reflect on their own cultural and family legacies also has been significantly expanded.

Using real cases, narratives, and biographical material, this text examines issues related to the mental health intersect with race and ethnicity. It draws on the experiences of ethnic minority therapists.

A progressive Georgia lawyer's memoir of his 30 plus years living in Blakely in Early County.

Examines the ethnic and subcultural variations among aged Americans, including those of African, Asian, and Hispanic origin, and discusses ethnicity as a mediator in the problems of aging

The classic and critically acclaimed book *Family Therapy with Ethnic Minorities*, Second Edition has now been updated and revised to reflect the various demographic changes that have occurred in the lives of ethnic minority families and the implications of these changes for clinical practice. *Family Therapy with Ethnic Minorities* provides advanced students and practitioners with the most up-to-date examination yet of the theory, models, and techniques relevant to ethnic minority family functioning and therapy. After an introductory discussion of principles to be considered in practice with ethnic minorities, the authors apply these principles to working with specific ethnic minority groups, namely African Americans, Latinos, Asian/Pacific Americans, and First Nations People. Distinctive cultural values of each ethnic group are explored as well as specific guidelines and suggestions on culturally significant family therapy strategies and skills. Key Features: The revised text reflects advances in family therapy scholarship since the first edition thus ensuring for readers an up-to-date treatment of the topic Accents and extends current critical constructionist theories and techniques and applies them within a culturally specific perspective Pays special attention to the issues of 'historical trauma' (referred to as 'soul wound'), especially in work with First Nations Peoples and African American families /span

Volume IV of *The Handbook of Systemic Family Therapy* considers family-level interventions for issues of global public health. Information on the effectiveness of relational treatment is included along with consideration of the most appropriate modality for treatment. Developed in partnership with the American Association for Marriage and Family Therapy (AAMFT), it will appeal to clinicians, such as couple, marital, and family therapists, counselors, psychologists, social workers, and psychiatrists. It will also benefit researchers, educators, and graduate students involved in CMFT.

The therapeutic relationship is increasingly becoming a central topic in systemic psychotherapy and cross-cultural thinking. Here, experienced systemic psychotherapists offer their reflections and thoughts on the issues of race, culture, and ethnicity in the therapeutic relationship. The aim is to develop this area of systemic practice, to place culture squarely at the centre of all systemic psychotherapy practice as a model for all psychotherapy practice, to encourage both trainees and experienced systemic psychotherapists to pay attention to race, culture, and ethnicity as central issues in their own and their clients' identities, and to inform researchers who use qualitative research techniques such as ethnography. This book moves the issues of culture, race and equity into the centre of psychotherapeutic practice, including that which involves therapeutic encounters across culture, racial and ethnic divides. It develops an approach to cultural transference and demonstrates that thinking about culture, race and ethnicity does not belong at the margin.

Integrative, research-based, multisystemic: these words reflect not only the state of family therapy, but the nature of this comprehensive handbook as well. The contributors, all well-recognized names who have contributed extensively to the field, accept and embrace the tensions that emerge when integrating theoretical perspectives and science in clinical settings to document the current evolution of couples and family therapy, practice, and re-

search. Each individual chapter contribution is organized around a central theme: that the integration of theory, clinical wisdom, and practical and meaningful research produce the best understanding of couple and family relationships, and the best treatment options. The handbook contains five parts: • Part I describes the history of the field and its current core theoretical constructs • Part II analyzes the theories that form the foundation of couple and family therapy, chosen because they best represent the broad range of schools of practice in the field • Part III provides the best examples of approaches that illustrate how clinical models can be theoretically integrative, evidence-based, and clinically responsive • Part IV summarizes evidence and provides useful findings relevant for research and practice • Part V looks at the application of couple and family interventions that are based on emerging clinical needs, such as divorce and working in medical settings. *Handbook of Family Therapy* illuminates the threads that are common to family therapies and gives voice to the range of perspectives that are possible. Practitioners, researchers, and students need to have this handbook on their shelves, both to help look back on our past and to usher in the next evolution in family therapy.

