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OPEPL6 - BREWER ROMAN

Do you ever imagine what it would be like to connect with the spirit world? Do you wonder what it might be like to feel euphoric with the light of knowledge filling your body? Do you envision yourself having deep conversations with the spirits as you ponder life and what it's all about? The truth is that all these things can really happen. The spirits love to communicate with you

and share your emotions. They are eager to share their spiritual world with you and help you progress in the natural world. They chose you as their companion even before you took your first breath, and they want to be a part of your life. If you want to understand more, in this book, you will: Go beyond the seven most well-known Archangels Learn from the lesser-known Archangels and what they can do for you Learn how to stay safe when commu-

nicating with spirits Discover how to make sure your guides are on hand to lead you every step of the way Discover how the spirits communicate with you and how you can answer them Find out what a spirit animal is and how to find them Understand how to speak to the ascending masters Find out how to get in touch with your loved ones who have passed away Ponder what happens to people when they die and why it takes so long for spirits to con-

tact people after death
 Discover how to
 strengthen your vibration
 Learn how you can benefit
 from spiritual sites, even
 if you can't visit them in
 person Identify why find-
 ing your inner child is an
 important part of spiritual-
 ity Uncover the six steps
 to connect with your spirit
 guides And so much
 more... This book has all
 the information you need
 to help you become awak-
 ened to the spirit world.
 Whether you long to con-
 tact a deceased loved one
 or are seeking guidance
 from the spirits, you'll find
 the answers in this guide.
 Get your copy of this book
 now to begin your spiritu-
 al journey.

**** NEW YORK TIMES BEST-
 SELLER! **** Ready to take
 the next step toward liv-
 ing in alignment with the
 Universe? The #1 New
 York Times best-selling au-
 thor of *The Universe Has
 Your Back* shows you how.
 In *Super Attractor*,
 Gabrielle Bernstein lays
 out the essential steps for
 living in alignment with
 the Universe--more fully
 than you've ever done be-
 fore. "I've always known
 that there is a nonphysical
 presence beyond my visi-
 ble sight," Gabby writes.
 "All my life I've intuitively
 tuned in to it and used it
 as a source for good. . . .
 What we call it is irrele-

vant. Connecting to it is
 imperative." *Super Attrac-
 tor* is a manifesto for mak-
 ing that connection and
 marrying your spiritual life
 with your day-to-day expe-
 rience. In these pages,
 you'll learn to: * Move be-
 yond dabbling in your
 practice, when it's conven-
 ient, to living a spiritual
 life all the time * Take
 practical steps to create a
 life filled with purpose,
 happiness, and freedom *
 Feel a sense of awe each
 day as you witness mira-
 cles unfold * Release the
 past and live without fear
 of the future * Tap into
 the infinite source of abun-
 dance, joy, and well-being
 that is your birthright *
 Bring more light to your
 own life and the world
 around you This book is a
 journey of remembering
 where your true power
 lies. You'll learn how to
 co-create the life you
 want. You'll accept that
 life can flow, that attract-
 ing is fun, and that you
 don't have to work so
 hard to get what you
 want. Most important,
 you'll feel good. And when
 you feel good, you'll give
 off a presence of joy that
 can elevate everyone
 around you. After reading
 this book, you will know
 how to fulfill your func-
 tion: to be a force of love
 in the world.

Will Klein lost the love of

his life and his brother in
 the same moment ... A su-
 perb thriller from the No.1
 bestselling author. On Oc-
 tober 17, eleven years
 ago, Julie Miller was found
 brutally strangled in the
 basement of her house in
 the township of Livingst-
 on, New Jersey. On that
 day, Will's brother, Ken
 Klein, became the subject
 of an international man-
 hunt accused of the
 crime. He has not been
 seen since. Will has tried
 to get on with his life in
 the intervening years. He
 has a beautiful new girl-
 friend, Sheila, and a job
 working with the home-
 less. But when his mother
 reveals on her deathbed
 that Ken is still alive, and
 shortly afterwards Sheila
 disappears, the cracks
 start to show in his lands-
 cape again. But it is only
 when he finds that Sheila
 herself is wanted for a sav-
 age double-murder that
 his life actually starts to
 fall apart..

