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(PDF) Usefulness of the Athlete Burnout Questionnaire (ABQ ...

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PSYCHOMETRIC PROPERTIES OF THE ATHLETE BURNOUT ...

Athlete-burnout-questionnaire

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The BASES Expert Statement on Burnout in Sport

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Effects of stress and mental toughness on burnout and ...

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(PDF) Development and Preliminary Validation of an Athlete ...

Burnout - A Consequence of More Than Just Physical Stress ...

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Usefulness of the Athlete Burnout Questionnaire (ABQ) as a ...

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The BASES Expert Statement on Burnout in Sport

Stress and Burnout Questionnaire This brief inventory has been designed to help you discover the warning signals of excessive stress. Relate the questions to your life over the last 3 -6 months. Look particularly for changes in your ways of coping, not so much your normal behaviour. Score 0 - for experiencing this only occasionally

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Burnout Self-Test - Stress

Management from MindTools.com

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