This book embraces a decolonizing praxis that emphasizes a broader understanding of Native American/Alaska Native child maltreatment and utilizes an Indigenous-feminist lens to conceptualize, treat, intervene, and promote wellness. Specifically, this book examines child maltreatment through the intersection of feminist, multicultural, and prevention/wellness promotion lenses. This state of the art text interconnects Native elders/scholars' stories (brief case studies) with historical context, theory, and culturally-informed as well as trauma-informed approaches of treating Native Americans/Alaska Native populations.

Raciolinguistics reveals the central role that language plays in shaping our ideas about race. The book brings together a team of leading scholars- working both within and beyond the United States- to share powerful, much-needed research that helps us understand the increasingly vexed relationships between race, ethnicity, and language in our rapidly changing world. Combining the innovative, cutting-edge approaches of race and ethnic studies with fine-grained linguistic analyses, chapters cover a wide range of topics including the language use of African American Jews and the struggle over the very term "African American," the racialized language education debates within the increasing number of "majority-minority" immigrant communities as well as Indigenous communities in the U.S., the dangers of multicultural education in a Europe that is struggling to meet the needs of new migrants, and the sociopolitical and cultural meanings of linguistic styles used in Brazilian favelas, South African townships, Mexican and Puerto Rican barrios in Chicago, and Korean American "cram schools," among other sites. With rapidly changing demographics in the U.S.- population resegregation, shifting Asian and Latino patterns of immigration, new African American (im)migration patterns, etc.- and changing global cultural and media trends (from global Hip Hop cultures, to transnational Mexican popular and street cultures, to Israeli reality TV, to new immigration trends across Africa and Europe, for example)- Raciolinguistics shapes the future of studies on race, ethnicity, and language. By taking a comparative look across a diverse range of language and literacy contexts, the volume seeks not only to set the research agenda in this burgeoning area of study, but also to help resolve pressing educational and political problems in some of the most contested racial, ethnic, and linguistic contexts in the world.

This work has rapidly achieved prominence as a standard text in social work curricula, family therapy training programs, and clinical practice. Diverse ethnic and socio-economic lifestyles are examined through shared developmental stages, offering student and therapist alike new insights on family problems and ways of approaching and alleviating them.

No other available text offers such a hands-on approach to marriage and family therapy theory. At the core of Systemic Family Therapy are comprehensive sections devoted to each developmental phase of the family therapy movement. With clear descriptions and session-by-session case examples, the author explores specific approaches within each of these phases. With this pragmatic tenor, students will gain a clear and in-depth understanding of how family theory concepts relate to practice-as well as ways those concepts interact with each other. Key Features Uses specific examples and session-by-session case studies to illustrate how theoretical construct actually work in practice Outlines the shifts in thinking of the family therapy field-from modern to post-modern Uses rich graphic representations and straightforward tables to illustrate key theoretical concepts Incorporates compelling questions and learning exercises that will lead to dynamic class discussions Intended Audience A refreshing departure from tradi-

tional instruction of family therapy theory, this core textbook is an excellent resource for upper-level undergraduate and graduate students of family therapy, counseling, social work, and family studies.

Widely used by both family therapists and family physicians, the genogram is a graphic way of organizing the mass of information gathered during a family assessment and finding patterns in the family system. Both entertaining and instructive, this book is the ideal way to introduce all those involved in family treatment to this essential assessment tool.

Social, cultural, and religious characteristics that are relevant to working with Black American families, illustrated with case examples and hands on guide to developing cultural awareness of a specific ethnic population.

This a practical guide to multicultural counselling from a variety of perspectives.

As the population of older Americans grows, it is becoming more racially and ethnically diverse. Differences in health by racial and ethnic status could be increasingly consequential for health policy and programs. Such differences are not simply a matter of education or ability to pay for health care. For instance, Asian Americans and Hispanics appear to be in better health, on a number of indicators, than White Americans, despite, on average, lower socioeconomic status. The reasons are complex, including possible roles for such factors as selective migration, risk behaviors, exposure to various stressors, patient attitudes, and geographic variation in health care. This volume, produced by a multidisciplinary panel, considers such possible explanations for racial and ethnic health differentials within an integrated framework. It provides a concise summary of available research and lays out a research agenda to address the many uncertainties in current knowledge. It recommends, for instance, looking at health differentials across the life course and deciphering the links between factors presumably producing differentials and biopsychosocial mechanisms that lead to impaired health.

