
Read Free Clinical Interviewing Intake Assessment And Therapeutic

As recognized, adventure as skillfully as experience practically lesson, amusement, as competently as covenant can be gotten by just checking out a ebook **Clinical Interviewing Intake Assessment And Therapeutic** as a consequence it is not directly done, you could admit even more almost this life, just about the world.

We have enough money you this proper as competently as easy showing off to acquire those all. We have the funds for Clinical Interviewing Intake Assessment And Therapeutic and numerous book collections from fictions to scientific research in any way. accompanied by them is this Clinical Interviewing Intake Assessment And Therapeutic that can be your partner.

F18K5F - BRUNO ROLAND

"It is a delight to see the Fourth Edition of Sommers-Flanagans's excellent work. They understand counseling and therapy, their writing is clear, and this book will be enjoyed by students and faculty alike." —Allen E. Ivey, EdD, ABPP, Professor Emeritus, University of Massachusetts Amherst Updated with a new accompanying DVD—The classic text presenting practical strategies for conducting effective interviews—now reflecting the latest interviewing guidelines Updated to reflect the emerging field of online and other non--face-to-face interventions, Clinical Inter-

viewing, Fourth Edition 2012–2013 Update blends a personal and easy-to-read style with a unique emphasis on both the scientific basis and interpersonal aspects of interviewing. John and Rita Sommers-Flanagan thoroughly explore clinical interviewing—from the very basics of listening to the latest skills needed as a practitioner. Now with a new accompanying DVD illustrating interviewing skills and common interviewing situations, this Updated Edition adds: A new chapter covering non--face-to-face assessment and interviewing via email, telephone, texting, videoconferencing/Skype, instant messaging, and online

chatting New structured interview protocol with step-by-step guidance through a mental status examination—whether face-to-face or not Guidance on the evidence base, treatment outcomes, and ethical issues for non--face-to-face assessment and intervention Complete with real-world case examples, Clinical Interviewing, Fourth Edition 2012–2013 Update equips readers with a realistic yet intuitive guide to mastering the skills necessary to be an effective interviewer today. Instructor Site: www.wiley.com/go/clinicalinterviewing Student Resource Site: www.wiley.com/go/clinicalinterviewing

Includes case studies, chapter summaries, and new sections. Features an online instructor's manual. Integrates different theoretical models.

The Handbook of Clinical Interviewing with Children is one of three interrelated handbooks on the topic of interviewing for specific populations. It presents a combination of theory and practice plus concern with diagnostic entities for readers who work, or one day will work, with children (and their parents and teachers) in clinical settings. The volume begins with general issues (structured versus unstructured interview strategies, developmental issues when working with children, writing up the intake interview, etc.), moves to a section on major disorders with special relevance for child populations (conduct disorders, attention-deficit hyperactivity disorder, learning disorders, etc.), and concludes with a section addressing special populations.

Print+CourseSmart

This textbook brings together leading experts to provide a comprehensive and practical review of common clinical, organisational, and ethical issues in correctional psychiatry.

Primary care medicine is the new frontier in medicine. Every nation in the world has recognized the necessity to deliver personal and primary care to its people. This includes first-contact care, care based in a positive and caring personal relationship, care by a single healthcare provider for the majority of the patient's problems, coordination of all care by the patient's personal provider, advocacy for the patient by the provider, the provision of preventive care and psychosocial care, as well as care for episodes of acute and chronic illness. These facets of care work most effectively when they are embedded in a coherent integrated approach. The support for primary care derives from several significant trends. First, technologically based care costs have rocketed beyond reason or availability, occurring in the face of exploding populations and diminishing real resources in many parts of the world, even in the wealthier nations. Simultaneously, the primary care disciplines-general internal medicine and pediatrics and family medicine-have matured significantly.

Motivational Interviewing in Clinical Mental Health Counseling is a cutting-edge guide to empowering counselors with the philo-

sophical and actionable elements of motivational interviewing. This textbook, appropriate for primary or supplementary use in counseling coursework, is a practitioner and student-friendly text appropriate for readers across all levels of familiarity with motivational interviewing. Chapters integrate and present the newest conceptual and empirical literature, and the relevant, up-to-date content in each chapter is accompanied by a detailed case study and specific training exercises that will enhance counselors' proficiency in core skills. Motivational Interviewing in Clinical Mental Health Counseling introduces new learners to the skills and philosophy of motivational interviewing, enhances the skills of veterans familiar to the framework, and is the perfect companion for students of motivational interviewing across a variety of mental health counseling courses.

