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CAMRA's Lake District Pub Walks is a practical, pocket-sized guide to some of the best pubs and best walking in the Lake District—England's largest national park. This guide features 30 walks of varying lengths, aimed at both the casual walker and more serious hiker, and explores some of the region's fascinating cultural heritage and local attractions. Each route has been selected for its inspiring landscape, historic interest, and its beer—with the walks taking you on a tour of the best real ale pubs the area has to offer. Full-col-

or, ordnance survey maps and detailed route information, alongside pub listings with opening hours and details of draught beers, make CAMRA's Lake District Pub Walks the essential guide for anyone wanting to see—and taste—the very best of a stunningly beautiful part of England.

This guide gives walkers ten of the finest walks to Lakeland pubs. With clear information, an overview and introduction for each walk, expertly written numbered directions, large scale Ordnance Survey maps and points of interest along the way, these guides set a new standard in clarity and

ease-of-use.

Like many others, Nick Corble was confused. Unsure of where his country was going, he decided to get engaged rather than enraged. Using only public footpaths, Diagonal Walking traces a walk along a unique line cut at 45 degrees through the very centre of the county. Starting just north of Liverpool and ending on the south coast of Kent, Nick passed through affluence and austerity. Writing with disarming honesty, he chronicles what he discovered, not only about his fellow countrymen, but also about the state of the na-

tion itself as it faced its greatest challenge for generations. Diagonal Walking is more than simply a long distance walk or another take on Brexit. Determined to reach out to listen to, and learn from, as many voices as possible, Nick planned to involve both the virtual and real world in his trek. As he donned his rucksack for the first time, what he couldn't have foreseen was that the summer of 2018 would be marked by extremes of both weather and politics unseen for at least forty years. Funny and insightful, Diagonal Walking packs a punch, providing the reader with plenty of food for thought, and maybe even the incentive to do something similar.

A practical, pocket-sized guide to some of the best pubs and walking routes in the south eastern corner of England Aimed at both casual walkers and serious hikers, this guide features walks throughout the south east counties that border London, along with details of the region's heritage and special attractions. Each route has been carefully chosen for its inspiring landscape, historic interest, and its beer, with the walks taking travelers on a tour of the best real ale pubs the area has to offer. Full-color maps; detailed information on

routes, accommodation, and public transportation; special feature boxes giving detailed insights into fascinating local attractions and history; and pub listings with opening hours and details of draught beers make this the essential guide for anyone wanting to see--and taste--the very best of a stunningly beautiful part of England.

This is a pocket-sized traveler's guide to some of the best walking and best pubs in the Lake District. The walks are grouped geographically and also explore some of the region's fascinating historical and literary heritage, as well as its thriving brewing scene. The book contains essential information about local transport and accommodation. The walks include Settle and Upper Ribblesdale, Whitby to Robin Hood's Bay, Brontë country: Haworth and Ponden, Sheffield: Kelham Island and the "valley of beer," and Hull's old town: a fishy trail.

THE PERFECT GIFT FOR THOSE WHO LOVE LONDON. A RADIO 4 BEST FOOD AND DRINK BOOK OF THE YEAR. An illustrated guide to London's best pubs and their extraordinary history, presented by the founder of the world-famous Liquid History

Tours. Pull up a stool for a thirst-quenching trundle through London's liquid history in search of the city's greatest pubs. We raise a toast in Shakespeare's local, pop in for a pint at Jack the Ripper's bar and push open the bloodstained doors of the Bucket of Blood. Liquid History is a beautifully illustrated love letter to London's finest hosteleries, written by the city's leading pub tour guide and host of the celebrated Liquid History Tours. Profiling over 50 timeless boozers, this book tells the story of London's history and the taverns that have hosted, harboured and refreshed its leading characters. Exploring the watering holes of London's writers and artists, its most notorious criminals and celebrated figures, we move from architectural marvels to secretive backstreet boozers to join the dots for London's ultimate knees-up.

Walking London is the essential companion for any urban explorer—visitor or native—committed to discovering the true heart of one of the world's greatest capital cities. In 30 original walks, distinguished historian Andrew Duncan reveals miles of London's endlessly surprising landscape. From wild heathland to formal gardens, cobbled mews to elegant squares and ar-

acades, bustling markets to tranquil villages—Duncan reveals the pick of the famous sights, but also steers walkers off the tourist track and into the city's hidden corners. Handsomely illustrated with specially commissioned color photographs and complete route maps, the book provides full details of addresses, opening times and the best bars and restaurants to visit en route.