"Since its initial publication, this acclaimed work has provided a comprehensive conceptual framework and hands-on strategies for culturally competent clinical practice with Latino families and individuals. Practitioners and students gain an understanding of the family dynamics, migration experiences, ecological stressors, and cultural resources that are frequently shared by Latino families, as well as variations among them. Through in-depth case illustrations, the author shows how to apply a multicultural lens to assessment and intervention that draws on each client's strengths. Creative ideas are presented for addressing frequently encountered clinical issues and challenges at all stages of the family life cycle. New to This Edition \*Reflects the ongoing development of the author's multidimensional model, including additional assessment/treatment planning tools. \*Incorporates the latest clinical research and over a decade of social and demographic changes. \*Chapter on working with geographically separated families, including innovative uses of technology. \*Chapters on health disparities and on adolescents. Expanded discussion of same-sex marriage, intermarriage, divorce, and stepparenting. Subject Areas/Keywords: acculturation, adolescents, assessments, Chicano, children, clinical practice, couples, cultural diversity, discrimination, ethnicity, families, family therapy, Hispanic, immigrants, immigration, Latino, mental health, migration, parenting, prejudice, psychotherapy, racism, religion, spirituality, treatments Audience: Therapists and counselors working with families; instructors and students in family therapy, clinical psychology, psychiatry, social work, counseling, and nursing"--

Provides the medical and graduate educator with an innovative and effective cinema based curriculum useful for teaching a broad array of topics. Contains thirty chapters that address important areas in medical education such as chronic illness, disabilities, chemical dependency, cultural diversity, mental disorders and the doctor patient relationship. Catalogues over 450 scenes from 125 popular movies on video and includes a rationale for the importance of the subject, description of the movie and scene, counter number for finding the scene, relevant trigger questions for leading group discussion and related readings. An exhaustive appendix lists a host of additional movies relevant for teaching but not cited in the text.

Fragments of Trauma and the Social Production of Suffering: Trauma, History, and Memory offers a kaleidoscope of perspectives that highlight the problem of traumatic memory. Because trauma fragments memory, storytelling is impeded by what is unknowable and what is unspeakable. Each of the contributors tackles the problem of narrativizing memory that is constructed from fragments that have been passed along the generations. When trauma is cultural as well as personal, it becomes even more invisible,



as each generation's attempts at coping push the pain further below the surface. Consequently, that pain becomes increasingly ineffable, haunting succeeding generations. In each story the contributors offer, there emerges the theme of difference, a difference that turns back on itself and makes an accusation. Themes of knowing and unknowing show the terrible toll that trauma takes when there is no one with whom the trauma can be acknowledged and worked through. In the face of utter lack of recognition, what might be known together becomes hidden. Our failure to speak to these unspirited truths becomes a betrayal of self and also of others. In the case of intergenerational and cultural trauma, we betray not only our ancestors but also the future generations to come. In the face of unacknowledged trauma, this book reveals that we are confronted with the perennial choice of speaking or becoming complicit in our silence.

This classic text helps professionals and students understand and address cultural and racial issues in therapy with African American clients. Leading family therapist Nancy Boyd-Franklin explores the problems and challenges facing African American communities at different socioeconomic levels, expands major therapeutic concepts and models to be more relevant to the experiences of African American families and individuals, and outlines an empowerment-based, multisystemic approach to helping clients mobilize cultural and personal resources for change. Part of PsycBOOKS collection.

