

Acces PDF A Short History Of Drunkenness

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An "entertaining and enlightening" deep dive into the alcohol-soaked origins of civilization—and the evolutionary roots of humanity's appetite for intoxication (Daniel E. Lieberman, author of *Exercised*). While plenty of entertaining books have been written about the history of alcohol and other intoxicants, none have offered a comprehensive, convincing answer to the basic question of why humans want to get high in the first place. Drunk elegantly cuts through the tangle of urban legends and anecdotal impressions that surround our notions of intoxication to provide the first rigorous, scientifically-grounded explanation for our love of alcohol. Drawing on evidence from archaeology, history, cognitive neuroscience, psychopharmacology, social psychology, literature, and genetics, Drunk shows that our taste for chemical intoxicants is not an evolutionary mistake, as we are so often told. In fact, intoxication helps solve a number of distinctively human challenges: enhancing creativity, alleviating stress, building trust, and pulling off the miracle of getting fiercely tribal primates to cooperate with strangers. Our desire to get drunk, along with the individual and social benefits provided by drunkenness, played a crucial role in sparking the rise of the first large-scale societies. We would not have civilization without intoxication. From marauding Vikings and bacchanalian orgies to sex-starved fruit flies, blind cave fish, and problem-solving crows, Drunk is packed with fascinating case studies and engaging science, as well as practical takeaways for individuals and communities. The result is a captivating and long overdue investigation into humanity's oldest indulgence—one that explains not only why we want to get drunk, but also how it might actually be good for us to tie one on now and then.

Winner of the André Simon John Avery award 'This book is incredible' - Alex Kratena An in-depth, personal journey around Japan's whisky distilleries. Award-winning author and Japanese whisky expert, Dave Broom, tells their story and unveils the philosophy that lies behind this fascinating whisky culture, and how it relates to many Japanese concepts. Dave looks at the history and output of each distillery, considering the elements that make that particular whisky what it is, and including tasting notes. Features on aspects of Japanese life and culture that are crucial to a wider understanding, from the importance of the seasons to the role of craftsmanship, add to the picture. And interwoven throughout the book is the fascinating narrative of the journey across Japan which Dave made with photographer Kohei Take, offering further insight into the country which creates this wonderful drink and making this a must-have edition for any whisky lover, whisky drinker, whisky collector or Japanophile.

The history of Guinness, one of the world's most famous brands, reveals the noble heights and generosity of a great family and an innovative business. It began in Ireland in the mid 1700s. The water in Ireland, indeed throughout Europe, was famously undrinkable, and the gin and whiskey that took its place devastated civil society. It was a disease ridden, starvation-plagued, alcoholic age, and Christians like Arthur Guinness—as well as monks and even evangelical churches—brewed beer that provided a healthier alternative to the poisonous waters and liquors of the times. This is where the Guinness tale began. Now, 250 years and over 150 countries later, Guinness is a global brand, one of the most consumed beverages in the world. The tale that unfolds during those two and a half centuries has power to thrill audiences today: the generational drama, business adventure, industrial and social reforms, deep-felt faith, and the noble beer itself. "Frothy, delicious, intoxicating and nutritious! No, I'm not talking about Guinness Stout—I'm talking about Stephen Mansfield's fabulous new book...The amazing and true story of how the Guinness family used its wealth and influence to touch millions is an absolute inspiration." — Eric Metaxas, New York Times best-selling author "It's a rare brew that takes faith, philanthropy and the frothy head of freshly-poured Guinness and combines them into such an inspiring narrative. Cheers to brewmaster Stephen Mansfield! And cheers to you, the reader! You're in for a treat." — R. Emmett Tyrrell Jr., Founder and editor-in-chief of The American Spectator

'The morning became a long, drawn-out afternoon that became depthless night dawning innocently through the house' Tales of desire and madness from this giant of Brazilian literature. Penguin Modern: fifty new books celebrating the pioneering spirit of the iconic Penguin Modern Classics series, with each one offering a concentrated hit of its contemporary, international flavour. Here are authors ranging from Kathy Acker to James Baldwin, Truman Capote to Stanislaw Lem and George Orwell to Shirley Jackson; essays radical and inspiring; poems moving and disturbing; stories surreal and fabulous; taking us from the deep South to modern Japan, New York's underground scene to the farthest reaches of outer space.