Reproduction of the origi-
 nal: *The Story of Mary Ma-
 cLane* by Mary MacLane

As a psychic and medium,
 Viktoria Nelson is accus-
 tomed to living within the
 paranormal realm as she
 assists the local police de-
 partment and conducts pri-
 vate readings. But one
 day, when a young wom-
 an trailed by a dark pres-

ence visits her for a reading, Viktorias life takes an ominous turn plunging her into a murder investigation that has the potential to change the world. In a matter of hours, Viktoria is in a race against time to prevent the doors of hell from being opened. As if a murder is not enough, Viktoria is now facing evil, demons, and jinns who want nothing more than to prevent her from knowing the truth. With the help of the spirit of a deceased young woman as well as the protective and wise spirits of her parents and her demonologist colleague, Viktoria embarks on an unpredictable journey filled with terrifying truths and unimaginable evil. In this supernatural mystery, Viktoria will learn that the ancient, chilling stories of Lilith and her return for revenge are true. Now all she has to do is figure out how to stop Lilith and her malevolent plan before it is too late. A portion of the proceeds from the sale of this book will go to support CancerCare. For more information on CancerCares free, professional support services, please visit www.cancercare.org A moving autobiographical testament to the power of divine love and for-

giveness, *Waking Up in Heaven* shares the message of hope, healing, and compassion McVea brought back from her brush with God.

An easy beginner's guide, this book provides basic information for the most common healing herbs and what to do with them. James Van Praagh enjoys an extraordinary gift - he can communicate with the spirits of men, women, children and animals who have died. Possessing the rare ability to bridge the gap between the physical and spiritual worlds, he provides comfort to those who have lost loved ones and brings back powerful messages from the other side. In this inspiring book, he shows us what lies beyond our visible world and answers our most profound questions about life after death. Part spiritual memoir and part instructional guide, this international bestseller offers a powerful and inspiring message about the world beyond. Filled with hope and enlightenment about our spiritual future, it is a book that will change the way you look at death and life.

LOVE NEVER DIES Finding comfort through communication With stories and insightful suggestions,

beloved psychic medium Bill Philipps demonstrates that our loved ones on the other side are available to us. He promises that, with an open heart and mind ready to receive, anyone can recognize the signs that spirits of the departed may be trying to send. *Signs from the Other Side* offers an in-depth explanation of how Bill does what he does, as well as practical advice on how to receive and interpret signs when they appear. By tapping into our intuition, we can experience deep connections that lead to forgiveness, reassurance, or simply one last moment with a loved one. The book also includes more than twenty inspiring examples of how others experienced comfort through such communications.

Are you seeing number sequences like 11:11 and 4:44 everywhere you turn? If you always see the same numbers repeated - from license plates to receipts and digital clocks - it could be your angels sending you a message. Angels are divine messengers who have existed in some form in almost every religion and culture since the dawn of time. In this digital age, they are finding new ways to remind you of your higher

truth. Best-selling angel author Kyle Gray explains exactly what your angels are trying to tell you through these repeated sequences, from numbers 0 through 999 and popular digital clock combinations like 1:23, 21:12, 22:22, and 5:55. Whenever you need guidance from your angels, simply ask. Know that your angels are always listening and looking for an opportunity to send you a reminder that they are near.

"A Magician Among the Spirits" by Harry Houdini. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten—or yet undiscovered gems—of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

The host of "Long Island Medium" relates the wisdom she has gleaned from spirit and client readings, sharing insights into spiritual concepts and ev-

eryday challenges.

Experience the joy of God's message and begin each day with a positive outlook with these words of wisdom from Lakewood Church pastor and #1 New York Times best-selling author Joel Osteen. Research that shows people are happiest on Fridays. Now, learn how you can generate this level of contentment and joy every day of the week. As a man who maintains a constant positive outlook in spite of circumstances, Osteen has described this message as a core theme of his ministry. With personal experiences, scriptural insights, and principles for true happiness, he'll show you how to find the same opportunities for pure joy that you experience at five o'clock on Friday.