Many children with medical conditions fail to improve despite physicians' best efforts. Sometimes, we ascribe this failure to lack of adherence to therapy or to the severity of the condition. What we often fail to appreciate, however is that sometimes the lack of improvement can be explained by the patients' psychological states. The first section of *Functional Symptoms in Pediatric Disease: A Clinical Guide* teaches children's health care providers to recognize functional symptoms that can complicate organic disease as well as symptoms that are believed to be purely functional in origin. Literature reviews, case studies and quizzes are provided in each chapter, with video demonstrations included in some of the chapters. The second section of the book will help clinicians differentiate the patients for whom referral to a mental health provider is mandatory from those for whom other approaches may be useful. For the latter group, the book teaches clinicians to empower themselves by learning how to incorporate various therapies for functional disorders into their practice, including biofeedback, basic cognitive behavioral therapy techniques, hypnosis, acupressure, yoga and meditation. Practical strategies for obtaining training in these modalities are provided in the appendix. Useful for practicing clinicians including pediatricians, family practitioners, pediatric subspecialists, child psychiatrists, psychologists, other mental health care providers and practitioners of alternative and complementary medicine, *Functional Symptoms in Pediatric Disease: A Clinical Guide* is an important new book that will help children's health care providers consider the possible impact of functional contributions to the clinical presentation of their patients.

Relational competence—the set of traits that allow people to interact with each other effectively—enjoys a long history of being recorded, studied, and analyzed. Accordingly, Relational Competence Theory (RCT) complements theories that treat individuals' personality and functioning individually by placing the individual into full family and social context. The ambitious volume *Relational Competence Theory: Research and Mental Health Applications* opens out the RCT literature with emphasis on its applicability to interventions, and updates the state of research on RCT, examining what is robust and verifiable both in the lab and the clinic. The authors begin with the conceptual and empirical bases for the theory, and sixteen models demonstrate the range of RCT concerns and their clinical relevance, including: - Socialization settings for relational competence. - The ability to control and regulate the self. - Relationship styles. - Intimacy and negotiation. - The use of practice exercises in prevention and treatment of pathology. - Appendices featuring the Relational Answers Questionnaire and other helpful tools. *Relational Competence Theory* both challenges and confirms much of what we know about the range of human relationships, and is important reading for researchers, scholars, and students in personality and social psychology, psychotherapy, and couple and family counseling.

American Indians and Alaska Natives have consistently experienced disparities in access to healthcare services, funding, and resources; quality and quantity of services; treatment outcomes; and health education and prevention services. Availability, accessibility, and acceptability of behavioral health services are major barriers to recovery for American Indians and Alaska Natives. Common factors that influence engagement and participation in services include availability of transportation and child care, treatment infrastructure, level of social support, perceived provider effectiveness, cultural responsiveness of services, treatment settings, geographic locations, and tribal affiliations.

Widely used by both family therapists and family physicians, the genogram is a graphic way of organizing the mass of information gathered during a family assessment and finding patterns in the family system. This popular text, now updated and expanded, provides a standard method for constructing a genogram, doing a

genogram interview, and interpreting the results. Both entertaining and instructive, *Genograms* is an ideal way to introduce all those involved in family treatment - family therapists, physicians, nurses, social workers, pastoral counselors, and trainees in these fields - to this essential assessment and intervention tool.

Racial and ethnic disparities in health care are known to reflect access to care and other issues that arise from differing socioeconomic conditions. There is, however, increasing evidence that even after such differences are accounted for, race and ethnicity remain significant predictors of the quality of health care received. In *Unequal Treatment*, a panel of experts documents this evidence and explores how persons of color experience the health care environment. The book examines how disparities in treatment may arise in health care systems and looks at aspects of the clinical encounter that may contribute to such disparities. Patients' and providers' attitudes, expectations, and behavior are analyzed. How to intervene? *Unequal Treatment* offers recommendations for improvements in medical care financing, allocation of care, availability of language translation, community-based care, and other arenas. The committee highlights the potential of cross-cultural education to improve provider-patient communication and offers a detailed look at how to integrate cross-cultural learning within the health professions. The book concludes with recommendations for data collection and research initiatives. *Unequal Treatment* will be vitally important to health care policymakers, administrators, providers, educators, and students as well as advocates for people of color.