The second edition of CAMRA's pocket-sized walking guide to London is packed with fully updated routes, new pubs and pages of fresh content, including special tours around the city via public transport. Full-colour maps and easy-to-follow instructions make this a must-have for both walkers and non-walkers who love a good pub and a great pint. --Publisher.

It's an extraordinary tale of yeast-obsessed monks and teetotal prime ministers; of how pale ale fuelled an Empire and weak bitter won a world war; of exploding breweries, a bear in a yellow nylon jacket and a Canadian bloke who changed the drinking habits of a nation. It's also the story of the rise of the pub from humble origins through an epic, thousand-year

struggle to survive misunderstanding, bad government and misguided commerce. The history of beer in Britain is a social history of the nation itself, full of catastrophe, heroism and an awful lot of hangovers. 'a pleasant antidote to more po-faced histories of beer' Guardian 'Like a good drinking companion, Brown tells a remarkable story: a stream of fascinating facts, etymologies and pub-related urban phenomena' TLS 'Packed with bar-room bet-winning facts and entertaining digressions, this is a book into which every pub-goer will want to dip.' Express

A pocket-sized edition of the best-selling Great Pubs of London, this book celebrates London's most significant and historic pubs. For centuries, the pub has been an essential part of London's cultural and social fabric. This book takes readers through the doors of 25 historically and architecturally significant London pubs. Through photographs specially commissioned for this project, readers can explore these institutions--from snob screens to 400-hundred-year-old flagstone floors. Engaging texts highlight what makes each pub so special, their place in London's history, the personalities who have frequent-

ed them, the events that occurred inside, and the ways pubs have contributed phrases such as "on the wagon" and "one for the road" to the modern lexicon. This book reveals why the Lamb and Flag in Covent Garden earned the nickname the "Bucket of Blood," and features a pub that Charles Dickens described as a "great rambling queer old place". Furthermore, the book muses over the chances that Casanova paid a visit to The Dog and Duck in Soho, and uncovers the location of Charles De Gaulle's favorite wartime watering hole. This fascinating book is a must-have for anyone with a love for these London institutions and its new, easy-to-carry format makes it perfect for taking on a historic pub crawl.

The ultimate travel guide for enthusiasts and those interested in learning more about these unique brewing cultures - whether or not they make the trip!

The 'Good Bottled Beer Guide' showcases the very best bottled British ales being produced, with details of where they can be bought. Everything you need to know about bottled beers: tasting notes, ingredients, brewery details, and a glossary to help the reader understand more about

them.

Abby Abernathy is re-inventing herself as the good girl as she begins her freshman year at college, which is why she must resist lean, cut, and tattooed Travis Maddox, a classic bad boy.

With an easy three-step plan, *Mindful Drinking: How To Break Up With Alcohol* is here to help the 64% of Brits who want to drink less, and cultivate a new, healthy and more mindful relationship with alcohol. You CAN drink less, without giving up! Journalist Rosamund Dean combines scientific expertise with practical advice in a game-changing three step guide: The Problem, The Incentive, and The Plan. By following this guide you will be able to experience the benefits of drinking less - drinking less will improve your mood, your skin, your sex-drive and your body as well as reduce stress and anxiety. Whether you are sober-curious, or just want to cut down - *Mindful Drinking: How To Break Up With Alcohol* shows not only why you should, but also how you can, in a way that will change your life forever. What readers have been saying about *Mindful Drinking: How to Break Up With Alcohol*: 'Brilliant

book; realistic and creating real positive change' 'Would highly recommend for anyone who is concerned about the amount they drink, but doesn't want to completely stop.' 'A brilliantly straightforward and realistic approach to cutting down sensibly.' 'Really broke a cycle for me of just drinking every weekend.'

London is a great city for walking, whether for pleasure, exercise or simply to get from A to B. Despite the city's extensive transport system, walking is also often the quickest way to get around – at least in the centre – and it's also free and healthy! London has grown organically over 2,000 years rather than being planned logically like some modern cities (such as New York). As a result many attractions are off the beaten track, away from the major thoroughfares and public transport hubs. This favours waking as the best way to explore the city, which contains a wealth of interesting sights in every 'nook and cranny'.