Written by international leaders in the field of alcoholism, this book provides an interdisciplinary source of information on alcoholism that links together science, policy, and public health in order to emphasise the importance of scientific knowledge with deciding public health policy.

FROM THE AUTHOR OF THE SUNDAY TIMES NUMBER ONE BESTSELLER THE ETYMOLOGICON. 'An informative but highly entertaining journey through the figures of rhetoric ... Mark Forsyth wears his considerable knowledge lightly. He also writes beautifully.' David Marsh, Guardian. Mark Forsyth presents the secret of writing unforgettable phrases, uncovering the techniques that have made immortal such lines as 'To be or not to be' and 'Bond. James Bond.' In his inimitably entertaining and witty style, he takes apart famous quotations and shows how you too can write like Shakespeare, Oscar Wilde or John Lennon. Crammed with tricks to make the most humdrum sentiments seem poetic or wise, *The Elements of Eloquence* reveals how writers through the ages have turned humble words into literary gold – and how you can do the same.

Presents a history of alcohol, discussing its social and economic impact and the tensions between those who saw alcohol as a healthy alternative to untreated water and the views of governments and religious bodies, which saw it as a source of social instability.

Now in a special gift edition, and featuring a brand new foreword by Anthony Gottlieb, this is a dazzlingly unique exploration of the works of significant philosophers throughout the ages and a definitive must-have title that deserves a revered place on every bookshelf.

This is the forgotten history of women making, serving and drinking alcohol. Drink has always been at the centre of social rituals and cultures worldwide—and women have been at the heart of its production and consumption. So when did drinking become gendered? How have patriarchies tried to erase and exclude women from industries they've always led, and how have women fought back? And why are things from bars to whiskey considered 'masculine', when, without women, they might

not exist? With whip-smart insight and boundless curiosity, *Girly Drinks* unveils distillers, brewers, drinkers and bartenders with a vital role in the creation and consumption of alcohol, from Cleopatra, Catherine the Great and the real Veuve Clicquot to Chinese poets, medieval nuns and Prohibition bootleggers. Mallory O'Meara's fun and fascinating history dismantles the long-standing myth that drink is a male tradition. Now, readers everywhere can discover each woman celebrated in this book—and proudly have what she's having.

In this updated version of his landmark study on alcoholism, George Vaillant returns to the same subjects, but with the perspective gained from fifteen years of further follow-up.

From the extravagant use of pepper in the Middle Ages to the Protestant bourgeoisie's love of coffee to the reason why fashionable Europeans stopped sniffing tobacco and starting smoking it, Schivelbusch looks at how the appetite for pleasure transformed the social structure of the Old World. Illustrations.

A celebration of the brave, drunken pioneers who built our civilization one seemingly bad decision at a time, *A Brief History of Vice* explores a side of the past that mainstream history books prefer to hide. History has never been more fun—or more intoxicating. Guns, germs, and steel might have transformed us from hunter-gatherers into modern man, but booze, sex, trash talk, and tripping built our civilization. Cracked editor Robert Evans brings his signature dogged research and lively insight to uncover the many and magnificent ways vice has influenced history, from the prostitute-turned-empire who scored a major victory for women's rights to the beer that helped create—and destroy—South America's first empire. And Evans goes deeper than simply writing about ancient debauchery; he recreates some of history's most enjoyable (and most painful) vices and includes guides so you can follow along at home. You'll learn how to: • Trip like a Greek philosopher. • Rave like your Stone Age ancestors. • Get drunk like a Sumerian. • Smoke a nose pipe like a pre-Columbian Native American. "Mixing science, humor, and grossly irresponsible self-experimentation, Evans paints a vivid picture of how bad habits built the world we know and love."—David Wong, author of *John Dies at the End*

This book chronicles the story of the single most daring Special Forces operation since World War Two - Operation Barras; the attempted rescue by the SAS of the British Forces who were being held captive by guerrilla gang the West Side Boys in the Sierra Leone jungle. The West Side Boys were a strange-looking bunch, wearing pink shades, shower caps, fluorescent wigs and voodoo charms they believed made them invulnerable to bullets - an impression re-enforced by ganja, heroine, crack cocaine and gallons of sweet palm wine. In 1999 a twelve man patrol of Royal Irish Rangers, who were training government troops in Sierra Leone, were captured and held hostage by the West Side Boys. They were held prisoner in a fortified jungle hideaway, with severed heads decorating the palisades, defended by some 400 heavily armed soldiers. Operation Barras, the rescue mission, was a combined force of 100 Paras, twelve members of the Special Boat Squadron, helicopters from the Navy and RAF and, spearheading the operation, 40-strong D Squadron of the SAS. Against amazing odds the hostages were rescued - over 150 of the enemy were killed. Operation Certain Death is a thrilling true story of all out war. No hostages taken. Blood-letting on a vast scale inflicted on a very blood-thirsty enemy. A gripping piece of true military history, perfect for fans of action adventure stories and anyone interested in the top secret division of the British Army.