The Lives of Others: Discover the Hidden Lives of Some of Our Favorite Atria Authors Socrates boldly proclaimed "the unexamined life is not worth living." At Atria, we think that the examined life is worth sharing. With that in mind, we present The Lives of Others, a free collection of excerpts from some inspiring memoirs by Atria's award-winning authors. Selections include: Badluck Way by Bryce Andrews Impossible

Odds by Jessica Buchanan
There's More to Life Than This by Theresa Caputo
Bird of Paradise by Raquel Cepeda
The Girl by Samantha Geimer
The Distance Between Us by Reyna Grande
Fields of Grace by Hannah Luce
What If . . . by Shirley MacLaine
Out with It by Katherine Preston
By Some Miracle I Made it Out of There by Tom Sizemore

Thomas John sees dead people. What happens when we die? Renowned psychic medium, Thomas John is able to answer that question with a fair degree of certainty. Through his communications with the dead, he has learned a number of life lessons that he shares in this book. John shares with us 15 fascinating stories of what happens when clients ask him to contact their dead friends and relatives. He assists a 30--something New Yorker who was unable to stop fantasizing about suicide until John conveys healing words from her dead fiancée. He encounters a grieving young woman in a New York drugstore and shares advice from her dead six year old son. And in one particularly haunting story, John solves a murder case that had baffled the police. In each story, we learn about life

on the other side and lessons the deceased have for the living. Each chapter is a felicitous combination of good story telling and healing wisdom. The dead are eager to provide guidance to the living. They watch over us. But most importantly, each story reveals that both the dead and the living are capable of tremendous and profound forgiveness.

Theresa Caputo, TLC's Long Island Medium and the three-time New York Times bestselling author, teaches us how to ritualize and recover from the daily losses in our lives. Life on earth comes with losses that often go unrecognized, unacknowledged, and un-mourned. This invisible pain causes deeper emotional damage—devastation that Theresa Caputo has witnessed in many of her clients. Though they are suffering, they rarely understand where the anguish is coming from—or how to deal with it. Theresa's clients often confuse their emotional distress with depression or anxiety. But it's more than that. It's grief, deep and profound, and it consumes the soul. The only relief, according to Theresa's special gift she calls Spirit, is to pay more atten-

tion to how we experience, ritualize, and recover from the hurt in our lives. Once we name these feelings of grief, recognize the losses for what they are, and create mourning rituals around them, we can move through the pain and begin to heal. It isn't just a good idea to mourn these types of upsets; it's essential, so that we can then enjoy a fresh beginning.

The star of "Long Island Medium" shares inspiring, spirit-based lessons on how to work through and overcome grief, in a guide that also offers example testimonies about the experiences of her clients. America's top psychic medium reflects on his life of speaking to Spirit and the lessons he's learned along the way—from both the living and the dead. Matt Fraser is just an ordinary guy...who happens to talk to dead people. Born into a psychic family, Matt carries on the legacy passed down from his late Grandmother Mary by connecting people to their dearly departed loved ones and delivering messages from the other side. His sold-out live group readings, television appearances, and private readings have allowed him to bring hope and

healing to fans from around the world. But people who are not in the habit of talking with the dead have a hard time imagining what his day-to-day life is like. Based on the questions he gets, they seem to think he spends most of his time sitting cross-legged in a trance, maybe hovering a few inches off the ground, leaving his physical body behind as he journeys across the veil to the spirit realm. But it's not like that at all. Now, in *When Heaven Calls*, Matt opens up about it's really like to be a psychic medium—including how he discovered his spiritual gift, what it's like to connect with souls on the other side, what communicating with the dead has taught him about embracing life, and how you can tap into your own intuitive awareness to manifest your dreams, goals, and desires.