"Clinical interviewing with adults is both an art and a science. This handbook will appeal to a wide range of clinical researchers, therapists, interns, and graduate students new to the complexities of the clinical interview and diagnostic process. The comprehensive range of topics and coverage that includes case illustrations with

dialogue and differential diagnosis and co morbidity will be highly attractive features to researchers, professional therapists, and graduate students. The Hersen and Thomas team is highly qualified to succeed in this ambitious set of three projects.” —Carolyn Brodbeck, Chapman University

The Handbook of Clinical Interviewing with Adults is one of three interrelated handbooks on the topic of interviewing for specific populations. It presents a combination of theory and practice plus concern with diagnostic entities for readers who work, or one day will work, with adults in clinical settings. The volume begins with general issues (structured versus unstructured interview strategies, mental status examinations, selection of treatment targets and referrals, writing up the intake interview, etc.), moves to a section on major disorders most relevant to adult clients (depression, bipolar disorder, agoraphobia, posttraumatic stress disorder, eating disorders, alcohol and drug abuse, sexual dysfunction, etc.), and concludes with a chapter on special populations and issues (neurologically impaired patients, older adults, behavioral health consultation, etc.).

This Handbook provides a contemporary and research-informed review of the topics essential to clinical psychological assessment and diagnosis. It outlines assessment issues that cross all methods, settings, and disorders, including (but not limited to) psychometric issues, diversity factors, ethical dilemmas, validity of patient presentation, psychological assessment in treatment, and report writing. These themes run throughout the volume as leading researchers summarize the empirical findings and technological advances in their area. With each chapter written by major experts in their respective fields, the text gives interpretive and practical guidance for using psychological measures for assessment and diagnosis.

DSM-5® Handbook of the Cultural Formulation Interview provides the background, context, and detailed guidance necessary to train clinicians in the use of the Cultural Formulation Interview (CFI), which was created as part of the 2007-2013 DSM revision process. The purpose of the CFI -- and this unique handbook -- is to make it easier for providers to account for the influence of culture in their clinical work to enhance patient-clinician communication

and improve outcomes. Cultural psychiatry as a field has evolved enormously from the days when it was principally concerned with epidemiological and clinical studies of disease prevalence; it now examines a multitude of issues, primary among them the differing patient, family, and practitioner models of illness and treatment experiences within and across cultures. The editors, all of whom have been intimately involved in the evolution of the field, have designed the book and accompanying videos for maximum instructional and clinical utility. The Handbook boasts many strengths and useful features, including: A detailed description of each of the three CFI components: a core 16-item questionnaire, which can be applied in any clinical setting with any patient by any mental health clinician; an informant version of the core CFI used to obtain information from caregivers; and 12 supplementary modules that expand on these basic assessments. This material facilitates implementation of the CFI by clinicians. Over a dozen clinical vignettes are included to illustrate use of the three components, and the Handbook also includes multiple videos that demonstrate the application of

portions of the core CFI, and several supplementary modules. Strategies for incorporating the CFI into clinical training are identified and discussed, furthering the objective of developing culturally-sensitive and astute practitioners. The theoretical bases of the CFI are explored, raising questions for discussion and identifying areas for further research. The CFI is a valuable tool for all patients, not just those judged to be culturally different. The CFI has been called the single most practically useful contribution of cultural psychiatry and medical anthropology to clinical psychiatry, primary care, and medicine in general. DSM-5® Handbook on the Cultural Formulation Interview is the only book on the market that equips readers with the skills and insight to incorporate the CFI into practice, making it a critically important addition to the clinical literature.