From the sources of the Fleet in Hampstead's ponds to the mouth of the Effra in Vauxhall, via the meander of the Westbourne through 'Knight's Bridge' and the Tyburn's curve along Marylebone Lane,

London's Lost Rivers unearths the hidden waterways that flow beneath the streets of the capital. Paul Talling investigates how these rivers shaped the city - forming borough boundaries and transport networks, fashionable spas and stagnant slums - and how they all eventually gave way to railways, roads and sewers. Armed with his camera, he traces their routes and reveals their often overlooked remains: riverside pubs on the Old Kent Road, healing wells in King's Cross, 'stink pipes' in Hammer-smith and gurgling gutters on streets across the city. Packed with maps and over 100 colour photographs, *London's Lost Rivers* uncovers the watery history of the city's most famous sights, bringing to life the very different London that lies beneath our feet.

"A walking guide with a difference, taking you off the beaten tourist track to discover London's hidden and lesser-known (but no less fascinating) sights. Step beyond the chaos, cliches and queues of London's tourist-clogged attractions and explore its secretive, enigmatic side. Discover the city's hidden ancient buildings, secret gardens, beautiful and poignant sculptures and

monuments, bizarre street art and trivia, ancient pubs, historic shops and much, much more. Contains 25 walks from Putney to Spitalfields, Paddington to Borough, Kensington to Clerkenwell, taking in most of central London."--Publisher's description.

Applying the winning formula of London's Best Pubs to focus on riverside watering holes, this book shows the best that the capital has to offer along the Thames and the Grand Union Canal. Extending from Walton-on-Thames to Thamesmead, the book features 100 pubs, giving a variety of venues for the perfect afternoon by the river. Divided by area and accompanied by photography showcasing both exteriors and interiors, the pubs described here will appeal to a broad range of visitors, both tourists and London residents alike. Every entry features an overview of the ales on offer, together with informative historical and architectural snapshots and details on the character of each pub. This title is suitable for: visitors to London who are looking for great riverside locations; and London residents who are looking for a break from their usual pub choices.

This guide will lead you to the pubs

throughout the South East that still have interiors or internal features of real historic significance. They range from rural 'time-warp' pubs, some with no bar counters, to old coaching inns and include some unsung interiors from the inter-war and post-war period. This is the first guide of its kind for the South East and it champions the need to celebrate, understand and protect the genuine pub heritage we have left.

_____ The huge word-of-mouth bestseller - completely updated for 2019 THE LONDON THAT TOURISTS DON'T SEE Look beyond Big Ben and past the skyscrapers of the Square Mile, and you will find another London. This is the land of long-forgotten tube stations, burnt-out mansions and gently decaying factories. Welcome to DERELICT LONDON: a realm whose secrets are all around us, visible to anyone who cares to look . . . Paul Talling - our best-loved investigator of London's underbelly - has spent over fifteen years uncovering the stories of this hidden world. Now, he brings together 100 of his favourite abandoned places from across the capital: many of them more magnificent, more

beautiful and more evocative than you can imagine. Covering everything from the overgrown stands of Leyton Stadium to the windswept alleys of the Aylesbury Estate, DERELICT LONDON reveals a side of the city you never knew existed. It will change the way you see London.

_____ PRAISE FOR THE DERELICT LONDON PROJECT 'Fascinating images showing some of London's eeriest derelict sites show another side to the busy, built-up capital.' Daily Mail 'Talling has managed to show another side to the capital, one of abandoned buildings that somehow retain a sense of beauty.' Metro 'Excellent . . . As much as it is an inadvertent vision of how London might look after a catastrophe, DERELICT LONDON is valuable as a document of the one going on right in front of us.' New Statesman 'From the iconic empty shell of Battersea Power Station to the buried 'ghost' stations of the London Underground, the city is peppered with decaying buildings. Paul Talling knows these places better than anyone in the capital.' Daily Express '[London has an] unusual (and deplorable) number of abandoned buildings. Paul Talling's surprise bestseller, DERELICT LONDON, is

their shabby Pevsner.' Daily Telegraph

From the bucolic charms of Hampstead Heath to the bustle of Marylebone, this pocket-sized guide will lead the serious Rambler and more casual walker on voyages of discovery, each with great pubs at its heart. The walks are clearly mapped and illustrated, with detailed information on how to link multiple walks together. Over 160 pubs are featured on 30 walks and 3 special city tours by bus, tram and riverbus. Detailed pub listings are accompanied by notes on cultural and historic items of interest to be discovered along each route.