Substance use and abuse are two of the most frequent psychological problems clinicians encounter. Mainstream approaches focus on the biological and psychological factors supporting drug abuse. But to fully comprehend the issue, clinicians need to consider the social, historical, and cultural factors responsible for drug-related problems. *Substance Use and Abuse: Cultural and Historical Perspectives* provides an inclusive explanation of the human desire to take drugs. Using a multidisciplinary framework, authors Russil Durrant and Jo Thakker explore the cultural and historical variables that contribute to drug use. Integrating biological, psychosocial, and cultural-historical perspectives, this innovative and accessible volume addresses the fundamental question of why drug use is such a ubiquitous feature of human society.

THE SUNDAY TIMES NUMBER ONE BESTSELLER. 'Witty and erudite ... stuffed with the kind of arcane information that nobody strictly needs to know, but which is a pleasure to learn nonetheless.' Nick Duerden, *Independent*. 'Particularly good ... Forsyth takes words and draws us into their, and our, murky history.' William Leith, *Evening Standard*. The *Etymologicon* is an occasionally ribald, frequently witty and unerringly erudite guided tour of the secret labyrinth that lurks beneath the English language. What is the actual connection between disgruntled and grunted? What links church organs to organised crime, California to the Caliphate, or brackets to codpieces? Mark Forsyth's riotous celebration of the idiosyncratic and sometimes absurd connections between words is a classic of its kind: a mine of fascinating information and a must-read for word-lovers everywhere. 'Highly recommended' *Spectator*.

Bestselling author Sherman Alexie tells the story of Junior, a budding cartoonist growing up on the Spokane Indian Reservation. Determined to take his future into his own hands, Junior leaves his troubled school on the rez to attend an all-white farm town high school where the only other Indian is the school mascot. Heartbreaking, funny, and beautifully written, *The Absolutely True Diary of a Part-Time Indian*, which is based on the author's own experiences, coupled with poignant drawings by Ellen Forney that reflect the character's art, chronicles the contemporary adolescence of one Native American boy as he attempts to break away from the life he was destined to live. With a forward by Mark Zusak, interviews with Sherman Alexie and Ellen Forney, and four-color interior art throughout, this edition is perfect for fans and collectors alike.

The long-awaited sequel to *THE UNEXPECTED JOY OF BEING SOBER* - the Sunday Times bestseller 'Exquisite' - Fearnle Cotton, *Happy Place* 'A paean to the longer-term pleasures of staying booze-free' - *The Guardian* 'The kind of book that changes lives, and very possibly saves them' - *The Lancet Psychiatry* 'A reflective, raw and riveting read. A beautiful book on what it takes to root for yourself' - Emma Gannon, *Ctrl Alt Delete* 'No other author writes about sober living with as much warmth or emotional range as Catherine Gray. Her deep insight into the subtle psychologies of drinking, and of life, means that everything she writes is both utterly relatable and stretches our minds. Hers is a rare wisdom.' - Dr Richard Piper, CEO, Alcohol Change UK 'What's it like to give up drinking forever? We know now that being teetotal for one, three, even twelve months brings surprising joys and a recharged body... but nothing has been written about going years deep into being alcohol-free. As Catherine Gray, author of runaway bestseller *The Unexpected Joy of Being Sober*, streaks towards a

decade sober, she explores this uncharted territory in her trademark funny, disruptive and warm way. This is a must-read for anyone sober-curious, whether they've put down the bottle yet or not. Praise for *The Unexpected Joy of Being Sober*: 'Fascinating' - Bryony Gordon 'Truthful, modern and real' - Stylist 'Brave, witty and brilliantly written' - Marie Claire 'Gray's tale of going sober is uplifting and inspiring' - Evening Standard 'Not remotely preachy' - Sunday Times 'Jaunty, shrewd and convincing' - Sunday Telegraph 'Admirably honest, light, bubbly and remarkably rarely annoying' - Guardian 'An empathetic, warm and hilarious tale from a hugely likeable human' - The Lancet Psychiatry