This open access book sets out the stress-system model for functional somatic symptoms in children and adolescents. The book begins by exploring the initial encounter between the paediatrician, child, and family, moves through the assessment process, including the formulation and the treatment contract, and then describes

the various forms of treatment that are designed to settle the child's dysregulated stress system. This approach both provides a new understanding of how such symptoms emerge -- typically, through a history of recurrent or chronic stress, either physical or psychological -- and points the way to effective assessment, management, and treatment that put the child (and family) back on the road to health and well-being.

Though psychology as a discipline has grown enormously in popularity in recent years, compulsory courses in research methods and statistics are seldom embarked upon with any great enthusiasm within the undergraduate and postgraduate communities. Many postgraduate and PhD students start their research ill-equipped to design effective experiments and to properly analyse their results. This lack of knowledge also limits their ability to critically assess and evaluate research done by others. This book is a practical guide to carrying out research in health psychology and clinical psychology. It bridges the gap between undergraduate and postgraduate study. As well as describing the various techniques and methods

available to students, it provides them with a proper understanding of what a specific technique does - going beyond the introductory descriptions typical of most undergraduate methods books. The book describes both quantitative and qualitative approaches to data collection, providing valuable advice on methods ranging from psychometric testing to discourse analysis. For both undergraduate and postgraduate students, the book will be essential in making them aware of the full range of techniques available, helping them to design scientifically rigorous experiments, and effectively analyse their results.

Using 18 case studies, this book lays the foundation for conducting the spontaneous, unstructured interview with the child. It aims to show clinicians how to create a comfortable environment that will encourage expression and how to systematically observe multiple dimensions of functioning.

Barbara Okun and Ricki Kantrowitz's practical introduction to counseling has helped thousands of readers become effective and empathic helpers. Logical, easy-to-understand, and applicable, EFFECTIVE HELP-

ING: INTERVIEWING AND COUNSELING TECHNIQUES, Eighth Edition, continues to use a unique framework to help readers enhance their self-awareness and their understanding of contemporary forces. The book is infused with many case examples, dialogues, tables, and experiential exercises. The authors help readers develop basic helping skills based on empathic responsive listening, introduce them to theoretical principles, and enable them to effectively integrate theory and practice in a way that is appropriate to their level of training. The learning-by-practice format promotes the active integration of the skills that will prepare students for the realities of what it's like to be a helper. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

First published in 1986. Routledge is an imprint of Taylor & Francis, an informa company.

Integrating recent research and developments in the field, this revised second edition introduces an easy-to-master strategy for developing and writing culturally sensitive case conceptualizations and treat-

ment plans. Concrete guidelines and updated case material are provided for developing conceptualizations for the five most common therapy models: Cognitive-Behavioral Therapy (CBT), Psychodynamic, Biopsychosocial, Adlerian, and Acceptance and Commitment Therapy. The chapters also include specific exercises and activities for mastering case conceptualization and related competencies and skills. Also new to this edition is a chapter on couple and family case conceptualizations, and an emphasis throughout on trauma. Practitioners, as well as graduate students in counseling and in clinical psychology, will gain the essential skills and knowledge they need to master case conceptualizations.

Handbook of Gender and Sexuality in Psychological Assessment brings together two interrelated realms: psychological assessment with gender and sexuality. This handbook aids in expanding the psychological assessors' knowledge and skill when considering how gender and sexuality shapes the client's and the assessor's experiences. Throughout the six sections, gender and sexuality are discussed in their rela-

tion to different psychological methods of assessment; various psychological disorders; special considerations for children, adolescents, and older adults; important training and ethical considerations; as well as several in-depth case discussions.

This volume represents a clear, jargon-free overview of diagnostic categories with helpful hints regarding a psychiatric interview. Completely revised and updated, detailing current innovations in theory and practice, including recent changes in the DSM-IV.

Fully updated for DSM-5, this book provides clinical psychology trainees with a practical template for incorporating the scientist-practitioner model into clinical practice.