This volume applies critical social theories to family therapy practice, using sociopolitical context for a clearer focus on the power dynamics of couple and family relationships. Its decolonizing approach to therapy is shown centering the pervasive cultural themes that grant privilege to specific groups over others, feeding unequal and oppressive relationships that bring families and couples to treatment. Therapy is shown here as a layered and nuanced process, with practitioners developing an ethical human rights perspective toward their work as they aid clients in negotiating for greater justice and equity in their relationships. The book bridges theory and practice by giving readers these essential tools: Strategies for asking clients about social class. A framework for understanding gender issues within the larger patriarchy. Guidelines for relating concepts of race and class in therapy. Structure for creating the family cartography. Ways to utilize a queer perspective in therapy. Illustrative case examples throughout. Breaking new ground in family therapy, *Applying Critical Social Theories to Family Therapy Practice* challenges social workers, social work researchers, therapists, and psychologists to push beyond current ideas of social awareness and cultural competence toward truly liberatory client-centered practice. .

The latest edition of this definitive book in the field of family therapy—the first update in ten years. Widely used by family therapists— and by health care professionals in general—the genogram is a graphic way of organizing the mass of information gathered during a family assessment. This visual representation allows the practitioner to find patterns in the family system for more targeted treatment. Now in its fourth edition, *Genograms* has been fully updated by renowned therapist Monica McGoldrick. Expanded with four-color images throughout, additional material explaining the use of genograms with siblings and couples, and a thorough updating to essential concepts, this edition provides a fascinating view into the richness of family dynamics. Informative, comprehensive, and beautifully written and illustrated, this book helps bring to life principles of family system theory and systemic interviewing, as well as walk readers through the basics of constructing a genogram, doing a genogram interview, and interpreting the results.

Tom Hayden explores the losses wrought by Irish American conformism, in his own life and beyond. When David Trimble claimed recently that Irish republicans needed house-training, I felt the echo of my master's voice down through the ages, that of the Vikings, the British, and the WASPs, and knew why I am Irish. Now and then someone has to defecate on the master's rug. Tom Hayden first realized he was 'Irish on the inside' when he heard civil rights marchers in Northern Ireland singing 'We Shall Overcome' in 1969. Though his great-grandparents had been forced to emigrate to the US in the 1850s, Hayden's parents erased his Irish heritage in the quest for respectability. In this passionate book he explores the losses wrought by such conformism. Assimilation, he argues, has led to high rates of schizophrenia, depression, alcoholism and domestic violence within the Irish community. Today's Irish-Americans, Hayden contends, need to re-inhabit their history, to recognize that assimilation need not entail submission. By recognizing their links to others now experiencing the prejudice once directed at their ancestors, they can develop a sense of themselves that is both specific and inclusive: 'The survival of a distinct Irish soul is proof enough that Anglo culture will never fully satisfy our needs. We have a unique role in reshaping American society to empathize with the world's poor, for their story is the genuine story of the Irish.'

In a revised edition of her revelatory work *You Can Go Home Again*, veteran family therapist Monica McGoldrick explains how understanding family patterns and history through the use of the genogram - a more in-depth version of the traditional family tree -

can reveal a family's history of estrangement, alliance, divorce, suicide, or disease and help us to learn, grow, and deepen the bonds with our own families. McGoldrick uses famous families as examples to bring the discussion to life - the Obamas, the Ghandis, the Roosevelts, the Kennedys, Frida Khalo, Freud, Che Guevara and the Hepburns, among others, are all included. By drawing on these examples and incorporating new illustrations and updated genograms, she shows how issues of sibling rivalry, birth order, family myth, marital relations and parent-child relationships can all play a role in how we perceive our family history, our sense of 'home,' and, therefore, our identity. In *The Genogram Journey* McGoldrick examines our collective past while informing us about how to use it wisely to shape the future.