Theresa Caputo, the star of TLC's Long Island Medium and New York Times bestselling author, provides a guide to overcoming grief, filled with inspiring lessons from Spirit and astonishing stories from the clients who have been empowered and healed by her spiritual readings. After more than a decade of being a prac-

ticing medium, Theresa Caputo shares the powerful lessons she has learned about grief, healing, and finding happiness in the wake of tragedy. In almost every reading she gives, Spirit insists that people begin to embrace their lives again. But not everyone knows where to start, and putting back together the pieces of a life marked by loss is never easy. Sometimes, you need spiritual guidance—and that's where Theresa comes in. With her energetic, positive, and encouraging tone, Theresa uses the lessons from Spirit to guide you through grief toward a place of solace and healing. Each lesson is grounded in her clients' experiences of losing loved ones, their encounters with Spirit during readings, and the ways in which they've been able to heal and grow. Each chapter is filled with activities to help you find your "new normal"—including journaling, individual and group exercises, meditations, and moments of reflection—based on the truths that Theresa has gathered from Spirit. Good Grief—"an excellent resource for those who wish to be in communication with deceased loved ones" (Library Jour-

nal)—will help you to feel stronger and more optimistic about what the future has in store for you. It's late at night, and you're on a tour of a so-called haunted house. You see something out of the corner of your eye and quickly snap a photo. Your hands tremble as you lower the camera. Your eyes widen as you stare at the image you've just captured. A face seems to be lurking in the background. But when you look up, there's no one standing there! Was it a ghost? Ghost sightings are reported all the time. Many are easily explained. Others are harder to dismiss. But is there any proof? To find out, Kelly Milner Halls explored haunted houses. She examined photographs and investigated eyewitness accounts from ghost hunters, mediums, and paranormal experts. What's the verdict? Are the spirits of the dead wandering among us? Explore her findings and decide for yourself.

2-IN-1 BOOK AND WORK-BOOK "I got messages from my angels! When I let go of pressuring myself to 'know' I found it, right there. I wasn't seeing the forest for the trees! Julie, I can't thank you enough! I am excited,

grateful, energized and I have a skip in my step!" - Jo Cassidy "My dad passed away unexpectedly at the age of 58. This book allowed me to find peace and understanding with his passing and allowed me to see the amazing signs he sends me from the Other Side. Highly recommend!" -Nicole Bedinghaus "The way Julie words things has changed my life in a way that no other spiritual work or religious upbringing has done for me in the past. I went on to take Julie's Angel Reiki School and was able to begin transitioning out of working as an RN to working as an Angel Reiki Master Teacher full time!" -Jennifer Odom "If you've been searching for answers about angels, then this book is the treasure you have been seeking. Reading Julie's words is like talking to a best friend about one of the most inspiring topics around. In the book, she provides in-depth information about everything related to angels and your spiritual awakening. You will find helpful meditations, easy to implement strategies, journaling response sheets, and so much more. I devoured this book from cover to cover and am now reading it again! "I first con-

nected with Julie through her podcast and a personal angel reading. I learned so much about angels and life in general through Julie's guidance. She brings in such love through her words. After reading this book, I reached a much deeper level of understanding of angels and how to connect with them. I feel empowered knowing I have all the tools I need to connect with my angels. I can't recommend this book enough!" -Michelle Willis

Rime is a wild mage. She can bend the very fabric of reality, but at a cost - a cost to her health and her sanity. Her power is unstoppable but it leaves her empty, weak, and often unconscious. Jonas is a squire on the run - running away from the shadow of murder. They travel together to find the one person that can save Rime from the wild magic, from the inexorable madness and death that comes to those who are born to ignore the rules of the universe. The Gray Witch of the Wheelbrake Marsh, a creature out of a fairy tale. The anti-epic fantasy, the nascent genre of *WORDPUNK: Fantasy Action A La Carte*. Earnestly written in the shadow of Lieber and Moorcock.

Love the book/ hate the book?

www.spell-sword.com
Blending together personal stories, anecdotes, and client readings, the star of TLC's "Long Island Medium" shares her world and her gift of communicating with those who have crossed over to the other side.

Three crooks in a junk shop plot to steal a coin collection in this award-winning drama by an acclaimed new American playwright.