The only way to truly discover a city, they say, is on foot. Taking this to extremes, Mark Mason sets out to walk the entire length of the London Underground - overground - passing every station on the way. In a story packed with historical trivia, personal musings and eavesdropped conversations, Mark learns how to get the best gossip in the City, where to find a pint at 7am, and why the Bank of England won't let you join the M11 northbound at Junction 5. He has an East End cup of tea with

the Krays' official biographer, discovers what cabbies mean by 'on the cotton', and meets the Archers star who was the voice of 'Mind the Gap'. Over the course of several hundred miles, Mark contemplates London's contradictions as well as its charms. He gains insights into our fascination with maps and sees how walking changes our view of the world. Above all, in this love letter to a complicated friend, he celebrates the sights, sounds and soul of the greatest city on earth.

Turn Left at the Pub was first published in 1969 as a follow-up to the highly successful Turn Right at the Fountain by the same author, George Oakes. This fully updated edition features a wealth of brand new material by Anton Powell, author of Londonwalks, and takes the reader on leisurely yet educational strolls through some of the best town and country scenery that Britain has to offer. Oxford, Cambridge, and York are included, along with some lovely out-of-the-way places such as Tenby, the Cornish fishing village of Solva, and St. David's, a bishop's fortified village, rich in history. Architectural and cultural details that might ordinarily be missed by a visitor are expertly noted here. True to the title,

each section also features suggestions on the best pub or restaurant in which to refresh yourself at journey's end.

As read on BBC Radio 4 Book at Bedtime THE #1 SUNDAY TIMES BESTSELLER and #1 NEW YORK TIMES BESTSELLER Winner of the Goodreads Choice Best Debut Novel Award A Book of the Year for: Guardian, Times, Sunday Times, Good Housekeeping, Woman and Home, Stylist, TLS, Oprah Daily, Newsweek, Mail on Sunday, New York Times Notable, India Knight, Hay Festival and many others 'Sparky, rip-roaring, funny, with big-hearted fully formed, loveable characters' SUNDAY TIMES 'The most charming, life-enhancing novel I've read in ages. Strongly recommend' INDIA KNIGHT 'Laugh-out-loud funny and brimming with life, generosity and courage' RACHEL JOYCE 'A novel that sparks joy with every page' ELIZABETH DAY _____ Your ability to change everything - including yourself - starts here Chemist Elizabeth Zott is not your average woman. In fact, Elizabeth Zott would be the first to point out that there is no such thing. But it's the early 1960s and her all-male team at Hastings Research Institute take a very unscientific view of equality. Forced to resign, she re-

luctantly signs on as the host of a cooking show, Supper at Six. But her revolutionary approach to cooking, fuelled by scientific and rational commentary, grabs the attention of a nation. Soon, a legion of overlooked housewives find themselves daring to change the status quo. One molecule at a time. _____ SOON TO BE A MAJOR APPLE TV SERIAL, STARRING BRIE LARSON 'I loved Lessons in Chemistry and am devastated to have finished it!' NIGELLA LAWSON 'Elizabeth Zott is an iconic heroine - a feminist who refuses to be quashed, a mother who believes that her child is a person to behold, rather than to mould, and who will leave you, and the lens through which you see the world, quite changed' PANDORA SYKES 'It's the world versus Elizabeth Zott, and I had no trouble choosing a side. A page-turning and highly satisfying tale: zippy, zesty, and Zotty' MAGGIE SHIPSTEAD, author of GREAT CIRCLE

From Belgian fruit beers to hoppy cask ales, small-production microbrews to Czech Republic lagers, this is a personal and comprehensive portfolio of international beers compiled by one of the world's leading beer writers. In this unique and

beautifully illustrated collection, he has distilled decades of beer knowledge into an entertaining and indispensable guide to the ales that no beer lover should miss. The book divides beers by type, including bitters, best bitters, pilsners, brown and mild ales, pale ales, extra strong beers and bitters, old ales and barley wines, golden ales, porters and stouts, alt and amber ales, fruit beers, and beires de garde, each comprising an alphabetical listing of the beers. Many of the entries are fully illustrated, and each beer comes complete with a box panel for adding your own tasting notes. Information on the country of origin, beer strength, brewery, and a detailed description of the beer and its history are also given.