This unprecedented volume provides a primer on diverse couples and families—one of the most numerous and fastest-growing populations in the United States—illustrating the unique challenges they face to thrive in various cultural and social surroundings. • Offers an examination of a broader-than-typical array of diverse families and the challenges they face • Includes case vignettes of couples and families of varying racial/ethnic, socioeconomic, religious/spiritual, and sexual orientations, the subgroups among them, and their intersections • Examines issues including social disparities, stereotyping and discrimination, identity development, and the roles of neighborhoods and communities • Written to allow easy incorporation as a textbook or supplemental text • Includes highlighted "Myths and Realities" with each chapter as well as a list of additional resources and cultural competence take-aways after each section

*The Handbook of Counseling Women*, edited by Mary Kopala and Merle Keitel, draws together a nationally recognized group of contributing scholars and practitioners to address current theories, research, and issues relevant to the mental and physical well-being of women. Comprehensive and accessible, the Second Edition is organized into three parts covering theoretical, sociocultural, biological, and developmental considerations; assessment, diagnosis, and intervention; and supervision, research, and ethics. The reorganization of this new edition includes more sections and chapters giving special attention to such topics as women and poverty, intimate partner violence, women's career barriers, and considerations for specific ethnic groups.

This text offers a straightforward, comprehensive overview of both traditional and evolving theoretical models of family therapy and intervention techniques as well as a discussion of clinical issues unique to family therapy practice. Aiming to prepare students to develop beginning proficiency in family therapy, the authors outline major family therapy models in detail, including a step by step description of concepts, theories, skills, and techniques as well as a history of each model and its conceptual and theoretical underpinnings. The text also provides extensive case illustrations of family interviews that identify the specific stages, clinical issues, concepts, theories and techniques associated with each model. This core text is designed for graduate level courses such as Family Therapy, Marriage and Family Therapy, Marriage and Family Counseling, Family Systems Theory, and Family Counseling in departments of social work, psychology, nursing, education, or human services.

*Socioculturally Attuned Family Therapy* addresses the need for socially responsible couple, marriage, and family therapy that infuses diversity, equity, and inclusion throughout theory and clinical practice. The text begins with a discussion of societal systems, diversity, and socially just practice. The authors then integrate principles of societal context, power, and equity into the core concepts of ten major family therapy models, paying close attention to the "how to's" of change processes through a highly diverse range of case examples. The text concludes with descriptions of integrative, equity-based family therapy guidelines that clinicians can apply to their practice.

This reader will serve as a supplemental resource for the text: *Family Therapy: Models, Skills and Techniques: A Comprehensive Introduction*, and the *Instructors Manual*. The Reader has two purposes: - to provide background reading material to assist the instructor in the preparation of class room lectures and - to provide additional resources beyond the scope of an introductory family therapy textbook

This clinical reference provides the latest knowledge on culturally sensitive practice with more than 40 different ethnic groups and demonstrates how to weave cultural information into assessment and intervention.

*MASTERING COMPETENCIES IN FAMILY THERAPY: A PRACTICAL APPROACH TO THEORY AND CLINICAL CASE DOCUMENTATION*, 3rd Edition enables faculty to easily measure clinical competencies as required by accrediting bodies for counseling, family therapy, psychology, and social work. Using an inviting and engaging tone, Diane R. Gehart introduces students to family therapy theories using real-world clinical forms, which are incorporated into the text. Diversity and research considerations are integrated into theoretical discussions and practical applications to facilitate a more holistic understanding of couple and family therapy. Updated throughout, this edition includes new and revised treatment forms; a new model based on the work of Karl Tomm that facilitates cross-theoretical comparison; coverage of two new theories (integrative be-

havioral couple's theory, a leading evidence-based treatment; and intensive structural therapy); and more. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. This collection of life stories offers compelling narratives by indivi-

duals from different races, ethnic groups, religions, sexual orientations, and social classes. By weaving these engaging stories with relevant theoretical topics, this unique textbook provides deeper levels of understanding on how cultural factors influence identity, personality, worldview, and mental health. An Instructor's Re-

source CD with supplemental materials for each chapter and a helpful internet study site at <http://www.sagepub.com/dimensionsofmulticulturalcounselingstudy/> including podcasts and videos offer further opportunities that examine and apply this mosaic of rich subject matter.