From Tyler Henry, celebrated medium, comes the ultimate self-help guide detailing the insights the departed have communicated about how to live our best, most meaningful lives. Do you want to live more meaningfully, and in turn fulfill your life's potential? Do you want to have the capability to transform your life and make it infinitely better, by paying attention to what those who have lived and died have come to understand about the meaning of life itself? As one of the world's most accomplished mediums, Tyler Henry has had thousands of communications with those who've already gone through humanity's final frontier: physical death. The life lessons

he's learned from those conversations have been truly transformative. In *Here & Hereafter* Tyler explains that by listening and learning from the departed, following their guidance, and paying attention to what they might have done differently, we can get more fulfillment and purpose from our own lives. *Here & Hereafter* will shed light on the most powerful understandings Tyler has gained from modern day mediumship—and explain how those understandings can lead us to live a more meaningful life.

Para los seguidores del programa de TLC Long Island Medium y para cualquier persona interesada en preguntas sobre la existencia, la muerte y en entender lo que es realmente importante en la vida, la autora bestseller del New York Times y médium Theresa Caputo nos comparte cómo descubrió su don y sus múltiples encuentros con Espíritus. La respetada y querida médium Theresa Caputo, nos abre la puerta a su mundo y nos invita a vivir junto a ella su don de comunicarse con aquellos que han partido al Más allá. La siempre divertida y franca médium comenzó a comunicarse con los Espíritus a la edad de cuatro

años, pero no pudo vivir en paz con este hecho hasta los treinta y tres años, cuando se dio cuenta de que hacerlo le hacía sentirse mejor consigo misma. Desde entonces ella ha usado su extraordinario don para ayudar a los demás a sanar las heridas tras la pérdida de un ser amado. En lo que hay más allá de la vida, Theresa nos deja entender cómo funciona su labor como médium, lo que sucede con el alma cuando muere, lo que los Espíritus describen como el Cielo, lo que los difuntos quieren que sepamos, la importancia de tener una vida positiva y los múltiples papeles que la familia, amigos, ángeles, guías, y que Dios tienen aquí y en el más allá. También explora cómo reconocer las señales que nos envían nuestros seres queridos ya fallecidos cuando tratan de comunicarse. El objetivo de este libro es hacernos ver que hay mucho más de lo que habitualmente consideramos como el mundo real; que confiemos en nuestras percepciones, y que sepamos que nuestros seres queridos ya fallecidos descansan en paz y están con nosotros de un modo diferente, observándonos, queriéndonos y protegiéndonos. A través de su his-

toria personal y, anécdotas de sus clientes Theresa nos ayuda a comprender lo incomprensible de la muerte y a apreciar las importantes lecciones y mensajes que debemos acoger cada día. «Quiero que sepas que tus seres queridos están contigo, y que desean comunicarse y que la vida sigue en forma de espíritu tras la muerte física.»

Deep within the heart of America, in a small town named, Cantonville. Lies a town bustling with exuberance and life. Like almost all small towns everywhere, it is full of its fair share of unusual characters and nosy neighbors. While it may not have the bright lights of the city on its side, it nevertheless, is the furthest thing from boring. One family, in particular, has taken it upon themselves to make sure that no one will ever fall victim to the mundane habits of normalcy. This family can be found on the outskirts of town, in a little neighborhood called Sprite Street. They go by the last name of Doodleburgh and for all intents and purposes, their name is the least strange thing about them. The family consists of five kids and two parents. Harold and Madeline rule with less, than an iron fist. As at

times, even the combined authority of both of them, is not enough, when it comes to contending with the out of control ways of their children. Caroline, is sixteen and the oldest of the Doodleburgh kids. She is strong willed and brilliant. Not to mention, musically inclined. Her talents are many, yet, she lacks composure and at times, her tenacity gets the better of her. Aiden and Cayden are fifteen and between the two of them, take part in all things sports. If their older sister is the brains of the family, then they would be considered the brawns of the Doodleburgh offspring. What they lack in intelligence, they make up for in God-given, physical talents. Jackson, is a ten year old with a propensity for trouble. His pension for destruction, knows no bounds. While his eight year old sister; Abbey, is known for being Jackson's miniature sidekick. Who, is all too willing, to take part in her brother's destructive ways. Add that, with an assortment of odd and quirky characters that make up, their friends and neighbors and one always finds something new and interesting taking place on Sprite Street. Come join in on the adventure,