Almost every culture on earth has drink, and where there's drink there's drunkenness. But in every age and in every place drunkenness is a little bit different. It can be religious, it can be sexual, it can be the duty of kings or the relief of peasants. It can be an offering to the ancestors, or a way of marking the end of a day's work. It can send you to sleep, or send you into battle. *A Short History of Drunkenness* traces humankind's love affair with booze from our primate ancestors through to Prohibition, answering every possible question along the way: What did people drink? How much? Who did the drinking? Of the many possible reasons, why? On the way, learn about the Neolithic Shamans, who drank to communicate with the spirit world (no pun intended), marvel at how Greeks got giddy and Romans got rat-arsed, and find out how bars in the Wild West were never quite like in the movies. This is a history of the world at its inebriated best.

This is the first volume of H.G. Wells' popular and groundbreaking general outline of history. This edition is presented with high resolution illustrations.

A heart-warming, thoroughly entertaining novel about a whole community. Kerry Macfarlane has run away from his wedding-that-wasn't. He lands in coastal Gabriel's Bay, billed as 'a well-appointed small town' on its website (last updated two decades ago). Here Kerry hopes to prove he's not a complete failure. Or, at least, to give his most convincing impression. But Gabriel's Bay has its own problems - low employment, no tourists, and a daunting hill road between it and civilisation. And Kerry must also run the gauntlet of its inhabitants: Sidney, single mother deserted by a feckless ex; Mac, the straight-shooting doctor's receptionist; a team of unruly nine-year-olds; a giant restaurateur; and the local progressive association, who'll debate apostrophe placement until the crack of doom. Can Kerry win their respect, and perhaps even love? Will his brilliant plan to transform the town's fortunes earn him a lasting welcome in Gabriel's Bay?

A vividly written account of how drugs have shaped the history of warfare, based on prodigious research

Alcohol-and alcoholism-have long been prominent features in Russian life and culture. But as Mark Schrad vividly shows in *Vodka Politics*, it has also been central to Russian politics. Not simply a chronicle of drinking in Russia, this book shows how alcohol has been a key shaping force in Russian political history.

A spirited new translation of a forgotten classic, shot through with timeless wisdom Is there an art to drinking alcohol? Can drinking ever be a virtue? The Renaissance humanist and neoclassical poet Vincent Obsopoeus (ca. 1498-1539) thought so. In the winelands of sixteenth-century Germany, he witnessed the birth of a poisonous new culture of bingeing, hazing, peer pressure, and competitive drinking. Alarmed, and inspired by the Roman poet Ovid's *Art of Love*, he wrote *The Art of Drinking* (*De Arte Bibendi*) (1536), a how-to manual for drinking with pleasure and discrimination. In *How to Drink*, Michael Fontaine offers the first proper English translation of Obsopoeus's text, rendering his poetry into spirited, contemporary prose and uncorking a forgotten classic that will appeal to drinkers of all kinds and (legal) ages. Arguing that moderation, not abstinence, is the key to lasting sobriety, and that drinking can be a virtue if it is done with rules and limits, Obsopoeus teaches us how to manage our drinking, how to win friends at social gatherings, and how to give a proper toast. But he also says that drinking to excess on occasion is okay—and he even tells us how to win drinking games, citing extensive personal experience. Complete with the original Latin on facing pages, this sparkling work is as intoxicating today as when it was first published.

A spirited look at the history of alcohol, from the dawn of civilization to the modern day Alcohol is a fundamental part of Western culture. We have been drinking as long as we have been human, and for better or worse, alcohol has shaped our civilization. Drink investigates the history of this Jekyll and Hyde of fluids, tracing mankind's love/hate relationship with alcohol from ancient Egypt to the present day. Drink further documents the contribution of alcohol to the birth and growth of the United States, taking in the War of Independence, the Pennsylvania Whiskey revolt, the slave trade, and the failed experiment of national Prohibition. Finally, it provides a history of the world's most famous drinks—and the world's most famous drinkers. Packed with trivia and colorful characters, *Drink* amounts to an intoxicating history of the world.

