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Anodea Judith (born Judith Ann Mull, December 1, 1952, Elyria, Ohio) is an American author, therapist, and public speaker on the chakra system, bodymind (body/mind integration), somatic therapy, and yoga. Judith is the author of Wheels of Life: A User's Guide to the Chakra System.

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Anodea Judith, author of the #1 bestselling book on chakras, Wheels of Life, is offering this free virtual event explicitly based on the core insights from her life's work, which were developed even further in her landmark book on the chakras and Western psychology, Eastern Body, Western Mind.

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