that is the Doodleburgh's. Unlike other books on divorce, *Living Unbroken* takes a deep dive into understanding and overcoming the emotional toll divorce, separation, and the loss of a serious long-term relationship has on a woman's well-being. As someone who has walked this path, Tracie Miles leads women on a powerful, life-changing journey that provides much-needed hope, encouragement, and practical guidance for living their best life even if it's not the life they once imagined. Her biblically sound approach teaches readers how to trust in God's promises and restore their self-confidence and hope for the future.

There is a world that mirrors our own. Everything in this world is made of substance finer than air, finer than light, finer than thought itself - the aether. In the aether there are inner sensations such as ideas and feelings that are as tangible as anything in the material world. In *The Mentalist's Handbook*, Clint Marsh gives us a glimpse of the world. He offers step-by-step exercises, detailed and beautifully written explanations and definitions, and gorgeous black and white illustrations by

award-winning artist Jeff Hoke. Inspired by esoteric, occult, and magic books published over the last 150 years, Marsh has aspired to create something of singular importance in the tradition of classic occult manuals. Both practical and whimsical, and complete with visual aids, this field guide to the paranormal will appeal to students of the New Age, esoteric scholars, readers of post-modern and magical-realism, angel, ghost and fairy enthusiasts, comic and graphica fans, and artists alike.

Celebrating Shoe Lovers everywhere! No matter how bad your day is going, none of it seems to matter if you're wearing the perfect shoes. *Do You Speak Shoe Lover?* will not only make Shoe Lovers feel better about loving shoes, but it also reveals the business principles of leading shoe retailer, DSW. It explains how DSW strives everyday to be America's Favorite Place for Shoes—as well as America's Favorite Place to Work. Each and every DSW Shoe Lover lives the values—for the benefit of their customers as well as for each other. It also shares stories from DSW's customers and employees about how the

right shoes made the difference at important moments in their lives, along with shoe fashion tips and career and business advice, based on DSW's core values. Filled with photos—it's perfect as a gift Explains DSW's core values: 1) Passion, 2) Accountability, 3) Collaboration and 4) Humility, which run through its headquarters in Columbus, Ohio, into each of its 350+ retail locations, and to its more than 20 million Rewards members and 1.5 million fans on Facebook Coauthor Kelly Cook is Senior Vice President Marketing at DSW and the queen of shoe love Explore the emotional relationship women have with shoes with insights from the retailer that knows shoe buyers best.

Author James Van Praagh is the celebrity medium whose work is a major inspiration behind the hit TV show 'Ghost Whisperer'. This book is brimming with stories that show how keen the spirits are to help us learn from their mistakes, so we can avoid the traps that caught them out on Earth.

The *Real Housewives of New York City* fan favorite Dorinda Medley takes us inside her roller-coaster life and iconic Blue Stone Manor to share how we,

too, can Make It Nice. Throughout her life, Dorinda Medley has always strived to “make it nice” regardless of the circumstances. In her incredibly candid memoir, the real housewife of New York City opens the doors of Blue Stone Manor, her Berkshires sanctuary, welcoming fans into her beloved home. In her first-ever written life story, Dorinda clips away all pretense and noise to unveil the not-so-glamorous bumps in the road that have marked her colorful journey toward becoming the person fans, colleagues, and friends know and love today. This is a vulnerable and emotional account of love, motherhood, loss, and the not-entirely-planned adventure from her modest beginnings in the Berkshires to her personal, social, and professional ascent—told in her trademark manner. Chronicling the life of the reality television star, *Make It Nice* also features life lessons for those who may experience similar challenges, as well as the celebrated hostess’s invaluable entertaining tips, all presented with the humor and wit that have “oh-so-well made” Dorinda Medley a most compelling compilation.