In this fascinating history of alcohol in postwar American culture, Lori Rotskoff draws on short stories, advertisements, medical writings, and Hollywood films to investigate how gender norms and ideologies of marriage intersected with scientific and popular ideas about drinking and alcoholism. After the repeal of Prohibition in 1933, recreational drinking became increasingly accepted among white, suburban, middle-class men and women. But excessive or habitual drinking plagued many families. How did people view the "problem drinkers" in their midst? How did husbands and wives learn to cope within an "alcoholic marriage"? And how was drinking linked to broader social concerns during the Great Depression, World War II, and the Cold War era? By the 1950s, Rotskoff explains, mental health experts, movie producers, and members of self-help groups like Alcoholics Anonymous and Al-Anon helped bring about a shift in the public perception of alcoholism from "sin" to "sickness." Yet alcoholism was also viewed as a family problem that expressed gender-role failure for both women and men. On the silver screen (in movies such as *The Lost Weekend* and *The Best Years of Our Lives*) and on the printed page (in stories by such writers as John Cheever), in hospitals and at Twelve Step meetings, chronic drunkenness became one of the most pressing public health issues of the day. Shedding new light on the history of gender, marriage, and family life from the 1920s through the 1960s, this innovative book also opens new perspectives on the history of leisure and class affiliation, attitudes toward consumerism and addiction, and the development of a therapeutic culture.

From the internationally bestselling author of *The Etymologicon*, a lively and fascinating exploration of how, throughout history, each civilization has found a way to celebrate, or to control, the eternal human drive to get sloshed "An entertaining bar hop through the past 10,000 years."—*The New York Times Book Review* Almost every culture on earth has drink, and where there's drink there's drunkenness. But in every age and in every place drunkenness is a little bit different. It can be religious, it can be sexual, it can be the duty of kings or the relief of peasants. It can be an offering to the ancestors, or a way of marking the end of a day's work. It can send you to sleep, or send you into battle. Making stops all over the world, *A Short History of Drunkenness* traces humankind's love affair with booze from our primate ancestors through to the twentieth century, answering every possible question along the way: What did people drink? How much? Who did the drinking? Of the many possible reasons, why? On the way, learn about the Neolithic Shamans, who drank to communicate

with the spirit world (no pun intended), marvel at how Greeks got giddy and Sumerians got sauced, and find out how bars in the Wild West were never quite like in the movies. This is a history of the world at its inebriated best.

Mark Forsyth - author of the Sunday Times Number One bestseller *The Etymologicon* - reveals in this essay, specially commissioned for Independent Booksellers Week, the most valuable thing about a really good bookshop. Along the way he considers the wisdom of Donald Rumsfeld, naughty French photographs, why Elizabeth Bennet and Mr Darcy would never have met online, and why only a bookshop can give you that precious thing - what you never knew you were looking for.

In *Yankel's Tavern*, Glenn Dynner investigates the role of Jews in tavern-keeping in the Kingdom of Poland between 1815 and the uprising of 1863-4 and its aftermath.

Drinking has been as old as eating and it has been an important part of the Indian culture. The book is a treasure trove for those who have the palate to enjoy their drink and curiosity to know where it came from. Learn about - • What is the right way to order and enjoy your drink? • What are the earliest instances of drinking in India? • How was drinking mentioned in classical Indian literature and its place in our culture? • What were drinks that India gave to the world? Captured in the book are fascinating stories about alcohol, etiquettes of drinking, and tasting notes on different spirits and brews!

'Fascinating and timely. Required reading for every developer, planner or councillor who holds London in trust today' Griff Rhys Jones 'Accessible, clear and readable' Rowan Moore, *The Observer*

LONDON: a settlement founded by the Romans, occupied by the Saxons, conquered by the Danes and ruled by the Normans. This unremarkable place - not even included in the *Domesday Book* - became a medieval maze of alleys and courtyards, later to be chequered with grand estates of Georgian splendour. It swelled with industry and became the centre of the largest empire in history. And rising from the rubble of the Blitz, it is now one of the greatest cities in the world. From the prehistoric occupants of the Thames valley to the preoccupied commuters of today, Simon Jenkins brings together the key events, individuals and trends in London's history to create a matchless portrait of the capital.