Neuropsychological assessment is a difficult and complicated process. Often, experienced clinicians as well as trainees and students gloss over fundamental problems or fail to consider potential sources of error. Since formal test data on the surface appear unambiguous and objective, they may fall into the habit of overemphasizing tests and their scores and underemphasizing all the factors that affect the validity, reliability, and inter-

pretability of test data. But interpretation is far from straightforward, and a pragmatic application of assessment results requires attention to a multitude of issues. This long-awaited, updated, and greatly expanded second edition of the Clinician's Guide to Neuropsychological Assessment, like the first, focuses on the clinical practice of neuropsychology. Orienting readers to the entire multitude of issues, it guides them step by step through evaluation and helps them avoid common misconceptions, mistakes, and methodological pitfalls. It is divided into three sections: fundamental elements of the assessment process; special issues, settings, and populations; and new approaches and methodologies. The authors, all of whom are actively engaged in the clinical practice of neuropsychological assessment, as well as in teaching and research, do an outstanding job of integrating the academic and the practical. The Clinician's Guide to Neuropsychological Assessment, Second Edition will be welcomed as a text for graduate courses but also as an invaluable hands-on handbook for interns, postdoctoral fellows, and experienced neuropsychologists alike. No other book offers its combination

of breadth across batteries and approaches, depth, and practicality.

The exponential growth of clinical psychology since the late 1960s can be measured in part by the extensive-perhaps exhaustive-literature on the subject. This proliferation of writing has continued into the new century, and the field has come to be defined as much by its many topics as its many voices. The Oxford Handbook of Clinical Psychology synthesizes these decades of literature in one extraordinary volume. Comprising chapters from the foremost scholars in clinical psychology, the handbook provides even and authoritative coverage of the research, practice, and policy factors that combine to form today's clinical psychology landscape. In addition to core sections on topics such as training, assessment, diagnosis, and intervention, the handbook includes valuable chapters devoted to new and emerging issues in the clinical field, including health care reforms, cultural factors, and technological innovations and challenges. Each chapter offers a review of the most pertinent literature, outlining current issues and identifying possibilities for future research. Featuring two

chapters by Editor David H. Barlow -- one on changes during his own 40-year odyssey in the field, the other projecting ten themes for the future of clinical psychology -- The Oxford Handbook of Clinical Psychology is a landmark publication that is sure to serve as the field's benchmark reference publication for years to come. It is an essential resource for students, clinicians, and researchers across the ever-growing clinical psychology community.

Fundamental Skills for Patient Care in Pharmacy Practice enables students and new pharmacists to master the skills associated with clinical care in either the inpatient or outpatient setting. In accessible steps, this valuable resource provides the tools for gaining medication histories from patients and counseling them on the most effective and safe manner to take medications. Each chapter explores the background and practice of a critical skill, tools that aid in its development and mastery, and tips for success. Students and pharmacists will come away with the knowledge to identify drug-related problems and formulate plans for solutions to these problems. Fundamental Skills for Patient Care in Pharmacy Practice prepares future

pharmacists to communicate effectively in verbal and written formats with health professionals and special patient populations as they prepare and present SOAP notes, patient cases, and discharge counseling.

A "sink or swim" philosophy frequently prevails in mental health settings today. As a life raft for beginners and their supervisors, *Where to Start and What to Ask* provides all the necessary tools for garnering information from clients. Lukas also offers a framework for thinking about that information and formulating a thorough assessment. This indispensable book helps therapeutic neophytes organize their approach to the initial phase of treatment and navigate even rough clinical waters with competence and assurance.

A comprehensive, evidence-based introduction to the principles and practices of patient communication in a clinical setting Endorsed by the American Academy on Communication for Healthcare Updated and expanded by a multidisciplinary team of medical experts, *Smith's Patient-Centered Interviewing, Third Edition* presents a step-by-step methodology for mastering every aspect of the medical interview. You will learn how to confidently obtain from

patients accurate biomedical facts, as well as critical personal, social, and emotional information, allowing you to make precise diagnoses, develop effective treatment plans, and forge strong clinician-patient relationships. The most evidence-based guide available on this topic, *Smith's Patient-Centered Interviewing* applies the proven 5-Step approach, which integrates patient- and clinician-centered skills to improve effectiveness without adding extra time to the interview's duration. *Smith's Patient-Centered Interviewing* covers everything from patient-centered and clinician-centered interviewing skills, such as: Patient education Motivating for behavior change Breaking bad news Managing different personality styles Increasing personal awareness in mindful practice Non-verbal communication Using computers in the exam room Reporting and presenting evaluations Companion video and teaching supplement are available online. Read details inside the book.