In these uncertain times, those who already suffer from anxiety are struggling more than most. But what if you could harness the power that lurked beneath your anxiety? Renowned spiritual healer and expert Pat Longo demonstrates the ways in which exploring the roots of our anxiety can help us discover the path toward healing and inner peace. This validating and life-changing book is the perfect companion to *Empath* by Judy Dyer and *The Empath’s Survival Guide* by Judith Orloff. Are you overwhelmed with compassion for others’ pain? Are you sometimes referred to by others as “too sensitive”? You just might be an empath. And a few simple tools could change your life. As a spiritual healer and teacher to some of today’s most well-known empaths—including “Long Island Medium” Theresa Caputo—Pat Longo has found that many of the individuals who have come to her with anxiety and related symptoms possess a heightened sense of perception and an extreme level of intuition—absorbing the energies, thoughts, and feelings that surround them and even experiencing them as their own. What’s more, most of these indivi-

duals had no idea that they possess the abilities of an empath. In Pat’s experience, just beneath what feels distressing can be something wonderful. In this illuminating book, Pat guides you to become aware of, care for, and protect your spiritual self and energy; discover, develop, and strengthen the powerful gifts within; and in doing so, to eliminate and prevent related anxiety and other symptoms. Using simple exercises utilized in her own practice, plus instructive and inspiring case studies, Pat will show you how to: *Understand what an empath really is and determine whether you are one *Learn simple spiritual healing steps to care for your whole self—physical, emotional, mental, and spiritual *Connect to your inner spiritual self and the power within *Protect and ground yourself spiritually and energetically *Forgive and let go of past hurts *Raise your energetic vibration *Become aware of and develop your intuitive abilities with focused activities such as meditations, visualizations, automatic writing, psychometry, and other exercises In an increasingly anxious world, getting in touch with our deepest healing abilities and achieving inner peace

is more important than ever. With this invaluable book as your tool kit, you begin your journey toward finding that peace, becoming aware of and caring for your spiritual self and gifts, and healing your life.

From New York Times bestselling author Wally Lamb, a disquieting and ultimately uplifting novel about a marriage, a family, and human resilience in the face of tragedy.

The sexy and deeply romantic internationally bestselling novel that inspired the blockbuster movie.

From Tyler Henry, a twenty-year-old clairvoyant and star of E!'s hit reality series *Hollywood Medium* with Tyler Henry, comes *Between Two Worlds*, a memoir about his journey as a medium thus far. "Dying doesn't mean having to say goodbye." Tyler Henry discovered his gift for communicating with the departed when he was just ten years old. After experiencing a sudden, accurate premonition of his grandmother's death—what Tyler would later describe as his first experience of "knowingness"—life would never be the same. Now in his twenties, Tyler is a renowned, practicing medium, star of the

smash hit E! reality show, *Hollywood Medium* with Tyler Henry, and go-to clairvoyant of celebrities, VIP's, and those simply looking for closure and healing. He has worked with some of Hollywood's biggest names including Khloe Kardashian, Amber Rose, Margaret Cho, Jaime Pressly, and Monica Potter. Despite struggling to accept his rare talent, Tyler grew to embrace it, and finally found the courage to share it with—and ultimately change—the world. For the first time, Tyler pulls back the curtain on living life as a medium in his first memoir, in which he fearlessly opens up about discovering his gift as an adolescent, what it's truly like to communicate with those who have passed, the power of symbolism in his readings, and the lessons we can learn from our departed loved ones. With unparalleled honesty, Tyler discusses how his complex and fascinating gift has changed his perception of the afterlife, and more importantly, how readings can impact our relationships with our closest friends and family once they're gone.