'A vivid and deeply well-informed account of London's history' Charles Saumarez Smith, Professor of Cultural History, Queen Mary University of London 'Extremely informative and witty' Roy Porter, author of *London: A Social History on Landlords to London* 'A short, invigorating gallop over two and a half thousand years' Scotsman on *A Short History of Europe*

The unpredictable origins and etymologies of our cracking Christmas customs For something that happens every year of our lives, we really don't know much about Christmas. We don't know that the date we celebrate was chosen by a madman, or that Christmas, etymologically speaking, means "Go away, Christ". Nor do we know that Christmas was first celebrated in 243 AD on March 28th - and only moved to 25th December in 354 AD. We're oblivious to the fact that the advent calendar was actually invented by a Munich housewife to stop her children pestering her for a Christmas countdown. And we would never have guessed that the invention of crackers was merely a way of popularising sweet wrappers. Luckily, like a gift from Santa himself, Mark Forsyth is here to unwrap this fundamentally funny gallimaufry of traditions and oddities, making it all finally make sense - in his wonderfully entertaining wordy way.

Alcohol: Social Drinking in Cultural Context critically examines alcohol use across cultures and through time. This short text is a framework for students to self-consciously examine their beliefs about and use of alcohol, and a companion text for teaching the primary concepts of anthropology to first-or second year college students.

With formidable scholarship and considerable dry wit, William Pokhlebkin, one of Russia's best-known historians sets out on the detective trail. His aim: to reveal the strange truth about his country's most famous tippie. The result is a triumph of historical deduction.

"An absorbing popular history of one of history's most popular drinks" (Booklist). Gin has been a drink of kings infused with crushed pearls and rose petals, and a drink of the poor flavored with turpentine and sulfuric acid. Born in alchemists' stills and monastery kitchens, its earliest incarnations were juniper flavored medicines used to prevent plague, ease the pains of childbirth, even to treat a lack of courage. In *The Book of Gin*, Richard Barnett traces the life of this beguiling spirit, once believed to cause a "new kind of drunkenness." In the eighteenth century, gin-crazed debauchery (and class conflict) inspired Hogarth's satirical masterpieces "Gin Lane" and "Beer Street." In the nineteenth century, gin was drunk by Napoleonic War naval heroes, at lavish gin palaces, and by homesick colonials, who mixed it with their bitter anti-malarial tonics. In the early twentieth century, the illicit cocktail culture of Prohibition made gin—often dangerous bathtub gin—fashionable again. And today, with the growth of small-batch distilling, gin has once-again made a comeback. Wide-ranging, impeccably researched, and packed with illuminating stories, *The Book of Gin* is lively and fascinating, an indispensable history of a complex and notorious drink. "The Book of Gin is full of history that will make you grin . . . An enchanting read." —*Cooking by the Book*

The Horologicon (or book of hours) gives you the most extraordinary words in the English language, arranged according to the hour of the day when you really need them. Do you wake up feeling rough? Then you're philogrobolized. Pretending to work? That's fudgelling, which may lead to rizzling if you feel sleepy after lunch, though by dinner time you will have become a sparkling deiposophist. From Mark Forsyth, author of the bestselling *The Etymologicon*, this is a book of weird words for familiar situations. From ante-jentacular to snudge by way of quafftide and wamblecropt, at last you can say, with utter accuracy, exactly what you mean.

Alcohol use by young people is extremely dangerous - both to themselves and society at large. Underage alcohol use is associated with traffic fatalities, violence, unsafe sex, suicide, educational failure, and other problem behaviors that diminish the prospects of future success, as well as health risks "and the earlier teens start drinking, the greater the danger. Despite these serious concerns, the media continues to make drinking look attractive to youth, and it remains possible and even easy for teenagers to get access to alcohol. Why is this dangerous behavior so pervasive? What can be done to prevent it? What will work and who is responsible for making sure it happens? *Reducing Underage Drinking* addresses these questions and proposes a new way to combat underage alcohol use. It explores the ways in which may different individuals and groups contribute to the problem and how they can be enlisted to prevent it. *Reducing Underage Drinking* will serve as both a game plan and a call to arms for anyone with an investment in youth health and safety.

Alcohol is a killer—1 of every 13 deaths in the United States is alcohol-related. In addition, 5 percent of the population consumes 50 percent of the alcohol. The authors take a close look at the problem in a "classy little study," as *The Washington Post* called this book. *The Library Journal* states, "...[T]his is one book that addresses solutions....And it's enjoyably readable....This is an excellent review for anyone in the alcoholism prevention business, and good background reading for the interested layperson." *The Washington Post* agrees: the book "...likely will wind up on the bookshelves of counselors, politicians, judges, medical professionals, and law enforcement officials throughout the country."