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Kamin Mohammadi's book Bella Figure is a wonderful read. This is an autobiographical account of Kamin's transition to being in a top position in London to arriving in Florence courtesy of a friend and how she coped with no job, being unable to speak Italian, leaning how to cook Italian food and how to live the Italian life.

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This is the bella figura, the Italian concept of making every aspect of life as beautiful as it can be, that Kamin Mohammadi discovered when she escaped the London corporate media world for a year in Italy. Following the lead of her new neighbors, she soon found a happier, healthier, and more beautiful way of living. The bella figura knows:

Bella Figura was a wonderful book! It gave me the right Italian vibes before going to Rome and Florence:-). I fell in love with Florence five years ago and since that it was my biggest dream to go there. And this year the dream came true. This book helped me to understand more the Italian culture and to learn how to live the Bella figura lifestyle.

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walk down the street in style, Kamin Mohammadi explores the intricate nuances of Italian culture, and sets down a simple guide to a better, more elegant - and ultimately more satisfying - life. Buy Bella Figura: How to Live, Love and Eat the Italian Way by Mohammadi, Kamin online on Amazon.ae at best prices. Fast and free shipping free returns cash on delivery available on eligible purchase.

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Bella Figura How To Live
Bella Figura. How to Live, Love, and Eat

the Italian Way. Published By: Bloomsbury Publishing. One woman's story of finding beauty, and herself - and a practical guide to living a better life, the Italian way!

Kamin Mohammadi, a magazine editor in London, should have been on top of the world. But after heartbreak and loneliness, the stress of her "dream life" was ruining her physical and mental health.

In 2008, Kamin Mohammadi found herself worn down - by the increasingly unrealistic expectations of her high-flying job in the magazine industry, by her fluctuating weight and health issues, and by her non-existent love life. Made redundant from her job, she fled the bleak streets of London for a friend's sun-dappled apartment in Florence. There, among the cobbled streets, the bustling, vibrant ...

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In her new book, Bella Figura: How To Live, Love, And Eat The Italian Way (Knopf), Mohammadi tells the story of how, ten years ago, she lost her job working for a major magazine in London and spontaneously decided to take refuge in a friend's empty apartment in Florence. Arriving on a rainy January evening, depleted and dowdy after years of office-dwelling, she nursed her wounds among Florence's monuments, cafes, and people, slowly recovering her vitality with the help of new Italian ...

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Bella Figura: How to Live, Love & Eat the Italian Way. Written by Annabel Published on April 27, 2018 in Reviews. Never before have I enjoyed one of these style of books - a sort of biography, lifestyle and self-help book in the form of a novel. However with *Bella Figura* by Kamin Mohammadi I was drawn in from the first page.

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