America's NASCAR stand-out offers a 90-day program to sculpt your body,

calm your mind, and achieve your greatest goals. Everything Danica Patrick does is *Pretty Intense*. A top athlete in her field, not to mention a fan favorite and the first woman to rule in her male-dominated sport, Danica approaches every aspect of life with the utmost intensity. Now, she shows you how you can apply her daily principles and transform your life for the better—and have fun while doing it. Danica's 90-day high-intensity workout, protein-rich, paleo-inspired eating plan, and mental-conditioning program will get you leaner, stronger, and healthier than you've ever been before. By mixing full-body training and stretching exercises, her accessible workouts hit the holy trinity of fitness: strength, endurance, and flexibility. Bolstered by a customized eating plan for all-day energy, her program will also help you cultivate a mindset for limitless success. You will learn to aim your sights high, confront challenges and setbacks with confidence, and cross the finish line every time. Whether your goal is a stronger core, better skills in the kitchen, or a promotion at work, Danica's *Pretty Intense* plan will help you reach your highest po-

tential.

Matt Fraser, America's Top Psychic Medium and New York Times best-selling author, takes us on a spiritual journey of discovering our inner psychic ability. Imagine having the ability to feel on a deeper level. Imagine expanding your senses so much that you pick up and feel situations and opportunities before they even happen. Psychic Ability allows you to do just that, this ability opens your eyes to a new world, a world where you can expand and develop deeper levels of clairvoyance, clairsentience, intuition and mediumship, to see, hear and experience life including sense the future before it happens. This gift can allow you find the road that will lead you to happier more fulfilling opportunities in your life. This gift will show you that you can find the answers and guidance you need in situations like your relationships and career. You can expand your ability to listen to the angels and your spirit guides, with secret techniques to unfold your intuition, and psychic ability to connect and step into your future. This book was written as a guide to developing your psychic abilities and is jam packed

with exercises, tools and techniques that will allow you to unlock and discover your own psychic abilities and use them in your everyday life.

INSTANT NEW YORK TIMES BESTSELLER From America's top psychic medium and the author of *When Heaven Calls* comes a new book that unveils the secrets of the afterlife, the truth about heaven, and why we never truly die. Psychic medium Matt Fraser, author of *When Heaven Calls*, is back to unpack the number one question folks ask him: "What happens after death?" Although we might expect a complicated answer, it's actually pretty simple: We never die! Drawing from thousands of conversations with Spirit, Matt pulls back the curtain on life's hidden revelations: -What happens when we cross over -The beautiful realities of heaven and eternal life -The guardian angels who keep us safe on Earth (including our pets who have passed) -The role of dreams and how souls appear to the living -Love, romance, and soul mates beyond life -Ghosts, hauntings, negative souls, energy vampires, and psychic protection -Destiny, free will, and second chances -Regrets, amends, and for-

givenness from heaven -Figuring out your gifts and purpose -Karma, kindness, and living in the divine flow -How to recognize the signs and messages our loved ones send us from heaven As Matt explains, "We all have our own 'phone line' to communicate with heaven. All we have to do is figure out how to use it." Revealed through never-before-told stories and Matt's conversations with the dearly departed, the wisdom in *We Never Die* is perfect for anyone seeking uplifting answers about life's biggest questions. Discover the healing and fulfillment that await us and our loved ones in the afterlife—plus how these truths can bring us comfort, meaning, and guidance in our earthly lives.

"Mark Edward is an equivocator, fibber, and mountebank. Which begs the question: if a liar admits to lying, can he be telling the truth? He is a literate, informative, intellectual, a student of the psychology of humans, a foe of those who would defraud the public for personal gain, and as an author and practicing psychic, he is first and foremost an entertainer."—Joel Moskowitz, International Brotherhood of Magicians Mark Edward

admits that for years he exploited believers who wished to connect with supernatural ideas and sad family members who missed dead loved ones. Now Edward is a magician who works the Haunted Castle in Hollywood and is also on the editorial board of *Skeptic* magazine, where he reveals the

means of psychic scammers. This entertaining book is at once a confessional and instructional regarding human belief and those who exploit it. Though Edward believes that most practitioners of the psychic business are out-and-out scam artists, he also counters the skeptic belief that the superna-

tural is a lie. Both skeptic and skeptical of skepticism, Mark Edward has worked as a 900-number psychic, ghost hunter, and Hollywood Magic Castle medium. He has also worked vigorously to debunk psychic frauds and currently works on the editorial board of *Skeptic* magazine.