A lavishly illustrated hardback book celebrating and examining the contribution to British brewing made by its family brewers (IFBB - Independent Family Brewers of Britain). They are the often-overlooked flag bearers for real ale and have fascinating stories to tell of the early days of commercial brewing. Fully-illustrated, with modern and archive photography of the breweries, their pub estates, people and beers, this book will examine the past, the present

and the future of these great brewing companies and help to highlight the important part they continue to play in the nation's brewing story and in their local areas.

A practical guide that takes readers around the very best public houses in Britain and celebrates the pub as a national institution. Every kind of British pub is represented in these pages, with fully illustrated categorized listings featuring a host of excellent watering holes from the seaside to the city, and from the historic to the ultra-modern. Pubs are divided into more than 20 categories, such as family pubs, brew pubs, city pubs, and country pubs, so travelers can quickly find the establishment that fits their needs. Articles on beer brewing, cider making, classic pub food recipes, and traditional pub games are included to help the reader fully understand what makes a pub great. Full address details and opening hours are provided, giving all travelers the information needed to get out and visit plenty of great British pubs.

A guide to London's most interesting and unusual pubs--Front cover.

The essential, indispensable and award-

winning guide to one of the world's great beer cities is back with a fully revised and updated 3rd edition. From traditional pubs serving top-quality cask ale, to the latest on-trend bottle shop bars, and funky brewery taprooms in Victorian railway arches, London is now bursting with great beer and this book will direct you to the very best. Including profiles of all 130 London breweries, including beer and taproom details; detailed reviews of 170 must-visit pubs, bars, shops, restaurants and other outlets with an outstanding beer offer; London beer style guide with recommendations and tasting notes; background features exploring London's rich brewing history and modern beer scene; and color photography and detailed maps throughout "CAMRA's national inventory of historic pub interiors."

Join award-winning beer writer Mark Dredge on his search for the world's best beer adventures and experiences. This collection of over 150 unmissable beer experiences features the world's greatest beers, bars, breweries and events: it's the ultimate bucket list for every beer lover. Combining travel, city guides, food and history, The Beer Bucket List takes you around the

globe, via traditional old British pubs, quirky Belgian bars, brilliant Bavarian brauhauses, spots to enjoy delicious food and beer, the hop gardens of New Zealand, Southeast Asia's buzzing streets, amazing beer festivals, unique beer styles, pioneering breweries and the best new craft brewers. This is any beer lover's must-read book about the most essential beer experiences on the planet.

The Rough Guide to Walks in London and South East England is the ultimate guide to walking in this richly varied region. The book is for walkers of every ability, with varied itineraries from picturesque woodland strolls in the heart of the city, to get-away-from-it-all weekend hikes through the South Downs. The routes are detailed and easy-to-follow with descriptions of sights along the way, as well as lively background features on everything from smugglers' tales to stone circles. There are great recommendations for places to eat and have a pint along the way, whether you choose a canal walk in the capital or a hike along the Ridgeway. With a full-colour introduction and accurate, easy-to-read maps, this is the must-have guide for those who aren't afraid to get their boots

muddy. Make the most of your time with the Rough Guide to Walks in London and South East England.

This is the only book of its kind. Packed with stunning photography and beautifully designed. With humour and specific information about the pubs along each walk, this book will appeal to those planning their holidays or planning a day trip. The book reaches a huge market as it targets dog owners who enjoy a good walk and then visiting a pub. The simplicity of the guides and maps caters for all. This book can be sold in a wide range of stores and outlets and will appeal to anyone living, or intending to visit, the Cotswolds region. Due to its outstanding high quality and professional standard this book is real value for money.

The Good Beer Guide is fully revised and updated each year and features pubs across the United Kingdom that serve the best real ale. This pub guide is completely independent with listings based entirely on nomination and evaluation by CAMRA members. This means you can be sure that every one of the 4,500 pubs deserves their place, plus they all come recommend-

ed by people who know a thing or two about good beer. The unique 'Breweries Section' lists every brewery - micro, regional and national - that produces real ale in

the UK, and the beers that they brew. Tasting notes for the beers, compiled by CAM-RA-trained tasting teams, are also includ-

ed. The Good Beer Guide 2015 is the complete book for beer lovers and a must-have for anyone wanting to experience the UK's finest pubs.