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In the final column, labeled “50%+”, you’ll see a check if the product contains more whole grain than refined grain (i.e., if 50% or more of the grain is whole grain). Please note that not all companies have yet sent us updated information to support this new checkmark and the addition of the 50%+ Stamp in early 2017.

Skip the processed, gluten-packed alternatives. Crunchmaster Multi-Grain Crackers are crafted with whole grain brown rice, stone-ground corn, oat fiber and four tasty seeds.

Whole Grain Crackers Whole Grain Crackers (9:03) Alice Friedemann, author of Crunch! Whole Grain Artisan Chips and Crackers, shows viewers that making whole grain crackers is both easy and inexpensive. You probably already have the ingredients in your pantry, as these crackers use just whole wheat flour, water, and sesame seeds, and are seasoned with salt and pepper.

Buy Crunch! Whole Grain Artisan Chips and Crackers: Low-Fat, Low-Sugar, Low-Salt Snack, Garnish or Croutons New, Easy, No-roll method 2 by Alice Friedemann, Jeffery B Kahn (ISBN: 9781481922678) from Amazon’s Book Store. Everyday low prices and free delivery on eligible orders.

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Video: DIY whole grain mix for homemade crackers and chips ...

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Crunchmaster Crackers

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Alice Friedemann demos how quick and easy it is to make your own crackers using the unique technique and a recipe from her book, “Crunch! Whole Grain Artisan Chips and Crackers.” The oven is at 30...

You’ll get scrambled egg substitute, two strips of turkey bacon, whole wheat toast and a perfect portion of seasonal mixed fruit. FRENCH TOAST Whether crowned with fruit topping, stuffed with sweet cream or enjoyed with butter and one of our famous syrups, our French Toast favorites are always at the top of breakfast lovers’ lists.

DIY Whole Grain Crackers: The Art of Combining Flours

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DIY Whole Grain Crackers: The Art of Combining Flours ... Alice is the author of the book "Crunch! Whole Grain Artisan Chips and Crackers," available on Amazon.com See www.wholegrainalice.com for ...

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