This book guides the clinician step-by-step through the DSM-5 diagnostic process. Interview questions are provided conveniently along each corresponding DSM-5 criteri-

on.

Since the publication of the Institute of Medicine (IOM) report *Clinical Practice Guidelines We Can Trust* in 2011, there has been an increasing emphasis on assuring that clinical practice guidelines are trustworthy, developed in a transparent fashion, and based on a systematic review of the available research evidence. To align with the IOM recommendations and to meet the new requirements for inclusion of a guideline in the National Guidelines Clearinghouse of the Agency for Healthcare Research and Quality (AHRQ), American Psychiatric Association (APA) has adopted a new process for practice guideline development. Under this new process APA's practice guidelines also seek to provide better clinical utility and usability. Rather than a broad overview of treatment for a disorder, new practice guidelines focus on a set of discrete clinical questions of relevance to an overarching subject area. A systematic review of evidence is conducted to address these clinical questions and involves a detailed assessment of individual studies. The quality of the overall body of evidence is also rated and is summarized in the practice guideline.

With the new process, recommendations are determined by weighing potential benefits and harms of an intervention in a specific clinical context. Clear, concise, and actionable recommendation statements help clinicians to incorporate recommendations into clinical practice, with the goal of improving quality of care. The new practice guideline format is also designed to be more user friendly by dividing information into modules on specific clinical questions. Each module has a consistent organization, which will assist users in finding clinically useful and relevant information quickly and easily. This new edition of the practice guidelines on psychiatric evaluation for adults is the first set of the APA's guidelines developed under the new guideline development process. These guidelines address the following nine topics, in the context of an initial psychiatric evaluation: review of psychiatric symptoms, trauma history, and treatment history; substance use assessment; assessment of suicide risk; assessment for risk of aggressive behaviors; assessment of cultural factors; assessment of medical health; quantitative assessment; involvement of the patient in treatment decision making;

and documentation of the psychiatric evaluation. Each guideline recommends or suggests topics to include during an initial psychiatric evaluation. Findings from an expert opinion survey have also been taken into consideration in making recommendations or suggestions. In addition to reviewing the available evidence on psychiatry evaluation, each guideline also provides guidance to clinicians on implementing these recommendations to enhance patient care.

This award-winning, bestselling reference for professional counselors and graduate students is extensively updated and expanded to encompass critical developments that are immediately relevant to the counseling professions, including the 2014 American Counseling Association Code of Ethics, CACREP/CORE accreditation standards, DSM-5, the Affordable Care Act, and many other important changes. It reflects the ongoing consolidation of a strong identity for professional counselors and the need to address mental health and other counseling concerns amidst marked socio-cultural changes. The only resource of its kind, it is an extremely useful guide for counseling students working to-

ward licensure and certification as well as experienced counselors, counselor educators, clinical supervisors, psychologists, and social workers. The second edition offers a unique interdisciplinary approach inclusive across all counseling disciplines and features contributions from over 110 highly regarded experts in counselor education, research, and practice. It is based on the core content and knowledge areas outlined by CACREP and CORE accreditation standards and disseminates, in 93 chapters, both contemporary insight and practical strategies for working with the complexity of real-life issues related to assessment, diagnosis, and treatment of diverse clients. New chapters address military and veteran health issues; evidence-based practice for training; counseling transgender individuals, partners, and families; counseling caregivers; social justice; and so much more. In addition to being a quick-access resource for all counseling professionals, the second edition serves as a concise, accessible reference for graduate students preparing for certification and licensure exams. It features an expanded, comprehensive self-exam of over 340 multiple-choice items based on

the CORE/CACREP core content and knowledge areas for counselor education and training. New to the Second Edition: Updated and expanded discussion of the 2014 ACA Code of Ethics Affordable Care Act and its impact on delivery of mental health services Coverage of DSM-5 Promotes an interdisciplinary approach inclusive across all counseling disciplines Includes an expanded self-exam with over 340 study questions for NCE and CPCE prep New chapters on military and veteran mental health issues New chapter on evidence-based practices for counseling New chapter on behavioral health and health disparities in the U.S. New chapter on social justice and health equity issues New chapter on counseling caregivers New chapter on counseling children with psychiatric conditions New chapter on counseling for wellness New chapter on counseling survivors of natural disasters New information on complementary, alternative, and integrative approaches New information on counseling LGBTQ couples, partners and families Key Features: Covers all key foundational content for CACREP/CORE-accredited programs within one volume Provides quick access to a vast compendium

of counseling information Edited and authored by leading counseling scholars, educators, and practitioners Relevant across all counseling specialties Updated to reflect 2014 ACA Code of Ethics, Affordable Care Act, DSM-5, and revisions to licensure requirements in many states Abnormal and clinical psychology courses are offered in psychology programs at universities worldwide, but the most recent major encyclopedia on the topic was published many years ago. Although general psychology handbooks and encyclopedias include essays on abnormal and clinical psychology, such works do not provide students with an accessible reference for understanding the full scope of the field. The SAGE Encyclopedia of Abnormal and Clinical Psychology, a 7-volume, A-Z work (print and electronic formats), will be such an authoritative work. Its more than 1,400 entries will provide information on fundamental approaches and theories, various mental health disorders, assessment tools and psychotherapeutic interventions, and the social, legal, and cultural frameworks that have contributed to debates in abnormal and clinical psychology. Key features include: 1,400 signed articles contained in

7 volumes and available in choice of print and/or electronic formats Although organized A-to-Z, front matter includes a Reader's Guide grouping related entries thematically Back matter includes a Chronology, Resource Guide, Bibliography, and detailed Index Entries conclude with References/Further Readings and Cross-References to related entries The Index, Reader's Guide themes, and Cross-References between and among entries all combine to provide robust search-and-browse features in the electronic version.

Clinical Interviewing, Fifth Edition blends a personal and easy-to-read style with a unique emphasis on both the scientific basis and interpersonal aspects of mental health interviewing. It guides clinicians through elementary listening and counseling skills onward to more advanced, complex clinical assessment processes, such as intake interviewing, mental status examination, and suicide assessment. Fully revised, the fifth edition shines a brighter spotlight on the development of a multicultural orientation, the three principles of multicultural competency, collaborative goal-setting, the nature and process of

working in crisis situations, and other key topics that will prepare you to enter your field with confidence, competence, and sensitivity.

"Psychiatric Interviewing, 2nd Edition provides concrete methods for exploring sensitive topics such as domestic violence, incest, drug abuse, and the sexual history. Dr. Shea also discusses methods of handling awkward questions and client anger and transforming other common resistances. What's more, in-depth coverage of fundamentals such as structuring techniques, efficient time management, and nonverbal language help you to develop an effective interviewing style."--Jacket.

This handbook surveys clinical and educational considerations related to the foundations, models, special topics, and practice of psychological assessment.

Substance abuse counseling has gone beyond being viewed as optional training; instead it is fast becoming an essential part of the education of helping professionals. In this book, Dr. Gerald Juhnke presents an innovative, practical model to be used in the assessment and diagnosing of substance abuse and related co-morbid disorders. Substance Abuse Assessment and Di-

agnosis includes practical "nuts and bolts" direction on how to facilitate a thorough, multi-tiered substance abuse assessment. This book uniquely incorporates detailed examples of how to use individual and significant other clinical interviews, including the CAGE, SUBSTANCE -Q, etc, standardized specialty instruments, drug detection types, and personality instruments to accomplish this feat. This is the only book of its kind that provides practical detail on how to use and score these varied assessment instruments-including the newest "cornerstone instruments," the MMPI-2, the SASSI-3 and the recently released SASSI-A2. Students and practitioners alike will benefit from this comprehensive volume on the assessment and diagnosis of substance abuse.

Widely recognized as an authoritative resource, this book has been revised and updated with the latest research and techniques, including new material on telehealth services. Guidelines are provided for conducting thorough, developmentally informed interviews with K-12 students--and their parents and teachers--for multimethod assessment and intervention

planning. Extensive case examples illustrate how to elicit information about school functioning, peer relations, emotional and behavioral difficulties, family situations, and adolescent concerns. Two guest authors have contributed chapters on suicide and violence risk assessments. In a convenient large-size format, the book includes over a dozen reproducible interviewing tools; purchasers get access to a webpage where they can download and print the reproducible materials. New to This Edition *Incorporates the latest information on bullying, cyberbullying, and victimization; sexual- and gender-minority youth; social media and smartphone use; and adolescent substance use. *Discusses strategies, tips, and caveats for conducting virtual interviews. *Expanded coverage of cultural and linguistic biases in assessment and how practitioners can build multicultural competence. *Revised and expanded reproducible tool: Semistructured Student Interview--Second Edition. This book is in The Guilford Practical Intervention in the Schools Series, edited by Sandra M. Chafouleas.

In examining the relationship between nutritional exposure and disease aetiology,

the importance of a carefully considered experimental design cannot be overstated. A sound experimental design involves the formulation of a clear research hypothesis and the identification of appropriate measures of exposure and outcome. It is essential that these variables can be measured with a minimum of error, whilst taking into account the effects of chance and bias, and being aware of the risk of confounding variables. The first edition of *Design Concepts in Nutritional Epidemiology* presented a thorough guide to research methods in nutritional epidemiology. Since publication of the 1st edition, we now have a much better understanding of the characteristics of nutritional exposure that need to be measured in order to answer questions about diet-disease relationships. The 2nd edition has been extensively revised to include the most up-to-date methods of researching this relationship. Included are new chapters on qualitative and sociological measures, anthropometric measures, gene-nutrient interactions, and cross-sectional studies. *Design Concepts in Nutritional Epidemiology* will be an essential text for nutritionists and epidemiologists, helping them in their quest to improve the qual-

ity of information upon which important public health decisions are made.

Clinicians are always in need of enticing techniques to engage clients on a daily basis, especially those who are nonverbal or initially opposed to feedback. *Using Drawings in Clinical Practice* provides a rich variety of drawing directives to enhance the diagnostic process. In this highly illustrated text, clinicians will discover the tools they need to interact effectively with their clients. The book places special emphasis on intake interviewing and psychological testing, where the potential for uncovering hidden conflicts and therapeutic direction is especially poignant. Case studies provide a comprehensive overview of how to introduce simple drawings and gain remarkable insights. *Using Drawings in Clinical Practice* is a crucial guidebook for professionals who seek new ways to facilitate meaningful communication and interactions in their practice settings.

The definitive therapist manual for Integrative Behavioral Couple Therapy (IBCT)—one of the most empirically supported approaches to couple therapy. Andrew Christensen, codeveloper (along with the late Neil Jacobson) of Integrative Behavio-

ral Couple Therapy, and Brian Doss provide an essential manual for their evidence-based practice. The authors offer guidance on formulation, assessment, and feedback of couples' distress from an IBCT perspective. They also detail techniques to achieve acceptance and deliberate change. In this updated edition of the work, readers learn about innovations to the IBCT approach in the 20+ years since the publication of the original edition—including refinements of core therapeutic techniques. Additionally, this edition provides new guidance on working with diverse couples, complex clinical issues, and integrating technology into a course of treatment.

This book offers clear and direct answers to the questions most frequently asked by students and trainees learning how to talk to clients and extract critical data from them. Its development reflects the old adage that "necessity is the mother of invention." For many years, the editors taught beginning level mental health clinicians. They found, however, no text to be satisfactory—including a number that they themselves were involved in producing.

Some were too difficult; some were too simplistic; some were too doctrinaire; still others had missing elements. Written in a reader-friendly "how-to" style, the chapters in *Basic Interviewing* are not weighed down by references. Rather, each contributor suggests readings for students and instructors who wish to pursue ques-

tions further. After the initial overview chapter, there are 12 chapters addressing the nuts-and-bolts concerns of all clinicians that can be particularly vexing for neophytes. They cover a variety of issues from the most specific--like how to begin and end interviews--to the more general--like how to build rapport and identify tar-

gets for treatment. Throughout, rich clinical illustrations facilitate the pragmatic application of fundamental principles. Beginning graduate students in counseling and clinical psychology, social work, and other allied mental health fields, as well as psychiatric trainees, will find this text to be an indispensable companion.